

Wilton K-2nd Grade REC SOCCER Soccer Developmental Clinics

Program Emphasis:

- Personal Development
- Basic Skill Development
- Motor Skill Development
- Problem Solving & Decision Making – Independent Thinkers
- Small sided team play
- Fun – Enjoyment

Player Responsibilities:

VERY IMPORTANT

✓ FOLLOW GUIDELINES!

- ✓ Bring an inflated soccer ball – no ball, no skills
- ✓ Bring soccer shoes and shin guards – **SAFETY**
- We will not let a child participate if we feel it is unsafe
- ✓ Bring water
- ✓ Be on time
- ✓ Good Attitude
- ✓ Pick up your garbage
- ✓ Have Fun

Parents:

■ FOLLOW GUIDELINES!

- Please drop off and pick up children **on the field, on time**
- Parents are welcome to observe all sessions
- Stay off training area during sessions (at least a 10-yard cushion)
- Viewing on one side of field only (By the tree at Allen's Meadow)
- Please follow all parking area rules – **Be very careful in parking lot!**
- For cancellations call the hotline: 203-221-2216
- Coaches are free for questions before and after sessions
- **Not during sessions!**



Kydessoccer.com

Wiltonsoccer.info

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PROGRAM CURRICULUM K to 2nd Grade

Week 1

Emphasis: Fun, Basic dribbling, decision making

Week 2

Emphasis: Different foot contacts

Week 3

Emphasis: Keeping ball close to you, learning to use inside/outside of foot, scoring

Week 4

Emphasis: Turning with sole, inside & outside of foot, shielding ball

Week 5

Emphasis: Agility, running with the ball, scoring, awareness

Week 6

Emphasis: Passing, communication, scoring, awareness

Week 7

Emphasis: 1 vs. 1 and 2 vs. 2 attack and defend, scoring, awareness

Week 8

Emphasis: Fun, decision making, teamwork

Week 9

Emphasis: Decision Making

GAME EMPHASIS:

1. Small Sided Scrimmages
2. Everybody is involved and running
3. Communication – Verbal & Visual
4. Decision Making – Think-Think-Think
5. FUN