



Wallingford Soccer COVID-19 Guidelines

Background: The Wallingford Soccer Club is a member of the Connecticut Junior Soccer Association, a US Youth Soccer organization. This guideline complies with the current youth soccer and state of Connecticut “Return To Play” & REOPEN Connecticut requirements. Due to the evolving nature of the pandemic this document is a base document that is superseded or modified when either CJSA, the state of Connecticut, or Wallingford Parks & Recreation makes a change i.e. relaxation or increase of requirements or a cessation of play due to increased prevalence of COVID-19 in the state.

Goal: The goal of this guideline is to provide a safe environment for players, coaches, and spectators so we can start and continue playing for as long as conditions allow.

Scope: This document is applicable to all age groups, programs, and fields that the Wallingford Soccer Club utilizes.

Method:

Players & Coaches - Physical distance & separation shall be prioritized over face coverings. This is recommended by the CDC guidelines regarding outdoor transmission.

Spectators – Physical Distance & separation shall be prioritized over face coverings. This is recommended by the CDC guidelines regarding outdoor transmission. The pavilion at the Vietnam Memorial Park complex shall be off limits to players, parents, and spectators to discourage gathering.

COVID-19 Director: Dave Rodriguez

- The COVID-19 Director is responsible for identifying and implementing the practices required to comply with CJSA, state, and local return to play activities requirements and is the point of

contact with CJSA. If a team member or coach contracts COVID-19, all training sessions & team activities will be canceled and Dave Rodriguez must be notified immediately by phone 203-376-7278 and email roddag1@comcast.net.

COVID-19 Waiver:

- Online registration requires the completion of the COVID-19 waiver before completion.

No Participation if Experiencing COVID-19 Symptoms

- Any coach, player, parent, referee or spectator who is sick, has a persistent cough, is running a temperature or is displaying any symptoms suggesting that the individual may be ill, (from any contagious malady, including cold, flu, or suspected coronavirus) will be prohibited from attending training or games.
- Coaches and players (assisted by parents/guardians) must self-assess their condition and attest when arriving at the location that they are not experiencing these symptoms. A self-assessment tool is attached which you can provide for players and coaches to assess their symptoms. <https://www.mayoclinic.org/covid-19-self-assessment-tool>
- Any adult attendee who displays any of these symptoms will be required to leave. A minor who is displaying any of these symptoms should be safely isolated until an adult responsible for the minor can remove the minor.

Minimize physical touching between players and coaches:

- Coaches shall ensure and all players and coaches avoid “high fives,” handshakes, or other types of physical touching. We understand that this may be difficult as players enjoy celebrating with their teammates, but we need to be diligent at enforcing this protocol for the health and safety of our players and their families.
- Find “On Field Physical Distancing Sessions for Coaches” at the link below.

<http://www.cjsa.org/home.php?layout=14640545>

Coaches, players, and spectators to wear masks during training sessions:

- Coaches are required to wear appropriate face coverings during training sessions unless they utilize cones to demarcate social distance “barriers”. Players must wear masks when in the playing environment and not playing unless cones are utilized to demarcate physical separation between where their bags\water bottles are dropped. Players will also be allowed to wear masks while training, but this will be a personal choice of the player’s parent or guardian.

Field Schedules:

- Fields are scheduled to ensure training and games are conducted at different complexes and fields as much as feasible to reduce the amount of people at one park. Only one team is allowed to train on a fields at any one time and a 30 minute gap shall be scheduled to prevent overlap.

Hand Sanitizing:

- Coaches will have the club provided hand sanitizer, disinfecting wipes, or similar disinfectant readily available during practice. Players should bring hand sanitizer for personal use.

Equipment:

- Do not share equipment. Players should have their own alternate color training top or pinnie. Players should have their own ball, water bottle, towel, and hand sanitizer.
- Reduce players touching practice equipment, the handling of all training items, such as cones, flags, goals, etc. should be limited to coaches.
- Sanitize all equipment after each session, including benches and bleachers.

Social Distancing Oversight:

- During Phase 1, social distancing (minimum 6 feet) must be maintained by coaches, players, and spectators at all times.
- Each team should assign a person to be physically present to monitor fields and facilities to politely remind any groups of parents or players to disperse and maintain appropriate distancing and that failure to do so risks the sanctioning and protection (including insurance) for the players and the club.

Ongoing Communications:

- CJSA Return to Soccer Activities COVID-19 Guidelines are available the CJSA Website cjsa.org.
 - Changes to the guidelines will communicated to coaches & directors who will cascade the information to their parents as appropriate.





CJSA RETURN TO PLAY



PHASE 1