

# CYSO

## Season Rules

PLEASE READ CAREFULLY AND SHARE WITH YOUR TEAM  
THESE RULES WILL BE ENFORCED

1. Roster and player passes/medical releases must be present at EVERY practice and game and MUST be returned to league, PRIOR to the team's award presentation. Awards are presented immediately following the final game.
2. Shin guards MUST be worn at all practices and games. This is CALNORTH mandated.
3. NO alcoholic beverages or drugs at ANY youth soccer event. This includes games, practices, fundraisers, etc. SMOKING OF ANY KIND IS NOT ALLOWED.
4. NO pets allowed and ANY youth soccer games. Pets include but are not limited to dogs, cats, birds, reptiles, etc.
5. Nobody is to make derogatory remarks or gestures to the referees, coaches, players or spectators. Remember, all of our coaches and Board Members are **volunteers**.
6. Nobody is to use profanity. Players will be shown a RED CARD (which requires *at least* one missed game). Coaches and Spectators will be required to leave the field.
7. All spectators shall remain **at least** 5 feet from the touch line. There shall be no coaching or viewing from behind the goal line. Coaches must remain outside the touch line, within 10 yards of the center line.
8. Parents are encouraged to support their child, but for their sake and the sake of the team, **LET THE COACHES COACH!**
9. Coaches are not babysitters! Parents are required to pick up their child when practice is over. It is recommended that you do not leave during your child's practice. If you must leave, inform the coach and provide a contact phone number in case your child takes ill or is not picked up by the designated time. All coaches are volunteers and they have family and/or jobs that require them to leave when practice is finished.
10. Our referees will be licensed by the USSF. New referees, as well as experienced referees, are to be given the courtesy and respect they deserve. Persons showing disrespect toward the referee will be required to leave the field.

11. Only players and referees are allowed on the field during play. If a player is injured, coaches **MUST** get the referee's permission to enter the field **BEFORE** stepping on the field. **PARENTS AND SPECTATORS ARE NOT ALLOWED ON THE PLAYING FIELD.**
  
12. If a player is injured a **CALNORTH CASE REPORT** must be completed, including signature, and submitted to the **CYSO Secretary** within 7 days of the incident. This form must be completed properly or the claim may be denied. **CALNORTH CASE REPORT** may be found on the **CYSO website**. If the injury is a head injury, **CALNORTH** concussion protocol should be followed and proper forms should be filled out appropriately and submitted to **CYSO** as stated above.

**IF YOU HAVE ANY QUESTIONS, COMMENTS OR SUGGESTIONS, PLEASE CONTACT A BOARD MEMBER. WE WILL HELP TO THE BEST OF OUR ABILITY!**