

Thank you for volunteering to coach for the good of our soccer community!

- Please read CYSO Rules of Play, posted on CYSO website. Here is some basic information:
  - U6 & U8 should have 3 coach minimum as 2 will be necessary at each game. U6 will play 2 x 4v4 games simultaneously (8 min & 10 min quarters) with no Goal Keeper & no referees. U6 & U8 will use a size 3 soccer ball.
  - U10 will play 7v7, including GK (25 min halves). Build-out line will be enforced. U10 will use a size 4 soccer ball.
  - U12 will play 9v9, including GK (30 min halves). U12 will use size 4 soccer ball.
  - U14 and older will play 11v11, including GK (30 min halves). U16 may be modified depending on registration numbers. U14 and older will use a size 5 soccer ball.
  - If a team cannot field a full team, opponent must match numbers on field (play down).
  - MERCY RULE: If a team has a 5-goal differential during a game, they must take steps to limit scoring, including but not limited to switching offensive line with defensive line.
- Please read other pertinent information posted on CYSO website.
- Roster (Goldenrod) and SIGNED player passes/medical releases must accompany team at EVERY practice and game.
- All teams must practice within the CYSO Boundaries. This includes City of Ceres Parks, River Bluff, and Schools as designated by CUSD approval. Use of River Bluff complex requires paid reservations, incl card key deposit, through City of Ceres Parks and Rec.
- Practice space (with the exception of River Bluff) is available on a first come, first served basis. Coaches should be cooperative and understanding and share the field as responsible adults, setting a good example for the children.
- No coach shall allow any person (adult or child) to participate in games or practices unless they are listed on the team roster and parents have signed the player pass (children only).
- No coach shall scrimmage or practice with any team that is not affiliated with CYSO.
- Teams should not practice in weather exceeding 100° Fahrenheit. Please also consider air quality on practice day.
- Player jerseys may not be altered in any way. Parents may not wear matching jersey to any games.
- Teams must put up (first game) and tear down (last game) field each week. This includes flags, nets and moving goals to/from proper storage location.
- All teams are responsible for picking up trash after their game. If a team leaves a mess, please let a board member know.
- Coach IS responsible for your parents' & spectators' behavior—no excuses. If you need advice, please contact a board member.
- U6 & U8 award ceremony will take place immediately following their final game,
- U10-U16 award ceremony will take place immediately following their final game at the EOS tournament.