

CYSO Game Formats

Age Group	Game Length (in minutes)	Size	Number of Players
U16	Two 30' halves	#5	9v9; goalkeepers
U14	Two 30' halves	#5	11v11; goalkeepers
U12	Two 30' halves	#4	9v9; goalkeepers
U10	Two 25' halves	#4	7v7; goalkeepers
U8	4–10' quarters	#3	4v4; No goalkeepers
U6	4–8' quarters	#3	4v4; No goalkeepers

Age Group	Goal Size (in feet)	Field Size (in yards)
U16	8 x 24	55 x 80
U14	8 x 24	70 x 115
U12	7 x 21	55 x 80
U10	6.5 x 18.5	45 x 60
U8	4 x 6	25 x 35
U6	4 x 6	15 x 25