

**RETURN TO PLAY SOCCER GUIDELINES**  
**ANNANDALE BOYS' & GIRLS' CLUB, INC. – August 19, 2020**  
**TO BE FOLLOWED AT RECREATIONAL SOCCER PRACTICE AND GAMES**

Each team must have a COVID manager(s) who makes sure the Return to Play guidelines are followed and keeps the copies of the signed forms of the participants.

All players, spectators, coaches, and referees must wear masks when not playing in the game. Masks are encouraged, but not required, for those playing on the field..

All family units (players, spectators, coaches, referees) must sign the sign-in/waiver sheet provided by the coach when approaching the playing area. This also includes the screening information that the person is free of COVID symptoms (fever, cough, fatigue, shortness of breath, stomach issues, etc.) and has not been around a COVID patient in the last 14 days.

Players must use hand sanitizer before entering playing field and when leaving playing field.

All persons on the sidelines must maintain social distance from each other and remain behind the sideline restraining line marked 6 feet from field.

During coaches' remarks, players and coach must maintain social distance from each other.

Each player must provide his/her own water and snacks. There will be no sharing.

Before, during, and after the game, there will be no tunnels, handshakes, fist bumps, high fives, or other forms of congratulations involving physical contact.

There will not be more than 100 persons on and around the field at one time.

If a person tests positive for COVID, he/she may not participate for 14 days and must notify the COVID Manager/Coach so that others may be told.