



Bonney Lake Little League return to play guidelines

Health Screening & Health policies

Player/coach/parent is responsible to follow all state guidelines for testing and return to play listed here: [Roadmap to recovery](#) [Sports guidelines for phases](#)

Players/coaches will be screened for signs/symptoms of Covid-19 prior to practice/competition. Screening will look for symptoms listed by the CDC. An attestation form will be completed by coaches and parents of athletes (BLS will give to coaches).

Temperature will be taken by the coach or designated covid person for each team. The limit is 100.3.

If a player/coach/volunteer during the season tests positive for Covid19, please inform the safety coordinator, and player agent.

If a player or coach does not feel well, we ask that you stay home. If they come to practice, they may be asked to go home or sit away from others.

If a player, coach, or volunteer doesn't feel well or may have been exposed to a individual that has tested positive, please inform the player safety coordinator, and the player agent

CDC guidelines will be followed for quarantine timeframes for any potential exposure or positive cases.

Any person with symptoms of COVID-19 or who is a close contact of someone with confirmed COVID-19 should not be allowed to participate and should contact his or her primary care provider or other appropriate health-care professional.

Players and coaches are required to use sanitizer upon entering the field.

Players and coaches are required to wear masks at all times.

For practices/competitions we are only allowed 25% of the capacity or 200, whichever is lower.

Safe start youth sports overview

1. Full team training allowed - minimal contact – players and coaches only (practice)
2. If moved back to phase 1 - no more than 6 pods of 6 or less players allowed
3. Coaches to wear masks and disinfect equipment before and after each practice
4. Players to wear masks and use hand sanitizer following each practice/game
5. There will be the COVID-19 Safety person designated by each team who ensures the team is following protocols
6. All BLS teams will be following the above and below guidelines throughout the current phase of Governor Inslee's Safe Start Plan.

Player equipment

1. No personal player bat bags/equipment bags should be allowed in the dugout. Player equipment should be spaced accordingly outside the dugout to prevent direct contact.
2. Players should have their own individual batter's helmet, glove, bat, and catcher's equipment.
3. Measures should be enacted to avoid, or minimize, equipment sharing when feasible.
4. Some critical equipment may not be able to be obtained by every individual. When it is necessary to share critical or limited equipment, all surfaces of each piece of shared equipment must be cleaned first and then disinfected with an EPA approved disinfectant against COVID-19 and allowed sufficient time to dry before used by a new player. Increased attention should be paid to detailed cleaning of all equipment directly contacting the head and face (catcher's mask, helmets). •Player's equipment (e.g. bags, helmets, bats, gloves, etc.) should be cleaned and disinfected after each use by a parent/ guardian/caretaker, where applicable.
5. Individuals disinfecting equipment are encouraged to use gloves while using disinfectants and follow the manufacturer's directions for use. All disinfectants should be stored properly, in a safe area, out of the reach of children.
6. Players should not share towels, clothing, or other items that they may use to wipe their face or hands.

Guidelines for the following groups

Coaches

1. Keep track of players attendance at each practice/game
2. It is required that anyone not feeling well, not show up to practice
3. Follow Social distancing guidelines at all times, maintaining 6ft of distance between players, coaches, and parents.
4. Assign a team volunteer to oversee social distancing guidelines
5. Clean equipment regularly
6. Wear masks

7. Have sanitizer available for players who need it or forgot theirs (BLS will provide for coaches)

Players/Parents

1. Parents need to follow social distancing guidelines and remain off bleachers and not be near dug out areas during practice
2. Players should set up their gear outside of the dug out to help with social distancing
3. Players should try to limit the sharing of their gear
4. It is recommended that parents provide players with hand sanitizer
5. Coaches should assign someone as the person overseeing social distancing guidelines to ensure they are being followed
6. No sharing of water or sports drinks during practice or games
7. Masks should be worn at all times
8. Parents at practice/games need to comply with social distancing and masks. Maintain 6 feet of distance between non family members and wear masks at all times.

Practice

1. Will be based on the limitations of each phase
2. Maintain social distancing
3. Player/Coaches/Volunteers to Hand sanitize before and after practice
4. Bags and gear will be put along the fence and out of the dugout to help with social distancing
5. Everything else covered in topics for coaches, parents, and players
6. No personal player bat bags/equipment bags should be allowed in the dugout. Player equipment should be spaced accordingly outside the dugout to prevent direct contact.

Game play

1. Each game will only have one umpire.
 - a. The umpire will call the game from behind the pitcher's mound until limitations change based on phases
 - b. The umpire will be required to wear facemask
 - c. There will be a limit of 200 total people at the field based on phase 2 and will change based on the phase we are in. They must be spread throughout the outside of the field. **Bleachers are off limits as well as being close to the dugout.** Masks must be worn.
2. Each team will provide their own baseballs for when their team is in the field. Teams will not share baseballs when on defense.
3. After the last out, the team will bring their baseball into the dugout
4. All teams in the field will replace foul balls
5. Only the team in the field will chase foul balls

6. There will be no sunflower seeds or gum allowed for players, coaches, umpires or any fans.
7. All players will be required to provide their own, clearly marked water or Gatorade bottles
8. Players will not be allowed to share equipment, including but not limited to:
 - a. Gloves
 - b. Bats
 - c. Batting gloves
 - d. Helmets
9. All equipment will stay in the player's bag unless currently being used
10. No personal player bat bags/equipment bags should be allowed in the dugout. Player equipment should be spaced accordingly outside the dugout to prevent direct contact.
11. Only players and coaches in the dugout based on little league rules.
12. Players will be encouraged to refrain from celebrations that infringe on social distancing restrictions.

Extras:

- Approved cloth or medical masks will be properly worn at ALL times, by ALL players & coaches, and ALL adults while on-site, including: entering and exiting the facility, moving around the facility, occupying the sideline, and participation in ALL activities, drills, scrimmages, etc. (regardless of the intensity of the activity)
- Players will bring their own clothing, towels, and other personal equipment. Sharing of any personal equipment is NOT allowed.
- Everyone will bring their own container of water to drink. Sharing is NOT allowed. Water faucets will not be available to use.
- Gathering size meets TPCHD and State DOH guidelines. This number will depend on multiple criteria such as TPCHD metric status, State DOH Guidelines for each sport, indoor or outdoor training, and capacity of the facility.
- Maintain distancing protocols per State DOH, and TPCHD guidelines.
- Using social distancing guidelines of 6 feet is required of all **participants**. Coaches and team leaders must stress the importance of this requirement with everyone in order to continue to be able to conduct in-person training.
- **If moved back to phase 1 -6 pods of no more than 6 student-athletes** will be separated by physical distance around the facility, whether outside or inside. These pods of student-athletes must stay together at all times during training, not switching to other pods, and should be consistent day to day. Coaches will track pods in the event contact tracing is necessary.
- **Summary of the last two bullets to emphasize: When required due to moving back to phase 1 - Pods of 6 or less and at least 6 feet of physical distance between each person at all times.**
- Coaches should maintain physical distance at all times or stay with a pod consistently day to day. Coaches can provide instruction from an appropriate distance.
- All participants will use hand sanitizer after completing check-in, during the training session, especially after using frequently used items or surfaces, and as they leave training.
- Equipment and frequently touched areas will be cleaned and wiped before and after the training session. Equipment that is used frequently and frequently touched areas will receive intermittent cleaning during training. Weight room equipment will be wiped down after use by each pod.