



WHGSL Recreational Soccer

Field	age group	Length	Width	Goal size	Ball Size	# of players	min # of players	game duration	Roster Size	Offside	Build out Line	Referee
Mini Field	Training	30 yds	20 yds	4'x6'	3	4v4	3	4-10min	14	no	no	no
Development Field	Mites	55 yds	35 yds	6.5 x 18.5	4	7v7	7	4-10min	14	no	yes	CR, AR1
Small sided Field	Juniors	80 yds	50 yds	7' x 21'	4	9v9	6	4-15 min	16	yes	no	CR, AR1, AR2
Full Field	Seniors	110-120 yds	60-70 yds	8' x 24'	5	11v11	7	2-35 min	18 - 25	yes	no	CR, AR1, AR2

Rec Mites:

- Game duration: 4 x 10 min – **new**
- Player: 7v7 with GK – **new**
- Referee: CR and AR1 – **new** (use to be only CR. AR1 will be on the coaches side or CR if only one AR1 does not shows up. Both coaches can assist CR with the ball going out. CR will call the direction.)
- Referee: AR1 – **new** (AR1 on coaches side so that I can help with substitutions.)
- any infringement , restart is indirect free kick - **new**
- Off side: no – **no change**
- Build out line: GK catches the ball, attacker has back paddle behind the blue line. Ball in play once the GK places the ball on the ground and begins dribbling/kicks. OR GK throw the ball to teammate. Goal kick, attacking team has to be behind the line. – **new**
- Roster size – 13-15 players – **no change**

Rec Juniors

9v9 - **no change**

no heading - **new**

headin infringement - restart is indirect free kick. - **new**

Roster size - 16- 17 players - **new**