

## 2020 WA District 1 Little League Coaches Training

Washington District 1 Little League is pleased to offer the 2020 Coaches Training presented by BASE By Pros Academy. This is an opportunity for managers, coaches, and parent volunteers of District 1 Little Leagues to learn from professional baseball and softball players with a combined 25 years of experience.

## **New programming in 2020!**

New this year will be hands on training of practice plans involving the feel of a PRACTICE. Coaches will get the opportunity to work hands on with concepts and apply what they learn instantly. This will be set up just like a practice that will display how to organize stations, simple concepts and important statements to help your players.

Also, we will focus on development of you, the coach and parent. We will have a performance coach that will speak on learning tools to motivate, encourage, and inspire your teams to maximize their potential and equip you as a coach on how to handle the parents involved on your teams.

We have seen over the years of doing this that the biggest area of need is equipping you, the coach, with tools to become a great leader. To do that we need to invest in your growth as a person and this influences those on your teams.

Also, a Softball session will be offered during second session.

When: Saturday, March 7, 2020

**Location:** Base By Pros Academy, located at 14926 35th Ave W Suite 200, Lynnwood, WA 98087

**Who May Participate:** 2020 Baseball and Softball Managers, Coaches or Parent Volunteers within a District 1 Little League program. Must be at least 16 years of age.



**Registration (REQUIRED):** Register through Eventbrite at http://bit.ly/2020wad1llcoachesclinic. Registration will close at 4:00 pm on Friday, Mar. 6th.

**Fees:** Sessions are FREE to members of District 1 Little League programs.

## **CLINIC SESSIONS**

Sessions will be very interactive so dress accordingly (tennis shoes and athletic attire) and bring a glove.

| SESSION: | TIME:         | MANAGERS, COACHES, AND PARENT VOLUNTEERS OF: | AGES:          |
|----------|---------------|--|----------------|
| 1        | 9 a.m 12 p.m. | BASEBALL Players                             | 9-16 Years Old |
| 2A       | 1 p.m4 p.m.   | BASEBALL Players                             | 4-8 Years Old  |
| 2B       | 1 p.m4 p.m.   | SOFTBALL Players                             | All Ages       |