



Coach Bio

www.riversoccerclub.com

Lydia Hastings

QUALIFICATIONS/LICENSES

- U.S.S.F. "F" License

COACHING EXPERIENCE

- RSC Technical Academy Lead Instructor (Present-2016)
- RSC Head Coach (Present-2016)
- RSC PDP Coach (Present-2016)
- RSC Camp Counselor (2017-2016)
- Individual Technical Trainer (Present-2013)
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PLAYING CAREER & ACCOMPLISHMENTS

- CD Transportes Alcaine, Spanish Primera Divion (2015)
- Herford SV Borussia Friedenstal, German Frauen Bundesliga (2014)
- PK35b Vantaa, Finland Naisten Liga (2013)
- University Maryland College Park, NCAA Div. 1 (2012-2008)
 - Captain (2012-2011)
- U.S. Women's National Team (U18s & U20s)
- ODP Region I Team (2007-2005)

EDUCATION

- University of Maryland College Park, B.S. Civil Engineering