



## Pre-Season Player Information Junior A

Practices generally start after Spring Break. Below is information on what each player needs for practices and games and other information that may be useful if this is new to you.

**Baseballs** - we will be using a standard "tee ball" that has a cushioned feel. However, to limit or eliminate any fear of the ball, as practice aids we will use plastic whiffle, foam, and other softer types also.

**Gloves** - generally around 9 1/2". A soft leather with fabric combo provides a good cushion and are easy to close without sacrificing stability or durability. Many models have an adjustable velcro wrist strap for smaller hands also.

Louisville Slugger, Genesis 1884 is an example.

<http://www.baseballsavings.com/>

**Bats** – USA Bat certified bats or USA Bat Sticker.

**Helmets** - again it is not essential to have your own; there are 4 team helmets. But obviously feel free to have your player bring his/hers.

**Cup/Supporter** - they are required for practice and games. The baseball may be softer, but could still hurt...

**Practices** - aforementioned cup, clothing layers (especially April), water bottle, glove, baseball cap, and sunscreen.

**Uniforms** - will include jersey, pants, socks, and cap. They are scheduled to be to managers in the middle of April.

**Games** - 3 innings to start, tee ball. June, 2 tee innings with 1 to 2 coach pitch innings. All players bat in an inning. We will change up the order, as well as positions by inning. Teams generally have 12 to 13 players. Coaches may play 9 or 10 in the field. Coaches are encouraged to have the other players practicing in a Skill Zone instead of sitting on the bench. Multiple coaches/parents are needed to help so that we can focus on skills and repetition, keeping the players engaged and having fun.

**Season goals** - please see the "Files" section of the website for the LBL Jr Division.