



# **Loudoun Soccer Adult League**

*Summer 2014 Pre-Season  
Captains Meeting*

## **Today's Plan**



- 
- **Welcome and Introduction**
  - **Pre-Season Tasks**
  - **Pre-Game Details and Procedures**
  - **Post-Game Responsibilities**
  - **Modified Laws of the Game**
  - **Referees**
  - **Captain's Role**

## Welcome and Introduction



### ➤ Dan Raben

- Director of Player Development
  - Oversees entire House (rec) program
- Adult Leagues Director
- 05g Red Head Coach

## Pre-Season Tasks



- Assemble your roster
  - Assign payments as needed
- Review your roster
  - Payments
  - Waivers
- Balances due before 1<sup>st</sup> game
- Uniforms
- Field Rental: email Caroline Deutsch at [caroline@loudounsoccer.com](mailto:caroline@loudounsoccer.com).
- Make sure team is aware of rules.

## **Pre-Game Responsibilities**



- **Arrival and Parking**
- **Warm-up Space**
- **Field set-up**
- **Pre-Game Check-in**
- **Uniforms and Equipment**
- **Cancellations (weather, forfeits)**

## **Pre-Game Arrival and Parking**



- **Teams encouraged to arrive 10-15 minutes before kickoff**
- **Park in designated spots (Mon/Thur are busiest nights) – use auxiliary lot**
- **Drive carefully through lot**

## **Pre-Game Warm-up Space**



- **Be respectful of teams training**
- **Do not take field until field is available (right up till game time)**
- **Utilize space along fence for warm-up – not in between fields**

## **Pre-Game Field Set-up**



- **Assist LSP staff and LS coaches in field set-up**
  - **Goals moved to positions**
    - **Use correct goals**
  - **Extra goals near fence**
  - **Corner flags**



# Pre-Game Check-In

- Items needed for Pre-Game Check-in:
  - Game Report
  - IDs for all participating players



# Game Report - BAD

Home/Away Designation Unclear

Home/Away Teams Both Listed – Good!

Attendance Designation Missing

**LOUDOUN SOCCER**  
ADULT LEAGUE TEAM LINE UP and GAME REPORT

The game takes place for the  Home Team  Visiting Team

Home Team: Blue Fox Color: \_\_\_\_\_

Away Team: Red Fox Color: \_\_\_\_\_

Player Name	Position	Attendance
Mike Stone		<input checked="" type="checkbox"/>
Scott Logan		<input checked="" type="checkbox"/>
Brian Berube		<input checked="" type="checkbox"/>
Brian Johnson		<input checked="" type="checkbox"/>
Kevin Carter		<input checked="" type="checkbox"/>
Jon Vachon		<input checked="" type="checkbox"/>
Steve Brown		<input checked="" type="checkbox"/>
Chris Henderson		<input checked="" type="checkbox"/>
Chris Scott		<input checked="" type="checkbox"/>
Steve Brown		<input checked="" type="checkbox"/>
Alan Hickey		<input checked="" type="checkbox"/>
Rich Hightower		<input checked="" type="checkbox"/>
Mark Pater		<input checked="" type="checkbox"/>
Leonard Cheate		<input checked="" type="checkbox"/>
Walter Slavens		<input checked="" type="checkbox"/>
Paul Brown		<input checked="" type="checkbox"/>

HOME CAPTAIN'S SIGNATURE: \_\_\_\_\_

VISITING CAPTAIN'S SIGNATURE: \_\_\_\_\_

FINAL SCORE: HOME 2 VISITOR 3

TEAM PERFORMANCE RATING (1-5) (In the box) \_\_\_\_\_

Key Info Missing



## Game Report - BETTER

Home/Away  
Designation Clear

Home/Away Teams  
Both Listed with Color  
Good!

Attendance Designation  
Clear

**LOUDOUN SOCCER**  
ADULT LEAGUE TEAM LINEUP REPORT

The report below is for Home Team: [X] Visitor Team: [X]  
Home Team: [X] Home Color: [X] Away Team: [X] Away Color: [X]

Jersey No.	Name	Position	Status
1	John Flannery	G	[X]
2	Andre Ochoa	D	[X]
3	Diego Alvar	D	[X]
4	Kevin Gomez	D	[X]
5	Scott Malone	D	[X]
6	Patrick Sheehan	D	[X]
7	David Gonzalez	D	[X]
8	Carlos Roldan	D	[X]
9	Sam Zapp	F	[X]
10	Silvestro Marcolino	F	[X]
11	Ylmar Salas	F	[X]
12	David Garcia	F	[X]
13	Steve Harris	F	[X]
14	Fabian Vega	F	[X]
15	Kevin Sheehan	F	[X]
16	Jose Cabrera	F	[X]

HOME CAPTAIN'S NAME: [Signature]  
VISITOR CAPTAIN'S NAME: [Signature]

FINAL SCORE: [X] HOME [X] VISITOR [X]  
DATE: [X]

Most Key  
Info Present:

- Date
- Time
- Field

## ID Checks



- Photo IDs required at pre-game:
  - Do not hassle the referees – they are doing their job
  - All players must bring a Photo ID
  - You are responsible for reminding your team

## **Uniforms and Equipment**



- **Home team responsible for changing in case of color conflict**
  - **Numbered pinnies provided**
- **All players MUST have their own distinct # and jersey**
- **Home Team provides Game Ball**
- **All players MUST wear shin-guards**

## **Cancellations**



- **Inclement Weather**
  - **Games only preemptively canceled under extreme or likely conditions**
- **Forfeits:**
  - **Email league director as early as possible – even if prospect exists**
  - **Will communicate with Team Captain of opposing team**
    - **Can use field for pickup play**

## **Cancellations**



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- **Teams that do not show for a game may be assessed a performance bond for future seasons**

## **Pre-Game Procedures**



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- **Objective is to start on-time!**
  - **Please do your part to assist.**





## **In-Game Details**

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- **Game length: 50 minutes**
- **Bench Areas – teams on same touchline but opposite halves**
- **Spectators – technically should be on opposite touchline**
  - **Spectators within bench area may be removed by referee (to opposite side, or from park)**
    - **“Knucklehead” rule enforced (if you act like one, you’ll be treated like one)**
  - **You are responsible for the conduct of your team and fans**



## **Post-Game Responsibilities**

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- **Review and sign Game Report**
  - **Ensure accuracy in score and bookings**
- **Quickly clean and exit bench area for next game**
- **Clean up any post-game parking lot activities (beverages and cigarette butts)**



## **Modified Laws of the Game**

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- **Rosters and Age Limits**
- **Uniforms and Equipment**
- **Minimum Players**
- **Suspended/Abandoned Games**
- **Substitutions**
- **Slide-Tackling**
- **Off-side**
- **Goalkeeper Distribution**
- **Player Suspensions**



## **Roster and Age Limits**

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- **All players MUST**
  - **Be listed in online roster**
  - **Submit waiver**
- **Roster size:**
  - **Min: 10; Max: 18; game day: 14**
- **Ages:**
  - **Open: 18 and over**
  - **30+ or 40+: turning that age in 2014**
- **Roster “freeze” may be enforced**

## **Roster and Age Limits**



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- **Violations may result in forfeited matches and further league discipline.**

## **Uniforms**



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- **Teams responsible for providing own jerseys**
  - **Matching color required (preferably style too)**
  - **6" number on back (min. size)**
  - **Cannot trade jerseys mid-match**
  - **Matching shorts/socks encouraged**

## Equipment



- **Shin-guards mandatory**
- **Cleats/turfs permitted**
- **No jewelry**
  - **Referee's discretion**
  - **Anything that can cut, scratch or tangle should be removed**
  - **Some wedding bands OK**
- **Hard casts – referee's discretion**

## Minimum Number of Players



- **5 players needed to begin a match**
- **Co Ed: 2 female field players required**
  - **Goalkeeper does not count**
  - **Teams play short if fewer than 2 female players are on field (e.g. 1 GK, 4 Men, 1 Female)**

## **Suspended/Abandoned Matches**



- **Games suspended due to weather:**
  - **Players should leave field immediately and return to cars**
  - **30 minute wait rule for each sign of thunder and/or lightning**
  - **Referees, LSP director, and/or league director will make decision**

## **Suspended/Abandoned Matches**



- **Games abandoned:**
  - **Circumstances reviewed**
    - **Reason, score at time of suspension, impact in standings, time in season, etc**
  - **In 1<sup>st</sup> half: likely to be replayed**
  - **In 2<sup>nd</sup> half: score is likely to stand**

## Substitutions



- **Enter only after Referee permits**
  - **No on-the-fly subs**
- **Stoppages**
  - **all goal kicks**
  - **the possessing team's throw-in (for teams in possession of the ball)**
  - **the possessing team's throw-in (for defending teams, if the team in possession is also substituting players)**
  - **all kickoffs**
  - **injuries (1-for-1 – if an injured player is subbed, the opposing team may also sub a player)**

## Slide Tackling



- **Not permitted except for goalkeepers**
  - **Must be in their penalty area**
  - **Cannot slide feet-first**
- **Sliding without an opponent present is permitted**
  - **Sliding vs. slide tackling**

## Off Side



- Enforced in space between top of opposing team's penalty area and goal line
- Includes adjacent areas between penalty area, goal line and touch line

## Goalkeeper Distribution



- Punts and drop-kicks over midfield prohibited
  - Infraction: direct free kick at midfield
- Throws and kicks from the ground are permitted
  - Includes goal kicks

## **Player Suspensions**



- **All send-offs (red cards) result in the following:**
  - **Playing a man-down (if send-off is to player on the field)**
  - **Minimum one-game suspension for next physically played match**
    - **Will receive email from me notifying you of player's suspension**

## **Referees**



- **Referees receive pre-season emphasis memo**
- **Referees “interpret” the Laws**
  - **Interpretations vary from ref-to-ref**
  - **Consistency in interpretation within match is desired**
    - **Not always delivered**



## Referees



- **“Bad” officiating is present at all levels of play**
  - **anticipate, accept, move on**
  - **Like bad weather – no amount of complaining changes it**
- **League director will not supersede a ref during a game**

## Points of Emphasis to Referees



- **Modified Laws Review**
- **Dissent**
- **Foul and Abusive Language**
- **Violent Conduct**
- **Preventing the “boiling point” moment**

## **Dissent**



- **Tone**
- **Frequency**
  - **Individually and collectively**
- **Circumstance**
- **Specificity**

## **Offensive, Insulting, Abusive Language**



- **Result in send-off (red card)**
- **Used to protect safety, enjoyment and fairness**
- **3 Criteria**
  - **Specificity of word/gesture**
  - **Audibility/Visibility**
  - **Specificity of target**
- **Youth players often in attendance**



## **Violent Conduct**

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- **Includes both Physical and Verbal actions**
- **Likely to result in multi-game suspension and potential team suspension**
- **Help stop fights before they begin**
  - **Sub hot-heads out**
  - **Separate players before escalation**



## **Captain's Role**

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- **Liaison between team**
  - **and League**
  - **and Referees**
- **Ensure team balance is paid on time**
- **Inform team of details (schedules, rules, etc.)**
- **Manage conduct (team and fans)**
- **Address issues/questions to league director**

## **Captain's Role**



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- **Help maintain league spirit:**

**We all have to go to work tomorrow!**

## **Q and A**



- 
- **Questions**
  - **Concerns**
  - **Issues**