

REGIONAL GUIDELINES

REGION 145 – ~~PROPOSED~~ AMENDMENT

ARTICLE SEVEN

INFORMATION ABOUT THE PROGRAM

5. Attendance; Participation

Except as otherwise noted in Rules and Regulations, each registered player attending his or her team's game must participate and play at least half of the game, exclusive of overtime.

- A "three-quarter rule" is the policy of the region for divisions u12 through u6. Elements of this policy include:
- a. To the greatest possible extent each team in divisions u12 through u6 will be formed with a number of players that allows for every player on a team to play three quarters in each of his or her team's games.
 - b. Except as otherwise noted herein and/or in Rules and Regulations and/or in the region's Parent Handbook, each registered player attending his or her team's game must participate and play at least three quarters of the game, exclusive of overtime. In general, no player on a team shall play four quarters in a game in which another player on the same team plays only two quarters.
 - c. Millbrae 2B145 teams in divisions u12 through u6 are required to implement the three-quarter rule in all of their games, including games that take place outside the region.
 - d. The coach of each team in divisions u12 through u6 is responsible for implementing the three-quarter rule for the coach's team. Guidance for implementing the three-quarter rule will be provided by the region.

The region encourages each coach to provide every player on the coach's team an opportunity to play the first quarter of some games.

- A "goalkeeper rule" is the policy of the region for divisions u12 through u8. Elements of this policy include:
- a. A player shall not play in the goalkeeper position for more than two quarters in a game, exclusive of overtime.
 - b. A player who plays the goalkeeper position for two quarters in a game must play at least one quarter in another position.
 - c. The coach of each team in divisions u12 through u8 is responsible for implementing the goalkeeper rule for the coach's team.

The region strongly urges each player to attend every practice of his or her team.