



## Return to Play Guidelines

Revised 11-19-20

**Pre-Activity Self Screening:** GABL will continue to emphasize the following factors in recommending who should and should not be attending games and/or practices. Please consider each of these factors in determining whether you plan to attend a practice or game.

1. **Temperature Check-** In a controlled temperature environment, take the temperature of everyone who will be attending a practice or game. If a temperature is measured at MORE than 100.3 degrees, do not attend the scheduled event. Players, coaches, and spectators must be fever-free, without medication, for at least 48 hours before returning to practice or games. Temperature checks will take place on everyone entering any building during GABL game days/camp gatherings.
2. **Symptoms Check-** Players, coaches, and spectators experiencing a cough, shortness of breath, sore throat, congestion, headache, chills, nausea/vomiting, loss of sense of smell and taste, diarrhea and/or muscle/joint pain MAY NOT attend the scheduled activity.
3. **Are you considered a vulnerable individual?** As defined by the CDC, vulnerable individuals include people ages 65 and older, those whose immune systems are comprised such as by chemotherapy for cancer and other conditions requiring similar therapy, and anyone else with serious health conditions, including but not limited to high blood pressure, chronic lung disease, diabetes, obesity, and asthma.
4. **Have you or anyone in your household been to, or had contact with someone who has visited, any of the restricted travel advisory locations listed on the CDC website within the past 14 days?**
5. **Has the person attending the activity had close contact with anyone in the past 14 days who has been diagnosed with COVID-19?** (Note, this is not intended to apply to individuals whose normal duties in the course of their employment may involve such contacts while using proper Personal Protective Equipment (PPE) and taking other appropriate precautions, e.g., health care professionals, dental hygienists, hospital support staff.)

**Practice Format:** Practice will look different than in years past. Using these best practices to mitigate exposure is a valuable step.

Parents- Required to wear masks at all times while in any facility GABL is hosting events.

Coaches- Required to wear masks at all times while in any facility GABL is hosting events.

Players- Required to wear masks at all times while in any facility GABL is hosting events.

Parents- After completing the Pre-Activity Self Screening, parents can bring their child to practice. All spectators must wear a mask during their time inside any of the buildings GABL is hosting practices or

games. It is GABL's suggestion that after you meet the coaches and feel comfortable with the facilities, then considering dropping off your child for practice and then returning at the end of practice to pick your child up. It will limit the amount of people in the facility.

Hygiene- We recommend washing hands or using hand sanitizer frequently, including during breaks in practice when possible, as well as regularly bathing following any type of training/games throughout the season.

Practice Floor- All non-essential personnel should NOT be on the court space during practice.

Each player and coach will need their own water bottle, towel and any other personal items. There should be no sharing of water bottles or towels.

### **Game Format- Players, Coaches and Officials**

Parents- Required to wear masks at all times while in any facility GABL is hosting events. **Limit of one spectator per player.**

Coaches- Required to wear masks at all times while in any facility GABL is hosting events.

Players- Required to wear masks at all times while in any facility GABL is hosting events.

Officials- Required to wear masks at all times while in any facility GABL is hosting events.

Facility Staff- Required to wear masks at all times while in any facility GABL is hosting events.

Pre-Game Meeting- One designated coach from each team and one official will meet before each game but will stay 6 feet apart. No player captains will attend.

Sanitary Precautions- Each player, coach and parent should be prepared with their own anti-bacterial wipes and hand sanitizers to clean hands regularly throughout the game. Hand sanitizer and hospital grade disinfectant spray will be on location at each facility.

Pre and Post Game- Teams are not allowed to take the court for pre-game warm up until both teams from the previous game have completely left the court space. There will be no post game handshake line. To continue the act of good sportsmanship, teams will line up near their bench and wave to the opposing team shouting "good game." Coaches will need to prepare their teams for this new format. Following each game, each team should clean their sideline completely and exit the court immediately.

Completion of Game- All players, coaches and spectators are required to leave the facility once the competition is completed.

## **Reporting of Positive Tests for COVID-19:**

KDHE Guidelines:

Individuals must self-isolate and be symptom free for 14 days if they are an immediate family member of or live in the same household as someone who has tested positive for COVID-19, or if they have had close contact (defined as contact under 6 feet for more than 10 minutes) with anyone who has tested positive for COVID-19 (not including individuals whose normal duties in the course of their employment may involve such contacts while using proper Personal Protective Equipment (PPE) and taking other appropriate precautions, e.g., health care professionals, dental hygienists, hospital support staff).

Any player, coach, or spectator who tests positive for COVID-19 shall not return to practice or games for a minimum of 14 days or, if longer, until such time as they are free of symptoms. They may, however, return earlier with both a negative test and a completed return to play form from an approved health care provider. Any player, coach, or spectator who has been tested for COVID-19 and is awaiting the results of their test is strongly encouraged not to attend practices or games until a negative test result has been received.

Parents are required to notify the head coach and league office if their child has received a positive test for COVID-19. This information will not be released to the team unless done so by the parents of the child who has tested positive.

Coaches are required to notify the league office if they have tested positive for COVID-19. This information cannot be released to the team without permission from said coach.

**How to Inform GABL of a positive test?** A Google doc is available on the GABL website (About / Covid 19 Guidelines). If a player, coach or volunteer who has been in direct contact with the team tests positive for COVID-19, please fill out the information on the Google doc and you will be contacted by a GABL representative to gather more details.

In the event that a player or coach tests positive for COVID-19, some or all of the other players and coaches on that person's team could be required to self-isolate for the recommended 14-day period. Such situations will be evaluated on a case-by-case basis. GABL will discuss each situation with the Johnson County Health Department to ensure the proper procedure takes place.