



### **Playing the 'CFU Way'**

Central Florida United's (CFU) primary objective is to develop players over the long term. Development of the player both on and off the field will always take precedent over results. Our aim is to play attractive, attacking soccer, with a large emphasis on the technical aspect of the game. CFU's players will be coached to have the ability to keep possession of the ball under pressure whilst having the technical foundation and tactical awareness to be comfortable playing in numerous positions on the field. The DNA of our program will be 'wired' into the player at the earliest possible age. This will ensure we create a long-term program Identity, recognizable through the brand of soccer we are going to play, we call this playing the **'CFU Way'**.

Our aim is to build this into the program from the outset. Having our players comfortable on the ball, an ability to play with both feet and the confidence to make decisions on the field will allow CFU to have an identity as a program. Our playing philosophy will be modeled throughout the program, with our systems of preference being 1-4-2-3-1 & 1-4-3-3 (11v11), 1-3-2-3 & 1-3-3-2 (9v9) & 1-2-3-1 & 1-3-2-1 (7v7). We will adopt the US Soccer Numbering System.

Here at CFU we create a positive, learning environment which gives the players the freedom and confidence to express themselves. Our CFU experienced coaching staff will use a 'guided discovery' coaching style which leads the player to make their own decisions on the soccer field. By passing this trust onto the player they are more likely to grow in confidence, think for themselves and most importantly learn what you are asking them to achieve. CFU's staff will follow a detailed coaching curriculum which will ensure we educate our players to understand the game effectively both technically & tactically.

Soccer is a game of the moment and players not coaches need to decide at that moment what they should do on the field. We need to help them make that decision for themselves. CFU's aim is to support the individual player and our 'all-star' teams in pushing the boundaries of their personal development. This Elite platform will allow the players to reach for their next level and ensure long term soccer success!