

MVPB Supplemental COVID PROTOCOL Guidelines (revised 3/5/2021)

The following rules and guidelines put forth by MVPB are to be followed in junction with all City of Murrieta, Riverside County, and California posted rules.

This means, that if Riverside County Health Department implements a face mask covering update for any Tier, then MVPB shall adhere and comply.

In an effort to keep up with an ever-changing environment, these guidelines maybe updated and changed upon board approval.

Rob Glaser (626) 484-8746
Safety and Compliance Officer

General Requirements for All Sports:

Irrespective of setting (outdoor or indoor) case rate or sport played, the following general guidance requirements must be adhered to at all times:

- Face coverings to be worn when not participating in the activity (e.g., in the bleachers, from the fences, in the MVPB Complex or City Field).
- Face coverings to be worn by coaches, support staff and **observers** at all times.
- Observers maintain at least 6 feet from non-household members.
- No sharing of drink bottles and other personal items and equipment.
- Mixing with other households prior to and post any practice or competition must strictly adhere to current gathering guidance.
- Limit indoor sports activities (practice, conditioning) to comply with capacity limits (which shall include all athletes, coaches, and observers)
- Associated indoor activities for the team (e.g., dinners, parties) are prohibited if engaged in competition given evidence that transmission is more likely to occur in these indoor higher risk settings.
- Teams must not participate in out-of-state games and tournaments; several multistate outbreaks have been reported around the nation, including California residents.

Limitations on Observers

- Limit observation of youth sports (age 18 years and under) to immediate household members, and for the strict purpose of age appropriate supervision. This includes observation of practice and competition. Limit number of observers to ensure physical distance can be maintained, reduce potential crowding, and maintain indoor/ outdoor capacity limits.
- Teams may consider video streaming of games so that they can be watched "live" from home.

Limitations for Inter-Team Games, Scrimmages and Tournaments

- Inter-team games, scrimmages or similar events are permitted to occur during regular season only if (a) both teams are located in the same county; or (b) teams are located in immediately bordering counties and the sport is authorized in both counties.
- Teams adhere to current [CDPH Travel Advisory](#) recommendations when determining travel for competition in neighboring counties.
- No tournaments or events that involve more than two teams to occur.
- Only one competition, per team, per day maximum to be played.

Permitted Youth Recreational Sports by Case Rate Threshold

- Physical conditioning, practice, skill-building, and training that can be conducted outdoors, with 6 feet of physical distancing, and within stable cohorts are authorized regardless of case rate or sport. Such activities may be conducted indoors consistent with restrictions by Tier in the [Gym & Fitness Center Guidance Capacity](#).

Face Coverings

- Face coverings worn by participants during practice, conditioning and during competition, even during heavy exertion as tolerated. See the [American Academy of Pediatrics Interim Guidance on Return to Sports \[1\]](#) for specific exceptions where the face covering may become a hazard.

Other General Guidance

Below are other general guidance that are strongly encouraged as part of any participation in youth sports. These general guidance may be **required** for play of outdoor sports in less restrictive tiers, as specified below:

Physical Distancing

- Maintain at least six feet of distance between sport participants and others to the maximum extent possible, including when observing.
- Maintain at least 6 feet of distance between coaches and participants and facilitate physical distancing between participants to the maximum extent possible.

Informed Consent

- Due to the nature and risk of transmission while participating in Outdoor Moderate-Contact sports, such as baseball, provide information regarding risk to all parents/guardians of minors participating in such sports, and have each parent sign an informed consent indicating their understanding and acknowledgement of the risks indicated herein.

Hygiene and Equipment Sanitation

- When equipment is shared during an activity, participants perform hand hygiene (wash hands with soap and water or use an alcohol-based hand sanitizer) before play, during breaks, and after conclusion of the activity.
- Balls or other objects or equipment can be touched by multiple players during practice and play if the above hand hygiene practices are followed.

Limitations on Mixing by Participants

- Limit participation by athletes and coaches during practice and competition to one team. For larger teams, limit mixing by establishing stable smaller training groups for drills and conditioning.
- Review practice or game footage virtually, to the greatest extent possible. If not feasible, then it should be conducted outdoors, with all

participants wearing face coverings and following appropriate physical distancing measures.

Indoor Venue Capacity Limitations

- Ventilation in indoor venues (gyms or other fitness centers) increased to the maximum extent possible.

Travel Considerations

- Bus/van travel for members of a team may pose a greater risk. To mitigate COVID-19 transmission risk during bus/van travel, employ universal masking, physical distancing and windows to remain open the full duration of the trip unless not feasible.
- Plan for proper communication of all travel rules, protocols and expectations to everyone in the travel party. When feasible, teams should aim to travel and play the same day to avoid overnight stays.
- Travel by private car limited to only those within the immediate household.

Returning to Sports After Infection

- No one with symptoms of COVID-19 or who is in isolation or quarantine for COVID-19 is permitted to attend practices or competitions.
- Anyone with symptoms of COVID-19 should consult their physician for testing and notify their coach/ manager and MVPB of their symptoms/ test results and timetable on return to play with physician written approval.
- Youths recovering from COVID-19 will have different paths to return to sports based on the severity of their illness. See the [American Academy of Pediatrics Interim Guidance on Return to Sports \[1\]](#) for additional guidance for more serious infections.

Vaccination of Eligible Households

- Sports participants, including coaches and support staff, are strongly encouraged to be vaccinated once eligible as vaccines will protect residents and reduce the likelihood of transmission from infected persons to others.