

## PLAYDAY IN THE PINES OVERVIEW

**ABOUT:** Join us in the “Land of the Pines” for a fun day of competition. This playday is intended to be a fun, affordable opportunity for teams looking for regional competition in a centralized location. **Please note all players must be members of US Lacrosse to participate.**

### **GAMES:**

- 2x20 minute running time halves, 5 minute halftime (all divisions)
- Three games guaranteed
- Officials provided
- High School and Middle School Full Field 12v12 (including goalie)
- Junior 8v8 Small Field (including goalie)

### **DIVISIONS:**

- High School (rising 9th-12th grade)
- Middle School (rising 6th-8th grade)
- Elementary (rising 3rd-5th grade)
- When possible divisions will be split into A and B flights
- Adjustments may be made to ensure the best competition for all registered teams - thank you in advance for your flexibility

### **SCHEDULE:**

- Released no later than Wednesday preceding the event
- Games will tentatively begin at 9:00am

### **VENUE:**

**Morganton Road Sports Complex**  
**100 Fire Lane**  
**Southern Pines, NC 28387**

- Free **LIMITED** Parking (carpooling encouraged, must park in designated space, overflow parking across the street)
- Bathrooms on site
- Fields are 5 minutes from the "historically charming" downtown Southern Pines and 15 minutes from the Village of Pinehurst.

### **REGISTRATION:**

1. Complete [online registration google form](#)
2. Mail check to the address below, made out to AC Sandhills Girls Lacrosse. Put "Playday" in the memo and your Club's name:  
AC Sandhills Girls Lacrosse  
PO Box 1425, Aberdeen NC 28315
3. Submit rosters to [nikki.schwob@acsandhills.com](mailto:nikki.schwob@acsandhills.com) using [ROSTER TEMPLATE](#)