



Medford Youth Athletic Association Return to Play Protocol

Medford Youth Athletic Association will be working throughout the pandemic to provide a safe and healthy environment for our players, coaches, and families. We will be posting updates as the phase of play changes, provide adequate field space for physical distancing between teams while training, and will work to have a healthy environment throughout our fields and facilities.

IF YOU ARE NOT COMFORTABLE WITH RETURNING TO PLAY, DON'T – the club is understanding everyone will return at their own pace.

We ask that all coaches, players, and families participate in the responsibilities to provide a safe environment to play....

Current guideline for return to play are as follows and subject to change based on government guidelines issued:

Player Responsibilities

- Wear a mask to and from your car to your training area.
- Bring and use sanitizer before and after training/games.
- Be open and transparent with your coach on how you feel.
- Place your bags and equipment 6 feet from other players.
- Do not touch others, water, food, bags, gear.
- No group celebrations – high 5's, hugs, handshakes, fist bump, etc.
- Respect people's space and physical distancing
- Wash hands immediately after every training session/game – shower recommended.
- Clean/sanitize your gear and equipment after training/games.

Parents Responsibility

- Check your child's temperature 1 hour prior to every event – stay home if you are running a temperature.
- Complete the Health Check in Team Snap for your player **prior to every event** (practice, game, scrimmage)
- Complete a new MYAA Covid-19 waiver before each season - <https://go.teamsnap.com/forms/240865>
- Notify your coach/club if your child becomes ill.
- Ensure your child has plenty of water and sanitizing products in their bag.

- **DO NOT LEAVE THE PARKING LOT AREA** during training sessions – drop off only (exception for young ages during tryouts and initial events until they get acclimated) – parents should NOT be wandering the complex or on the sidelines watching training.
- Ensure your child follows all washing and sanitizing player recommendations take place before and after practice.
- If you traveled out of state, follow all current government guidelines.
- Game day spectators (home/away) must stay in marked designated areas during all games and friendlies.
- Follow all guidelines noted below for your child.

Coaches Responsibility

- Follow all return to play protocols.
- Complete the Health Check for your player prior to every event (practice, game, scrimmage)
- Send home players if they are not feeling well and notify parents on your actions.
- Work to provide proper distancing for your team during training.
- Ensure players are not sharing water/gear.
- Wear a face mask when coaching.
- Be understanding with families that are not ready to return to play.
- Notify your sports club board of all Covid related situations and cases.

MYAA Responsibility

- Distribute and post return to play protocols.
- Be understanding with families that are not ready to return to play.
- Provide Adequate field space for physical distancing requirements.
- Communicate all return to play plans.
- Follow all recommendations made by the US Government, State of New Jersey, Burlington County Health Organizations in addition to all state and local league requirements.
- Make Sure Coaches, Trainers, Families follow all guidelines.
- Keep records of all waivers and Health Check submittals
- Enforce all guidelines in the protocols.

Current Guidelines (subject to change) – based on CALI guidelines issued by NJ Dept of Health

- **COVID Exposure Policy**

To follow up on our COVID protocol we have developed steps we will use in case of COVID exposures from our activities.

- If a player on a team has close contact with anyone who tests positive for COVID, the player must quarantine for 10 days from date of last contact. "Close contact" is defined as being within 6 feet of the infected person for 15 minutes or more within a 24-hour period per CDC guidelines. "Close Contact" is assumed when a player is placed in a remote/quarantine by the

school or any other organization due to a positive case. The 10 day quarantine period can be shortened to 7 days from date of last contact if the player is symptom free and a negative PCR COVID test is procured. That test must be administered 5 or more days from the date of close exposure to ensure reliability and accuracy. If a player chooses to not get a test, that player must wait the full 10 days and be symptom free.

- If a player tests positive for COVID after a practice or game, the date of exposure for teammates who made close contact will revert to the date of the last practice or game. If 3 days or more elapse since last contact, and the infected player demonstrated no symptoms for a period of 48 hours from the last contact date, no quarantine is necessary.
- A player that tests positive for COVID must quarantine for 10 days from the date of first symptoms. If no symptoms, then the quarantine period is 10 days from the test date.
- If MYAA Athlete becomes aware of any positive test from a player within its program, it will notify any opponents played according to the above policy as soon as the information becomes available.

Practice/Game Policy

- MYAA will also continue to observe NJ Return to Play rules. The current 25 person limit can be exceeded by individuals who are necessary for practice or competition, such as players, coaches, and referees, and by up to two parents or guardians per athlete. Beside two parents or guardians per athlete, no other spectators may attend. All spectators must follow guidance from the Department of Health regarding sports activities, including wearing a mask, observing social distancing, and staying home if sick.
- For practices and games, all players must wear masks to and from the fields. During practices, please stay in your car if you remain at the fields. Players and parents should socially distance (6 feet) and wear masks if outside their vehicles.
- Coaches will be utilizing Team Snap which provides a short questionnaire for players to complete before practice. This questionnaire must be completed prior to attending practice. Players cannot practice if the questionnaire is not completed. It takes 30 seconds to complete.
- Most importantly and it bears repeating, if you or your child is feeling sick and exhibiting symptoms of COVID, please stay home. As state and local rules evolve, we will keep you updated on any changes to policy and/or procedures.