



Novice

Novice is for junior beginners (11-18 years old). Basic tennis strokes and rules are taught. Lessons will also include other activities such as running, jumping, balancing, throwing and catching. Development of these skills will allow the student to become a better tennis player in the long run. Each class contains warm-up and basic stretching, motor skills games, tennis skills games and cool down. The goal for every class is to improve skills and have FUN!

Novice Beginner Days and Times:

Monday and Wednesday	5:00 pm - 6:00 pm
	6:00 pm - 7:00 pm
	7:00 pm - 8:00 pm

Prices: You may schedule your classes back-to-back (Example: Every Wednesday) or non-consecutively (Example: Every Monday and Wednesday).

1 class	\$18
4 classes	\$60
8 classes	\$95

Cash, credit, or check payable to LCTC.

(packages good for 90 days from date of purchase)

For questions contact:

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Visit us on the web at www.lcrac.com

(click on athletics -> tennis -> Lexington Tennis Center)