

Volleyball Rules

Age Groups:

9U	7-9 yrs. old
12U	10-12 yrs. old
14U	13&14 yrs. old
17U	15-17 yrs. old

Ball Size:

Trainer Size (over-size, light weight)
Regulation Size
Regulation Size
Regulation Size

We will use September 1 of the current year (fall season) to determine league age for teams.
We will use March 1st of the current year (spring season) to determine league age for teams.

Game Rules:

1. Rally scoring will be used in all games.
2. A match consists of two games to 25 points and a third game to 15 points if necessary.
3. A coin toss will determine which team gets to choose first serve or choice of court.
4. A team must win by two points and there will be no cap in the first two games. If the same team wins both games, a third game will not be necessary.
5. - If a third game is needed, first team to 15 points wins. There is no two point margin in the third game.
6. A coin toss will determine who serves first in the third game. Due to time constraints, teams will not change sides of the court in game three.
7. If a team has less than six players present, the team must begin and play with at least 5 players and it be deemed a legal game. Any number of players less than 5 is a forfeit but we encourage teams to recruit girls to "fill in" so that a scrimmage game can still be played.
8. Players are not allowed to participate on multiple teams per season
9. Players are allowed to move up 1 age division. Players will not be allowed to move down a division.
10. Libero's will not be utilized in any age divisions
11. In the 9U, 12U leagues, players must play a total of 25 points per match
12. In the 14U and 17U leagues, players must play in both games of the match as a regular rotation player or specialized (front row/back row) player.
13. It is illegal to block or spike a serve. Teams may "set" the serve.
14. Servers must keep both feet behind the out of bounds line until they have made contact with the ball.
15. Server, in all divisions, has 8 seconds to serve the ball. A re-serve shall be called when the servers releases the ball for service, then catches the ball or the ball drops to the floor. The referee shall signal replay and allow the server a new 8 second count for a second and final re-serve attempt.

16. All servers that hit the wall, ceiling, lights or any other fixture will be considered out of bounds.
17. If a ball touches a wall, ceiling, lights or any other fixture after a serve, a team may still play the ball within their 3 hits.
18. In the 9U age divisions, the service line will be moved up 5 feet. The boundary lines will remain the same for the game, just the service line will be moved up.
19. Serves that touch the net and is successful in making it over the net will be considered legal serves. The receiving team must play the serve.
20. In the 9U age division only, an automatic rotation occurs if the service team scores 5 consecutive points. The serving team does not lose possession of the volleyball.
21. In the 9U and 12U, continuous rotation will be used for substitutions. At the first rotation, the player in position 2 will rotate out of the game and a new player will come from the bench into the server's position (position 1); every time rotation occurs, a new player will rotate into the server's position. This includes the third (if needed) game too.
22. In the 14U and 17U, teams do not have to use continuous rotation unless they request it from the officials. If a team request to use continuous rotation, they must use it for the entire match.
23. In the 14U and 17U leagues, regarding the rotation rule for the receiving team at the start of the game: in S. C. High School League rules, once the receiving team has earned the right to serve (a side out), the players should rotate once before serving. This means, if your team is not serving first to start the game, your line-up card should list the players where you want them to be after one rotation. (Any questions, please see one of the officials before the game).
24. Teams will have 2 timeouts for each match
25. Each team will be responsible for providing an informed line judge for each game. No children please, only adults 18 years or older. It is imperative that line judges be impartial when making calls. There is absolutely no celebrating while working as a line judge.
26. Please adhere to the following pre-game warm-up drill: 5 minutes together on your selected court, followed by 3 minutes of serving. This will help keep the games on schedule