

## **Hotshots Basketball Rules**

### **(Ages 4-6)**

1. Teams will consist of no more than 10 players.
2. Teams will play 5v5.
3. All players must play two entire quarters of a game
4. Games will consist of four (4) eight (8) minute quarters. The clock will run continuously. No score will be kept.
5. Each team will be allowed 1 coach on the floor to help with defensive positioning and keeping contact to a minimum.
6. All fouls will be called by the coaches and the ball will be taken out of bounds. No foul shots
7. Coaches will call out of bounds and let the ball be thrown in from out of bounds (Inbounds Play).
8. Overly aggressive play will not be tolerated. No pushing, tripping or shoving other players
9. Teams will play on an 8 foot goal.
10. Teams will use a youth ball (size 27)
11. Overly aggressive play will not be tolerated. No pushing, tripping or shoving other players
12. Defensive team must get back down the court and allow the offense to bring the ball up the court. No full court press.
13. All players must stay within the Lane when playing defense. If players come out of the lane to guard a player with the ball coaches must make that player return to the lane. There will be no man to man defense.
14. Teach your players to dribble the ball. Encourage them to do it as much as they can. Try to limit players from running with the ball the length of the court. No traveling will be called, but please encourage each player to dribble as much as they can.
15. Remember this is an instructional league and a lot of the players may have little to no experience. Be patient and encourage them to try their hardest. Let different players bring the ball up the court during the quarter.
16. The entire league shall be under the direction of a supervisor.
17. The supervisor, with just cause, may terminate all activities and lock the facility.

18. Basketballs will be provided by the Recreation Commission. Please refrain from bringing basketballs in the gym on Saturdays except for those that the coach takes responsibility for.

19. Make it fun this season.