



#### **4 - 6 YEAR OLD BASKETBALL RULES**

- The size of the playing area is half court.
- The height of the basket will be approximately eight feet.
- The size of the basketball is a 27.0 inch or junior size.
- No forfeits! Game will be played four on four.
  - Each team will have a maximum of eight players on their roster
  - More than eight players on a roster must be approved by head coach. Each child must play at least half of every game.
- The game will consist of four, ten-minute quarters with a running clock except for timeouts. There will be two, thirty second timeouts per team per half. Half-time will last two minutes with one minute between quarters.
- An NYS administered or approved jersey must be worn during the game.
- The home team is listed on the schedule first and will bring the ball in to start the game.
- No score will be kept.
- Open substitution is allowed on any stop in play. Coaches must provide the referee notice of the substitution prior to substitution being made!
- One coach from each team may be on the court during play to instruct players.
- There will be no lane violations called and no individual fouls counted.
- Defense is man to man only, no zone or double-teaming. Stealing of the ball while controlled by offensive player is not allowed. No slapping or reaching in at the ball.
- Possession will alternate each quarter, jump-ball, or double foul.
- Players may not run with the ball; dribbling must be emphasized.
- After each basket the opposing team will inbound the ball from the top of the key.
- If the ball goes out of bounds, opposing team will inbound the ball from top of the key.
- Any change of possession requires play to resume at the top of the key.
- There is to be a free inbound pass from the top of the key to the free throw line. Defense must stay behind the free throw line for all inbound passes.