



3 YEAR OLD SOCCER RULES

Ball Size: Size Three (3)

Field Size: 15 yards x 20 yards

Goal Size: 4 to 6' Height x 8' Wide

Number of Players:

- The maximum number of players on the field per team at any one time is four (4).
- The game is played without a goalkeeper.
- The maximum number of players on roster should not exceed eight (8).
- Substitutions are unlimited and allowed during any dead-ball situation and for injuries.
- Playing Time: Each player shall play a minimum of 50% of the total playing time.
- All players not playing in the game must be five yards behind the touch lines.
- Players should remain in one area so they can be seen and be given equal playing time.
- One coach from each team will be allowed on the playing field to instruct players.
- No Forfeits. Teams may share players to keep with original format if necessary.

Required Equipment:

- An NYS administered or approved jersey must be worn during the game.
- Jerseys must be tucked in to shorts.
- No hats, jewelry, or metal spiked cleats are allowed.
- All players are required to wear shin guards.

The Referee:

- NYS will provide one official for each game.

Duration of the Game:

- Each game will consist of four, eight-minute quarters.
- 3 minutes of break between each quarter.

The Start of Play:

- Play should be started by coaches' kicking or rolling the ball into the field of play.

Ball In and Out of Play:

Any ball crossing the touch line or goal line should be redirected back onto the field of play by the coaches or facilitators of the game to best keep play in progress. Players shall not take throw-ins or kick-ins.

Free Kicks:

Free Kicks are not applicable for this age group. Play should be restarted after a stoppage by coaches as soon as possible to best keep play in progress.

Offside:

The offside rule is not applicable to this age group.

Slide Tackling is NEVER allowed!