



### 13 - 15 YEAR OLD BASKETBALL RULES

- The size of the playing area is full court.
- The height of the basket will be ten feet.
- The free-throw line will be fifteen feet from the basket.
  - The player may not land over the line after shooting a free-throw.
  - All other players lined up may not move until the ball hits the rim.
- The size of the basketball is full-size regulation or competition ball.
- No forfeits! Game will be played five on five depending on team size.
  - Game will be played with less players, if less than five are in attendance.
  - Each team will have a maximum of ten players on their roster, unless approved by the head coach. Each child must play at least half of every game.
- The game will consist of four, twelve minute quarters with a running clock except for timeouts. There will be two, thirty second timeouts per team per half. Half time will last three minutes with one minute between quarters.
- Open substitution is allowed on any stop in play. Players must be sitting at score table and noticed by the referee before entering the game. All players must play in both halves. Not player will be allowed to play the entire game unless the team has less than five players for the game.
- Jump ball will start each game
- An NYS administered or approved jersey must be worn during the game.
- Two coaches are allowed on sideline during game.
- Three second lane violations will be called.
- Players will foul out on their fifth foul.
- Defense can be man to man or zone.
- Pressing defense is allowed unless the pressing team is ahead by twenty or more points.
- Backcourt defense is allowed.

- Clear-outs are not allowed.
- Double teaming is allowed.
- Possession will alternate each quarter, jump ball, or double foul.
- After each basket the opposing team will then inbound the ball from their end line.
- Offense must bring the ball across half court within the ten second time limit.
- If a team receives their seventh team foul (non-shooting) in one half of play, that foul, as well as each occurrence thereafter, results in the opposing team shooting one and one free-throws.
- If a player is fouled in the act of shooting and misses the basket, the player will be awarded free-throws. However, if the basket was made, basket counts, and the player is awarded one free-throw.
- Each team's bench must be seated and cheering positively for their team. Trash talking will result in a technical foul.
- Unsportsmanlike conduct will result in a technical foul and player ejection. The opposing team will be awarded two points and possession of the ball. This includes players on the bench.
- NYS coaches are given the authority to sit a player that is acting unsportsmanlike or that has missed several practices without a legitimate excuse. The referee must be notified before the game is started.
- The home team is listed first on the game schedule and is to provide a volunteer scorekeeper. NYS uses regulation scoring with three pointers on courts so marked. Game time will be kept by either the official or scoreboard clock.