

Prior to completing the online Coach Application

1) Complete your Coaching Education:

--If you have a US Soccer E License (or equivalent) or higher, you are not required to take the below courses, but you will need to upload your coaching license when you register.

a) U6 and U8 coaches:

--If you earned your 4v4 License previously, you do not have to take it again, but you will have to upload the certificate when you register to coach.

--You will have to create an account with US Soccer's Digital Coaching Center (DCC)

--Complete the Introduction to Grassroots module (free):

<https://dcc.ussoccer.com/courses/available/16/details/1546>

--Complete the 4v4 Online Module (\$25, reimbursable by PAL):

<https://dcc.ussoccer.com/courses/available/26/details/1547>

----->Once complete, save your 4v4 Certificate to be uploaded when you apply. The certificate can be found by clicking on the dropdown arrow next to your name and selecting 'Profile'. Your certificates will be downloadable .pdfs on the right side of the screen.

b) U10, U12, U14, U16, U19 coaches:

--If you earned your FOC certificate previously, you do not have to take it again, but you will have to upload the certificate when you register to coach.

--You will have to create an account with United Soccer Coaches (USC)

--Foundations of Coaching (\$25, reimbursable by PAL):

<https://unitedsoccercoaches.org/education/elearning/>

----->Once complete, save your FOC Certificate to be uploaded when you apply

c) If you are coaching both U6/U8 and an older age group, you only have to do the Foundations of Coaching, not both.

2) Complete your Concussion training:

--You **will have** to complete it again, even if you did it last year (must have 2020 completion date)

--You **will have** to complete one of these courses, even if you did the Sideline Sports Doc (SSD) for STARS this spring

----->Once complete, save your Concussion training certificate to be uploaded when you apply.

a) OPTION 1: Centers for Disease Control (CDC) HeadsUp training:

<https://www.cdc.gov/headsup/youthsports/training/index.html>

NOTE: CDC has created a new training system. Old accounts are no longer valid and you will have to create a new account with their learning management system to complete the training.

b) OPTION 2: NFHS Concussion in Sports training:

<https://nfhslearn.com/courses/61151/concussion-in-sports>

NOTE: NFHS has also revamped their system and you will have to create an account to complete the training.

Historically, the NFHS site goes down the week before our coaches clinic due to their servers not being able to handle all the schools and sports organizations completing training at the same time.

3) Complete Safe Sport Training and become Safe Sport Trained:

--SafeSport is a federally mandated requirement. If you completed SafeSport previously, you will have to complete the refresher. Your certificate must have a 2020 completion date.

--You will have to create an account with SafeSport.org, or log into your old account.

--SAY is our National Governing Body and the link is:

<http://safesport.org/authentication/register?token=ee57337f-31f9-421d-b095-82fc8c8c4c41>

When you click the link it should pop up US Soccer as the membership name, please **select US Soccer** if it does not auto populate. You will need: **YC3E-6P5G-YYIL-CS2M**

--**IMPORTANT: If you find yourself having to pay a \$20 fee, please stop and email**

pal.directorofcoaching@gmail.com. You should not have to pay this fee and PAL will not reimburse it.

--You must complete all three modules and receive the "Safe Sport Trained" Certificate. The intermediate certificates will not be accepted for this requirement.

----->Once complete, save your Safe Sport Trained certificate to be uploaded when you apply

4) Apply to coach via Blue Sombrero:

- a) Log in to your Blue Sombrero account
- b) Click the dropdown next to your picture and select 'Account'
- c) Click on 'Volunteer Opportunities'
- d) Click 'Find Volunteer Roles' if none show
- e) Next to the PAL Divisions 2020 hit the 'Select' button then hit 'View Available Positions'
- f) Hit 'SignUp' next to the Age Group you want and then hit 'Continue' at the bottom of the page
- g) Complete the application. You will be required to upload your coaching education certificate, SafeSport certificate, and your concussion training certificate to complete the application.
- h) Once you have completed the coach application, please email the Director of Coaching at pal.directorofcoaching@gmail.com to initiate your background check.

5) You may register to coach at the in-person registration, but please complete your coaching education, SafeSport training, and concussion training prior to the registration to streamline the process.

6) Please do not delay as the background checks can take over a week to clear. PAL will pay for your background check. You will receive confirmation from the Director of Coaching when cleared to begin coaching. Thank you for volunteering and making it possible to provide our children opportunities to play and learn soccer.

We wish you a fun, rewarding season.

Howard Hill, President

Anthony Loicano, Director of Coaching

Questions: Contact PAL Director of Coaching Anthony Loicano at 850-797-4786 or at

pal.directorofcoaching@gmail.com