

Welcome to Columbia Soccer Club

Guidelines for 1st Grade soccer at CSC: Remember we want these games to have high scoring. We hope every player on the field will score. Begin focus on position with the basic skills of dribbling, passing, and shooting. Begin to spread out passing lanes to half the field. Begins drills for foot skills, while still keeping it a completion/race. Our ultimate goal is having players who enjoy playing soccer for years to come.

Fields: CSC F3 directly in front of the concession stand

Game time: 10 min quarters, coaches keep time, no refs

Ball size: #3, every player should have their own ball

Out of bounds sideline: Kick in or throw in, no dribble in. Team without the ball should allow first pass or dribble onto the field. Please back your team up 10 yards to allow the first play onto the field.

Out of bounds goal line: Defending team will kick in from corner goal box, offensive team back up to mid line, Offensive Team will kick in from corner.

Scoring: Score is not kept at this age.

Restart after goal: After a goal is scored defending team will go to center circle to kick off, ball should go forward. Team that just scored will be outside of center circle and must wait for the first pass before moving.