



Santa Rosa American Little League
2021 Covid 19 Safety Plan
(revised 2/28/21- plan subject to change)

Safety Plan:

- Follow State and County Health Orders and Guidance.
- No one with symptoms associated with COVID, or who is in quarantine or isolation for COVID is permitted to attend practices or competitions; players exhibiting COVID symptoms or who have tested positive for COVID, cannot return to play until the timelines recommended by the CDC's Guidance: Return to Sports have been observed.
- Face coverings to be worn by coaches, support staff and observers at ALL times. Facial coverings required by all when not participating (side lines, to/from the field) and strongly encouraged to be worn during activity (during competition).
- No players are allowed in dug out. Maintain at least six feet between participants and coaches when possible.
- Hand hygiene required before play, during breaks, and at conclusion of play.
- Inter-team competitions (games) are permitted if both teams are from the same county OR in immediately bordering counties when the sport is authorized. Local Health Departments to be notified of any cross-county competitions and reserve right to deny competition.
- No tournaments or events that involve more than two teams. Only one game, per team, per day to be played. Teams must not participate in out-of-state games and tournaments without authorization from County Health Department. Stagger start times to reduce crowds/overlap with other teams.
- Observers for youth sports should be limited to immediate household members for purpose of age-appropriate supervision needed. Limit number of observers to ensure physical distancing and reduce potential crowding. No gathering or mixing of other households before or after games.
- Practice, skill-building, and training can be conducted outdoors, with 6 feet distancing, and within stable cohorts regardless of case rate or sport.
- No sharing of drink bottles or personal items. No shaking hands or high fives. No food or beverage sales or service.
- Outdoor high-contact sport (orange tier) and outdoor moderate-contact sports (baseball) can be played in the purple or red tier with an adjusted case rate to equal or lesser than 14 per 100,000, and IF an Informed Consent has been signed by all players or parents/guardians of minors.
- No player is allowed to practice or compete until the Little League COVID-19 Player Informed Consent Form has been completed by a parent/guardian and provided to the league.
- When using City of Santa Rosa fields, SRALL coaches, players, and observers will observe the City of Santa Rosa COVID Safety Plan, as amended.

Attachments:

Little League COVID-19 Player Informed Consent Form
City of Santa Rosa COVID Safety Plans for Sports Fields



COVID-19 PLAYER INFORMED CONSENT WAIVER

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization (WHO). COVID-19 is highly contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have in many locations prohibited the congregation of groups of people.

_____ Little League (the League) has put in place preventative measures to reduce the spread of COVID-19; however, the League cannot guarantee that you or your child(ren) will not become infected with COVID-19. Further, attending events held by the League **could increase** your risk and your child(ren)'s risk of contracting COVID-19.

In consideration of you and your child(ren)'s participation in the foregoing, the undersigned acknowledge and agree to the following:

- I am aware of the existence of the risk I take with my participation in activities with the League that may cause injury or illness such as, but not limited to COVID-19 that may lead to paralysis or death.
- I will not, nor any member(s) of my household, will visit or use League facilities if he/she experiences symptoms of fever, fatigue, difficulty breathing, or exhibiting any other symptoms related to COVID-19 or any other communicable disease.
- If I, or any member of my household comes in contact with, or becomes infected with COVID-19, will not attend any activity with the League for the recommended fourteen (14) days.
- I am fully and personally responsible for my and my child(ren)s own safety and actions while and during our participation and I recognize that we may be, in any case, at risk of contracting COVID-19.
- With full knowledge of the risks involved, I hereby release, waive, discharge the League, its board, officers, independent contractors, affiliates, employees, representatives, successors and assigns from any and all liabilities, claims, demands, actions, and cause of action whatsoever, directly or indirectly arising out of or related to any loss, damage, injury, or death, that may be sustained by me or my child(ren) related to COVID-19 while participating in any activity while in, on, or around the premises or while using the facilities that may lead to unintentional exposure or harm due to COVID-19.
- I agree to indemnify, defend, and hold harmless the League from and against any and all costs, expenses, damages, lawsuits, and/or liabilities or claims arising whether directly or indirectly from or related to any and all claims made by or against any of the released party due to injury, loss or death from or related to COVID-19.

By signing this agreement I acknowledge that I have read the foregoing Player Informed Consent Waiver and understand its contents; that I am the legal parent/guardian of the child listed on this form and fully competent to give consent; That I have been sufficiently informed of the risks involved and give my voluntary consent in signing it at my own free act and deed; that I give my voluntary consent in signing this Player Informed Consent Waiver as my own free act and deed with full intention to be bound by the same, and free from any inducement or representation. Failure to follow these guidelines may result in removal from future League activities.

(Signature of Parent/Guardian)

(Date)

(Printed Name of Parent/Guardian)

(Printed Name of Participant(s)/Player(s))

City of Santa Rosa Recreation & Parks COVID Safety Plan for Sports Fields

Youth and adult recreational sports taking place on Santa Rosa City fields must follow California Department of Public Health (CDPH) Guidance: [Outdoor Youth and Adult Sports Guidance 2-26-21](#) as well as local health orders and direction. Competitions within the County may resume if the adjusted case rate is no more than 14 per 100,000 residents. If case rate does not meet this, competitions must be cancelled. It is the Permit Holder/Club/Organization's responsibility to monitor the County case rate and enforce this guidance, as well as prepare a COVID safety plan for their organization that includes the points below. Sonoma County's adjusted case rate is posted in the Coronavirus Data Dashboard on the County of Sonoma website at [Socoemergency.org](#). Guidance and plan subject to change.

- Follow State and County Health Orders & Guidance
- Face coverings to be worn by coaches, support staff and observers at ALL times. Facial coverings required by all when not participating (side lines, to/from the field) and strongly encouraged to be worn during activity (during competition).
- Maintain at least six feet between participants and coaches when possible.
- Observers are not allowed for adult sports at this time.
- Observers for youth sports should be limited to immediate household members for purpose of age appropriate supervision as needed. Limit number of observers to ensure physical distancing and reduce potential crowding.
- No gathering or mixing with other households before or after games.
- No sharing of drink bottles or personal items. No shaking hands or high fives.
- Hand hygiene required before play, during breaks, and at conclusion of play.
- Inter-team competitions (games) are permitted if both teams are from the same county OR in immediately bordering counties where the sport is authorized. Local Health Departments to be notified of any cross-county competitions and reserve right to deny competition.
- Stagger start times to reduce crowds/overlap with other teams.
- No tournaments or events that involve more than two teams. Only one game, per team, per day to be played. Teams must not participate in out-of-state games and tournaments without authorization from County Health Department.
- Practice, skill-building, and training can be conducted outdoors, with 6 feet distancing, and within stable cohorts regardless of case rate or sport.
- Health safety checks required before entering field (health questionnaire, temperature, hand sanitize). No one with symptoms or who is in quarantine for COVID is permitted to attend practices or competitions.
- No food or beverage sales or service
- Outdoor high-contact sports (orange tier) can be played in the purple or red tier with an adjusted case rate of equal to or less than 14 per 100,000 and IF an Informed Consent has been signed by all players or parents/guardians of minors.
- Organizations are responsible for preparing a site-specific safety plan that meets CDPH guidelines, and collecting/maintaining the Informed Consent forms.