



COVID-19 Safety Procedures & Protocols

(Updated February 12, 2021)

Safety Procedures & Protocols

Pacifica National Little League - COVID-19 Manual

TABLE OF CONTENTS

Introduction	5
Phased Approach	5
Compliance	6
Pacifica National Little League Volunteer Training	6
Measures to Protect PNLL Volunteers and Participants	6
PPE & Disinfecting Supplies	6
Parent/Player Contract	7
Liability Waivers	7
Signage	7
Health Screening	7
<i>At Home Screening Questions</i>	8
On Field Screening	9
High Risk Individuals	10
On Field Safety Procedures	10
Removal	10
Attendance	10
Handwashing	10
Social/Physical Distancing Protocols	11
Practice Times	11
Field space	11
Drop-off/Pick-up	11
No Contact/Touching	11

Face Coverings Required	11
Players	11
Adults	12
Limited Exceptions	12
Hand sanitizer	12
Equipment	12
Individual Equipment - No Sharing	12
Necessary Shared Equipment	13
Spectators	13
Restrooms	13
Food and Drink	13
Injuries	13
Phase 1: Team Practice Camps Only	14
Stable Groups of Players and PNLL Volunteers	14
Limits on Other Non-Little League Teams	14
Guidance specific to practices	14
Players only on Field	14
Phase 2: Resumption of Intra-League Games	15
Arriving to a Game	15
The Game Site	15
Social Distancing	15
Food/Drink	15
No Spitting	15
Pre-Game	15
Player Spacing	15
Plate Meetings	16
Game Play	16

Hand Sanitizer	16
Foul Balls	16
Player Placement	16
Face Masks	16
Umpires	17
Post-Game	17
Departing a Game	17
PNLL Cooperation with State & County Reporting of Covid-19 Cases & Contact Tracing	17
Reporting & Contact Tracing for Suspected, Presumptive, and Confirmed Cases	17
What is Contact Tracing and how does it work?	17
Illness or Suspected COVID-19 Case(s)	18
Confirmed COVID-19 Case(s)	18
Close contacts to confirmed COVID-19 Case(s)	18
Informing CDPH of Covid-19 Outbreak	19
Expected Player and Family Response to Suspected or Confirmed Cases and Close Contacts	19
San Mateo County Isolation & Quarantine Guidance	19
San Mateo County Guidelines for Self-Isolation and Quarantine for Suspected Covid-19 Cases	19
Symptomatic individuals – negative test	19
Symptomatic individuals – positive test	20
Asymptomatic individuals – positive test	20
Close contacts – positive test	20
Close contacts – negative test	20
Post Covid-19 Exposure Return to Play Clearance	20
Mandatory Physician's Note for Return to Play	20
Addendum	19

Addendum 1 – Participant Assumption of Risk and Waiver of Liability	19
Addendum 2 - Volunteer Waiver	21
Disclosure	18

1 INTRODUCTION

Organized sports programs are an integral part of our community's path towards re-establishing normalcy in a world coping with the ongoing impacts of COVID-19. We at Pacifica National Little League believe that these programs provide opportunities for the players, parents and communities alike. They help improve the physical and mental capabilities of athletes and serve an important role in providing a sense of community for all of us. We are excited to get back out on the baseball fields in a safe manner.

2 PHASED APPROACH

Under current state guidance (released December 14, 2020), a full return to competition for baseball is not permitted until San Mateo County is in the "Red Tier" or January 25, 2021, whichever is later.¹ Therefore, Pacifica National Little League ("PNLL") has established a "phased" approach to beginning our Spring 2021 season. As long as San Mateo County stays in the "Purple" tier, PNLL will operate in Phase 1 of this plan. Phase 1 will consist of Team Practice Camps only. Once San Mateo County enters the "Red" tier, Phase 2 of this plan will begin allowing the resumption of Pacifica National Little League games.

All requirements and restrictions set forth in this document apply to any and all Pacifica National Little League events, regardless of which phase is in effect, EXCEPT as specifically detailed in the section "Phase 2: Resumption of Intra-League Games."

Guidelines from the Center for Disease Control, State of California, and local authorities are evolving and these practices and protocols are subject to change.

¹<https://www.cdph.ca.gov/Programs/CID/DCDC/Pages/COVID-19/outdoor-indoor-recreational-sports.aspx>

3 COMPLIANCE

Steps will be taken to comply with all applicable and current laws, health orders, or other regulations. Pacifica National Little League has a Health & Safety Board Member who is designated as a COVID-19 supervisor to enforce the protocols listed in this document. Pacifica National Little League will follow San Mateo County and applicable cities' mandated requirements for face coverings and other personal protective equipment (PPE) regarding COVID-19.

An inherent risk of exposure to and transmission of coronavirus/COVID-19 exists in every public place or where people are present. These procedures and protocols are intended to mitigate, but cannot completely eliminate, those risks.

4 PACIFICA NATIONAL LITTLE LEAGUE VOLUNTEER TRAINING

Pacifica National Little League managers, coaches, league officials and volunteers ("PNLL Volunteers") will be provided training on all the protocols in this manual. PNLL Volunteers will be educated on how to recognize the symptoms of COVID-19 and know what to do if they detect or exhibit symptoms. Training on maintaining physical distancing requirements, wellness screening, and practice-specific policies and procedures will be provided to PNLL Volunteers. Additional training for cleaning, sanitizing, and disinfecting will also be provided. Ongoing training will be provided as the policies and procedures changes due to local, county and state health orders and guidelines.

5 MEASURES TO PROTECT PNLL VOLUNTEERS AND PARTICIPANTS

Pacifica National Little League's priority is the safety and wellbeing of our PNLL Volunteers and players. We will take all reasonable precaution to protect against the spread of COVID-19 during all Pacifica National Little League activities. A copy of this document will be provided to all PNLL Volunteers, parents, guardians, and users (electronically or as a hard copy) upon request.

5.1 PPE & DISINFECTING SUPPLIES

PPE and disinfecting supplies will be provided to PNLL Volunteers at a level that is appropriate based on San Mateo County and federal guidelines. This includes hand

sanitizer, disinfectant, gloves, and extra face coverings to be provided to anyone who does not bring their own cloth face covering to any PNLL activity.

5.2 PARENT/PLAYER CONTRACT

All parents/guardians of players will be required to sign a document that requires parents and players to abide by the plan of action set forth in this document. These must be signed prior to being allowed to participate.

5.3 LIABILITY WAIVERS

Pacifica National Little League will provide liability waivers as part of our commitment to this plan of action, which must be signed by all parents/guardians of players and PNLL Volunteers acknowledging that they understand the risks, symptoms, and plan of mitigation regarding COVID-19.

6 HEALTH SCREENING

All individuals must measure their body temperature prior to participating or attending each Little League activity. An individual with any of the following symptoms/conditions cannot attend a Little League activity until evaluated by a medical provider and given clearance to do so:

1. Active COVID-19 infection
2. Known contact with an individual testing positive for COVID-19 within the past 14 days
3. Any of the following symptoms within the previous 3 days:
 - Fever (temperature of 100.4 degrees or greater) or chills
 - Cough
 - Shortness of breath/trouble breathing
 - Night sweats
 - Sore throat
 - Muscle/body aches
 - Loss of taste or smell
 - Headache
 - Congestion or Runny Nose
 - Nausea or Vomiting

Parents/Guardians must perform a health check of their player just prior to attending each Little League activity which includes a mandatory at home temperature check of each player. A player will not be permitted to participate unless this health check is completed.

If any PNLL Volunteer or player has a temperature of 100.4 degrees or greater or any COVID-19 symptoms that are new or unexplained or have had exposure to COVID-19 cases in the past 14 days, they will not be allowed to attend any Little League activity and should fill out the Pacifica National Little League Confidential Reporting COVID-19 Symptoms or Exposure Form.

6.1 AT HOME SCREENING QUESTIONS

This is an example of the At Home Screening questions as currently provided by the TeamSnap mobile team management application.

Have you experienced a fever of 100.4 degrees or greater in the past 14 days?

No? Continue to next question.

Yes! STAY HOME and seek medical care and testing and call 2-1-1 for free community health services.

Have you received a positive result from a COVID-19 test within the last 14 days?

No? Continue to next question.

Yes! STAY HOME and seek medical care and testing and call 2-1-1 for free community health services.

Have you been in contact with anyone while they had COVID-19 or symptoms of COVID-19 within the past 14 days?

No? Continue to next question.

Yes! STAY HOME and seek medical care and testing and call 2-1-1 for free community health services.

In the past 14 days, have you, or someone you have been in contact with, traveled outside your state/province/country or to an area with restrictions due to COVID-19?

No? Continue to next question.

Yes! STAY HOME and seek medical care and testing and call 2-1-1 for free community health services.

In the past 14 days, have you experienced any of the following new symptoms not attributed to another health condition? Select all that apply.

- Fever or Chills
- Cough
- Shortness of breath/trouble breathing
- Night sweats
- Sore throat
- Muscle/body aches
- Loss of taste or smell
- Headache
- Congestion or Runny Nose
- Nausea or Vomiting
- Diarrhea

No? Continue to the field!

Yes! STAY HOME and seek medical care and testing and call 2-1-1 for free community health services.

6.2 ON FIELD SCREENING

PNLL coaches will screen all players that have not already been screened at home, using the questions above upon your player's arrival at the field. Occasionally, coaches may spot check the temperature of players as they arrive.

If any PNLL Volunteer or player has a temperature of 100.4 degrees or greater or any COVID-19 symptoms that are new or unexplained or have had exposure to COVID-19 cases, they will not be allowed to attend. Any PNLL Volunteer or player exhibiting COVID-19 symptoms during a Little League activity shall be physically separated from all other individuals and immediately required to wear a face covering (if not wearing one already) until they can be transported home or to a healthcare facility.

6.3 HIGH RISK INDIVIDUALS

Any individual, including players, with higher risk for severe illness or with a serious underlying medical or respiratory condition, or any individual living with a high-risk individual, should only attend Little League activities with permission from a medical professional, at their own risk, and should strictly adhere to safety guidelines, such as those regarding face coverings, distancing, and handwashing. Such groups include:

- Those with a serious underlying medical condition, including but not limited to heart disease, morbid obesity, diabetes, lung disease, immunocompromised status, and chronic kidney disease
- Those currently residing in a nursing home or long-term care facility
- Those over 65 years old

7 ON FIELD SAFETY PROCEDURES

7.1 REMOVAL

A team manager, acting manager, coach or league official, has discretion to remove from activity, separate, and request parental pick up for any player showing any of the symptoms listed above or who, despite reminders, is not following health and safety guidelines.

7.2 ATTENDANCE

Pacifica National Little League is required to keep a daily recorded log of players that enter fields for practices/games as a means of facilitating contact tracing in the event of potential exposure. The Manager will confirm player attendance for each practice/game.

7.3 HAND SANITIZATION

All players, managers, coaches, volunteers, independent contractors, and spectators should use hand sanitizer immediately before attending any Little League activity.

7.4 SOCIAL/PHYSICAL DISTANCING PROTOCOLS

All players, coaches, volunteers, independent contractors, and spectators must practice social distancing of at least six feet wherever possible from individuals not residing within their household.

7.4.1 Practice Times

Practice times will be monitored and staggered to regulate the number of persons at the field at one time. One team per field at a time during Phase 1. PNLL Volunteers and players within a group may not arrive at the field until the previous group has completely left, so that proper sanitization and cleaning practices can be carried out before a new group of players comes on. Players must wait in their cars until the previous teams have left the field.

7.4.2 Field space

PNLL Volunteers will place line markers or cones that will indicate six-foot spacing prior to players arriving for placement of players' equipment. All areas for practices will be separated by at least six feet including pathways in and out of the facility.

7.4.3 Drop-off/Pick-up

Pacifica National Little League will develop a field-specific plan that accommodates drop off and pick up while adhering to physical distancing guidelines. To the greatest extent possible, adults dropping players off should avoid getting out of their cars. Carpooling is strongly discouraged.

7.5 No CONTACT/TOUCHING

Players and coaches must take measures to prevent all but the essential contact necessary to participate in practice and play. This includes refraining from handshakes, high fives, fist/elbow bumps, chest bumps, group celebrations, etc.

Teams shall also minimize PNLL Volunteer and player contact with high-touch surfaces (e.g. propping open gates) to the extent feasible.

7.6 FACE COVERINGS REQUIRED

7.6.1 Players

Players **MUST** wear face coverings at all times when participating in any Little League activity. This includes on the field of play, when entering or leaving the field, waiting to bat, "on the bench" and arriving to or leaving any Little League activity.

If a coach places the players in an activity that leads to heavy exertion, the players will be allowed to take their face covering off while staying a minimum of 6 feet away from any other person. Once the activity has concluded, the players **MUST** put their face covering back on.

7.6.2 Adults

All adults must wear cloth face coverings at all times. This is mandatory. All adults picking up or dropping off children/youth must wear face coverings.

7.6.3 Limited Exceptions

Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.

7.7 HAND SANITIZER

To minimize sharing of items and reduce possible transmission, we strongly encourage all players to bring their own hand sanitizer with at least 60% alcohol to be used before, after, and during practices and games. Hand sanitizer will also be available at the field, in the event a player forgets or runs out of personal hand sanitizer.

Team managers/coaches shall require players to wash their hands or use hand sanitizer upon arrival to any Little League activity after using the restroom, before water breaks, and after coughing or sneezing.

7.8 EQUIPMENT

7.8.1 Individual Equipment - No Sharing

Players must have their own personal equipment: batting helmet, glove, batting gloves, etc.; this type of personal equipment may not be shared. It is highly encouraged that players also have their own bats and catching equipment (if they catch).

Players should not touch other players' bats, gloves, water bottles, towels, clothing, bags, etc. until shared equipment is allowed per the local, county and state guidelines.

Players should not touch the coach's equipment (bag, clipboard, cones, bat, etc.). Each player will have a designated location for his/her bag and water that meets social distancing guidelines.

7.8.2 Necessary Shared Equipment

Some necessary equipment (e.g., bats, catcher's gear) may not be able to be obtained by every individual. When it is necessary to share such equipment, all surfaces of each piece of shared equipment must be cleaned first and then disinfected with an EPA-approved disinfectant against coronaviruses and allowed sufficient time to dry before being used by another player. Increased attention must be paid to detailed cleaning of all equipment directly contacting the head and face (e.g., catcher's mask).

7.9 SPECTATORS

At this time, only members of the player's immediate household may observe practices or games. Spectators are only allowed at practices if absolutely necessary for age-appropriate supervision. Spectators should be limited so that physical distancing can be maintained.

7.10 RESTROOMS

Restrooms will remain closed until the County is in the Orange Tier. At which point it will be cleaned regularly. Typically, bi-weekly.

7.11 FOOD AND DRINK

No shared or team beverages, snacks, or food of any kind are allowed. Players should bring individual, pre-packaged food, if needed. Players, managers/coaches, and umpires should bring their own personal drinks to all team activities. Drinks should be labeled with the person's name.

7.12 INJURIES

Managers/coaches will only treat injuries that they deem serious. In the event of a serious injury (concussion, broken bone, heat stroke, etc.) the coach will treat injury while wearing sterilized gloves and their mask. In situations where an injury is not deemed serious, players will be placed in a location on the field that is safe and if the player is not able to return to play, the parent will be called for early pickup.

8 PHASE 1: TEAM PRACTICE CAMPS ONLY

8.1 STABLE GROUPS OF PLAYERS AND PNLL VOLUNTEERS

In the Phase 1 of reopening, each Pacifica National Little League team will operate as its own practice camp. Each team will operate as an unchanging (i.e., stable) group of 14 or fewer players. Once assigned to a team and practice camps begin, a player may not change from one team to another.

Pacifica National Little League shall limit, to the greatest extent feasible, the number of teams of children with which each Manager/Coach comes into direct contact. This reduces transmission risk and reduces the number of personnel and players that have to be tested and quarantined if someone on the team tests positive for COVID-19.

Players and PNLL Volunteers from the same households shall be assigned to the same team, whenever possible.

8.2 LIMITS ON OTHER NON-LITTLE LEAGUE TEAMS

Players and PNLL Volunteers should cohort by team and are strongly encouraged to limit participation on any other sports team during the same time period. In addition, a player may not move from one team to another more often than every three weeks.

8.3 GUIDANCE SPECIFIC TO PRACTICES

Only a single team is allowed to practice on a field at any time. Practices are limited to the managers/coaches and players of the team.

8.3.1 Players only on Field

Parents, siblings, and guardians are not allowed on the field. There will be absolutely no congregating or waiting for players on the field. We encourage parents to remain in their vehicle if they choose to stay for the duration of practice.

Players should arrive and depart with members of their own household only.

If there is another team's practice prior to yours, players and families are encouraged to stay in their vehicles or at recommended social distances – at least six feet away from others – until the start of practice.

During use of batting cages, at least 6 feet distancing should be observed whenever possible, including while players are waiting their turn.

9 PHASE 2: RESUMPTION OF INTRA-LEAGUE GAMES

At this time, current county and state guidance do not allow the resumption of youth baseball games. If and when San Mateo County returns to the "Red" Tier, baseball games will be allowed. These guidelines and requirements are subject to change if any updated guidance is released.

9.1 ARRIVING TO A GAME

Players/families/spectators are instructed not to show up to fields more than 40 minutes before game time. If there is a game prior to yours, families and spectators are encouraged to stay in their vehicles until the start of their player's game play to prevent overcrowding of spectator spaces and walkways. Families and spectators should stay at recommended social distance – at least six feet away from others from outside their household – at all times.

9.2 THE GAME SITE

9.2.1 Social Distancing

All spectators must follow social distancing practices — stay at least six feet away from individuals outside their household; wear a cloth face covering; and avoid direct hand or other contact with players/managers/coaches.

Spectators should bring their own seating or portable chairs when possible.

9.2.2 Food/Drink

No food/drink/concession sales will be allowed at facilities until further notice. Families are encouraged to bring their own food/beverages for their own consumption only. Sunflower seeds, gum, etc., are not allowed.

9.2.3 No Spitting

All players, umpires, and managers/coaches are to refrain from spitting at all times, including in dugout areas and on the playing field.

9.3 PRE-GAME

9.3.1 Player Spacing

Each player will be assigned a spot (outside of the dugout) to place their equipment and sit while waiting for their opportunity to play. These spots are to be maintained at least six feet apart and must be placed behind a fence whenever possible. While on offense, the on-deck and in-the-hole batters only are allowed in the dugout.

No personal player bat bags/equipment bags are allowed in the dugout. Player equipment is to be spaced accordingly outside the dugout to prevent direct contact by others.

When instructed to do so, players should place their individual equipment in a well-spaced out manner for inspection by umpires. Umpires should avoid direct contact with equipment where possible but, when required, use hand sanitizer that contains at least 60 percent alcohol before and after the inspection of each individual piece of equipment.

9.3.2 Plate Meetings

Social distancing of at least six feet between individuals should be implemented during all pre-game plate meetings between teams and umpires. Plate meetings should only consist of one manager or coach from each team, and game umpires. All plate

meeting participants should wear a cloth face covering. Players may not be a part of plate meetings.

9.4 GAME PLAY

9.4.1 Hand Sanitizer

Managers shall maintain a supply of hand sanitizer that contains at least 60 percent alcohol and request players and coaches sanitize their hands at the beginning of each offensive half-inning.

9.4.2 Foul Balls

Foul balls landing outside the field of play should be retrieved by participating players, coaches, and umpires. No spectators should retrieve a foul ball.

9.4.3 Player Placement

Players are to stay at their assigned spots when “on the bench” or while waiting their turn to bat. While on offense, only the on-deck and in-the-hole batters are allowed in the dugout.

9.4.4 Face Masks

Umpires, managers, and coaches are required to wear a cloth face covering.

Players must wear a cloth face covering while not on the field of play and are encouraged to wear one while playing if they can do so.

9.4.5 Umpires

Umpires are permitted to position themselves behind the pitcher's mound/circle to call balls and strikes. Umpires are encouraged to keep a safe distance from players as much as possible.

Umpires should limit their contact with the ball, and catchers should retrieve foul balls and passed balls where possible.

9.5 POST-GAME

Little League Baseball suggests lining up outside the dugout, while maintaining at least 6-foot distancing, and tipping caps to the opposing team as a sign of good sportsmanship after a game.

All post-game meetings must maintain at least 6-foot distancing.

9.6 DEPARTING A GAME

Players and families should vacate the field/facility as soon as is reasonably possible after the conclusion of their game to minimize unnecessary contact with players, coaches, and spectators from the next game, ideally within 15 minutes.

10 EXPECTED PLAYER AND FAMILY RESPONSE TO SUSPECTED OR CONFIRMED CASES AND CLOSE CONTACTS

10.1 SAN MATEO COUNTY ISOLATION & QUARANTINE GUIDANCE

Players with suspected or confirmed COVID-19, or suspected or confirmed cases in the household or from close contacts must follow the County of San Mateo Guidelines for Self-Isolation and Quarantine as described in the section below.

10.2 SAN MATEO COUNTY GUIDELINES FOR SELF-ISOLATION AND QUARANTINE FOR SUSPECTED COVID-19 CASES

10.2.1 Symptomatic individuals – negative test

Symptomatic individuals who test negative for COVID-19 can return 72 hours after resolution of fever (if any) and improvement in symptoms. Documentation of a negative test result should be provided to PNLL Manager/Coach and the PNLL COVID-19 Supervisor. In lieu of a negative test result, players and staff may return to play with a medical note by a physician that provides alternative explanation for symptoms and reason for not ordering COVID-19 testing.

10.2.2 Symptomatic individuals – positive test

Symptomatic individuals who test positive for COVID-19 can return 14 days after symptom onset OR 7 days after resolution of fever and improvement in other symptoms, whichever is longer.

10.2.3 Asymptomatic individuals – positive test

Asymptomatic individuals who test positive for COVID-19 can return 14 days after their positive test result.

10.2.4 Close contacts – positive test

If they test positive, close contacts to confirmed COVID-19 cases can return after completing the required isolation period described above.

10.2.5 Close contacts – negative test

If they test negative, close contacts to confirmed COVID-19 cases can return a full 14 days after (1) date of last exposure to COVID-19 positive non-household contact or (2) date that COVID-19 positive household member completes their isolation.

11 POST COVID-19 EXPOSURE RETURN TO PLAY CLEARANCE

11.1 MANDATORY PHYSICIAN'S NOTE FOR RETURN TO PLAY

In addition to compliance with all the required medical, isolation and quarantine guidance above, parents or guardians of players must provide a medical note from a physician with a date for clearing the player for return to play. This note should be provided ONLY to the COVID-19 Supervisor, not to the manager/coach or other team volunteer.

12 ADDENDUM

12.1 ADDENDUM 1 – PARTICIPANT ASSUMPTION OF RISK AND WAIVER OF LIABILITY

12.2 ADDENDUM 2 – VOLUNTEER WAIVER

12.3 DISCLOSURE

This document was created with the intention to complement the San Mateo County, State of California Guidelines and CDC regarding social distancing, sanitation, quarantine and isolation during the COVID-19 pandemic. We have also used guidelines set forth by Little League.² It is a living document that will be updated in accordance to changes that are made in the health orders and guidelines at the local, county and state levels.

² <https://www.littleleague.org/player-safety/coronavirus-update/season-resumptionguide/best-practices/organizing-playing-watching-games/>

Addendum 1

PARTICIPANT ASSUMPTION OF RISK AND WAIVER OF LIABILITY

Relating to Coronavirus/COVID-19

Severe acute respiratory syndrome coronavirus 2 ("SARS-CoV-2"), which is responsible for Coronavirus Disease (collectively "COVID-19"), has been declared a worldwide pandemic by the World Health Organization. COVID-19 is highly contagious and is believed to spread mainly from person-to-person contact.

Consistent with San Mateo County Health directives currently allowing operations of youth sports, Pacifica National Little League (the "Organization"), will offer a Spring 2021 baseball program as set forth on the Pacifica National Little League website ("2021 Season"). In accordance with the 2021 Season, the Organization has put in place preventative measures ("COVID-19 Safety Procedure and Protocols" available at www.pnllbaseball.com) that are intended to reduce the spread of COVID-19 and minimize the risk of infection to the same; however, the Organization does not and cannot guarantee that you, your child(ren), family, friends or others will not become exposed to, or infected with COVID-19 and/or any mutation or variation thereof while attending or participating in any Organization activities. While the 2021 Season includes best practices from government and health organizations, it is recognized that it cannot reduce the risk of infection to zero.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren), myself and others may be exposed to or infected by COVID-19 by participating in, or attending Organization sanctioned and coordinated activities, and that such exposure or infection may result in personal injury, illness, permanent disability, or death. I further understand that the risk of becoming exposed to or infected by COVID-19 during Organization sanctioned or coordinated activities may result from the actions (negligent or not) of myself and others, including, but not limited to, the Organization, its Board, its contractors, its employees, its coaches and other volunteers, and its program participants and their families.

Additionally, by signing this agreement, I voluntarily agree to assume all of the previously mentioned risks and accept sole responsibility for any injury to my child(ren) or myself, illness, death, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)'s participation in Organization activities. On my behalf, and on behalf of my child(ren), I hereby release, pledge not to sue, and hold harmless the Organization, its Board, its

contractors, its employees, its coaches and other volunteers, and its agents, of any and all claims, including all liabilities, actions, damages, costs or expenses of any kind arising out of or relating to exposure or contraction of COVID-19 and/or any mutation nor variation thereof. I understand and agree that this release includes any claims based on the actions (negligent or not) of the Organization, its Board, its contractors, its employees, its coaches and other volunteers, and its agents, regardless of whether a COVID-19 infection occurs before, during, or after participation in any Organization activity.

Signature of Parent/Guardian

Date

Print Name of Parent Guardian

Print Name of Player(s)

Addendum 2

PACIFICA NATIONAL LITTLE LEAGUE VOLUNTEER WAIVER

Assumption of Risk & Release of Liability Agreement Relating to Coronavirus (COVID-19)

READ CAREFULLY BEFORE SIGNING – THIS LIMITS Pacifica National LITTLE LEAGUE’S LIABILITY

The following document constitutes an assumption of risk and release of liability pertaining to employment at and participation in Pacifica National LITTLE LEAGUE (“PNLL”) for the Spring 2021 season.

By signing this Agreement, I acknowledge my understanding that Coronavirus (COVID-19) is an extremely contagious disease that spreads easily through person-to-person contact, and may be spread by persons who are not exhibiting any symptoms. Participating in PNLL activities includes personal contact which carries the risk of contracting COVID-19. I acknowledge and agree to assume all risks associated with potential exposure to COVID-19 and to release the Released Parties from all liability associated with COVID-19 in connection with PNLL activities as set forth in this document. PNLL will take reasonable precautions to mitigate the risk of transmission inherent in the activities, but in no way warrants that COVID-19 infection will not occur through participation in PNLL Activities.

I understand that COVID-19 can cause physical and/or psychological injury, including, but not limited to, serious, permanent bodily injury, paralysis, illness, and/or death, to me. I knowingly and freely assume these risks from any cause, including the alleged action, inaction, or negligence of PNLL, its current and former agents, directors, officers, employees, representatives, volunteers and affiliates, (collectively the “Released Parties”), or by defects in equipment or instruction. I assume full responsibility for my participation in PNLL Activities. I understand that the risk of becoming exposed to or infected by COVID-19 at PNLL Activities may be associated with the actions, omissions, or negligence of myself and others, including, but not limited to, volunteers, and program participants and their families.

I agree not to make a claim against or sue the Released Parties, and I release, forever discharge, and agree to defend, indemnify, and hold harmless the Released Parties from and against all demands, actions, claims, rights, causes of action, losses, liability,

costs, and expenses, including attorneys' fees, related in any way to the Coronavirus (COVID-19) arising out of or in connection with my participation in PNLL Activities, whether caused by the action, inaction, or active or passive negligence of the Released Parties, myself or any other party, or otherwise, and whether a COVID-19 infection occurs before, during or after participation in PNLL activities. This Agreement shall be governed by California law and shall be interpreted as broadly as possible under the law.

This assumption of risk and release of liability is binding on myself and my heirs, executors, representatives, administrators, and assigns. This signed assumption of risk and waiver of liability is effective as of the date that it is signed.

(Signature)

(Date)

(Print Name)

(Address) (City) (Phone Number)