



REOPENING PROTOCOL FOR ALMADEN NJB & MEASURES TO ENSURE PLAYER AND COACH SAFETY

Consistent with State and Local guidelines, this document outlines Almaden Valley NJB Covid-19 protocols for the 2020/2021 season. Guidance is subject to change based on updates to the protocols by State and Local officials. Any changes or modifications to this document will be communicated to league personnel, parents, and players within a timely manner.

It is the intent of AVNJB to provide a safe environment for all parties. All coaches and players must adhere to the following at all times.

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Social Distancing Protocol

- ✓ Physical distancing of six (6) feet between each player and between players and coaches is always required. Youth sports are limited to activities that enable players and coaches to maintain a physical distance of at least six feet between each other. These activities include, but are not limited to training, conditioning, and skills-building activities. Contact sports cannot practice in the same manner as they used to practice prior to COVID-19. Therefore, scrimmages and games are prohibited at this time.
- ✓ All practices will take place at outdoors courts.
- ✓ Players seated off-court (e.g., bench, sideline, baseline) will be required to maintain a physical distance of 6 feet while in the area.
- ✓ Players and coaches are discouraged from making unnecessary physical contact with one another (for example, high-fives, handshakes, fist bumps) to limit the potential for disease to spread.

Face Coverings

- ✓ All league personnel and coaches are required to wear a mask at all times. If any personnel are unable to wear a face covering for medical reasons, they shall not be allowed to have direct contact with players.
- ✓ All adults picking up or dropping off children/youth shall wear face coverings.
- ✓ Players age 6 through 11 should be strongly encouraged, but are not required, to wear face coverings within their stable group.
- ✓ Players age 12 and older must wear face coverings, except when; 1) players are actively exercising outdoors, provided that they remain at least 6 feet distance from others at all times;



and (2) when engaged in activities during which wearing a face covering may pose danger. In addition, players may remove their face covering for a short period of time if they are experiencing difficulty wearing their face covering.

- ✓ Only individuals who have been instructed not to wear a face covering by their medical provider due to a medical condition, mental health condition, or disability that prevents wearing a face covering are exempt from these guidelines. Authorization for exemption by medical provider must be submitted to AVNJB.

Cohorts/Stable Groups

- ✓ All Programs must maintain stable groups of Children/Youth and Personnel.
- ✓ Players will be assigned to stable groups that are as small as practicable, and groups can include no more than 12 players per group. This 12-child limit does not include coaches.
- ✓ Players shall not move from one team to another.
- ✓ This reduces transmission risk and also reduces the number of personnel and players who would have to be tested and quarantined in the event that someone in the league tests positive for COVID-19.
- ✓ Parent participation is not allowed at this time to minimize the number of adults in close contact with players and coaches.
- ✓ Players may participate in only one sports or after school program at a time and may not move from one program to another more than once every 3 weeks.
- ✓ AVNJB and Coaches are responsible for maintaining enrollment and attendance records, and should verify families' compliance with these restrictions to the extent feasible.

Record Keeping

- ✓ AVNJB shall maintain records of coaches and players assigned to each stable group, any changes to those assignments, and the dates of such changes.
- ✓ Coaches shall maintain daily attendance records for players.
- ✓ AVNJB and Coaches shall track and document incidents of possible exposure.
- ✓ All records required to be maintained by this Directive shall be kept for a minimum of 1 month to allow the Santa Clara County Public Health Department to conduct case investigation and contact tracing in the event that a COVID-19 case or close contact is identified in connection with AVNJB.

Hygiene, Cleaning, and other Safety Measures

- ✓ AVNJB encourages all players to bring their own basketball. When sharing a basketball is necessary for certain drills, each basketball will be sanitized prior to use. Coaches shall minimize sharing of practice materials to the extent feasible.
- ✓ Sharing water bottles and food/snacks is prohibited.
- ✓ Practice times will be staggered, and coaches are asked to spray or wipe benches (if applicable) after their scheduled practice time.
- ✓ AVNJB will provide adequate supplies to support healthy hygiene behaviors, including sanitizer, wipes and/or disinfecting spray, for coaches and players.
- ✓ Coaches shall ensure players use hand sanitizer upon arrival, after using the restroom, and after coughing or sneezing. These routines should be conducted with appropriate distancing.



Health Screening

- ✓ Daily COVID-19 symptom screening for all coaches and players, on-site and/or prior to arrival.
- ✓ AVNJB will utilize a health screening questionnaire in accordance with CDC guidelines.
- ✓ Coaches will conduct temperature checks using a touchless thermometer before each player is approved for practice.
- ✓ Any player or coach exhibiting symptoms should immediately be required to wear a face covering (if not wearing one already) and wait in an isolation area until they can be transported home or to a healthcare facility, as soon as practicable.

Covid-19 Testing & Reporting

- ✓ AVNJB shall require players and/or coaches to get tested as soon as possible after they develop one or more COVID-19 symptoms or if one of their household members or non-household close contacts tested positive for COVID-19 (Covid-19 symptoms can be found on the CDC website).
 - In lieu of a negative test result, Programs may allow symptomatic children/youth and personnel to return with a medical note by a physician that provides alternative explanation for symptoms and reason for not ordering COVID-19 testing, or by the guidelines listed below for returning.
- ✓ Return to Program:
 1. Symptomatic individuals may return 14 days after symptom onset OR 7 days after resolution of fever and improvement in other symptoms, whichever is longer.
 2. Asymptomatic individuals who test positive for COVID-19 may return 14 days after their positive test result.
- ✓ Parents/guardians and Coaches are to immediately report to AVNJB if players or personnel test positive for COVID-19, or if one of their household members or non-household close contacts test positive for COVID-19.
- ✓ Close contacts to confirmed COVID-19 case(s):
 1. All players or personnel who had close contact with a COVID-19 positive person (including all members of a stable group with the COVID-19 positive person) must be sent home and instructed to get COVID-19 testing and remain quarantined at home for 14 days. A **close contact** is defined as someone who was within six feet from the person who tested positive for at least 15 minutes. They should stay home even if they test negative, remain in quarantine for a full 14 days after (1) date of last exposure to the COVID-19 positive person or (2) if the COVID-19 positive person resides in their household, the date that the COVID-19 positive household member completes their isolation.
- ✓ AVNJB will notify all players and coaches of any positive COVID-19 case or close contact while maintaining confidentiality as required by state and federal laws.
- ✓ No actions need to be taken for persons who have not had direct contact with a confirmed COVID-19 case, and instead have had close contact with persons who were in direct contact.



AVNJB Contact Information

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Table 1. Steps to Take in Response to Confirmed or Suspected COVID-19 Cases and Close Contacts

Scenario	Immediate Actions	Communication
<p><u>Scenario 1:</u> A child/youth or personnel member either exhibits COVID-19 symptoms, answers “yes” to a health screening question, or has a temperature of 100.00 or above.</p>	<ul style="list-style-type: none"> • Child/youth and personnel sent home • Child/youth and personnel instructed to get tested 	<p>No action is needed</p>
<p><u>Scenario 2:</u> A family member or someone in close contact with a child/youth and personnel member (outside the Program community) tests positive for COVID-19</p>	<ul style="list-style-type: none"> • Child/youth and personnel sent home • Child/youth and personnel instructed to get tested • Child/youth and personnel instructed to quarantine, even if they test negative, for a full 14 days after (1) date of last exposure to COVID-19 positive non-household contact or (2) COVID-19 positive household member completes their isolation • If child/youth or personnel test positive, see Scenario 3 below • Program administration notified 	<p><i>For the Involved Child/Youth, Family or Personnel Member:</i> Template Letter: Household Member or Close Contact With COVID-19 Case</p>
<p><u>Scenario 3:</u> A child/youth and personnel member tests positive for COVID-19.</p>	<ul style="list-style-type: none"> • Child/youth and personnel sent home if not already quarantined • Child/youth and personnel instructed to isolate for 14 days after symptom onset OR 7 days after resolution of symptoms, whichever is longer. (If never symptomatic, isolate for 14 days after positive test.) • Program-based close contacts identified and instructed to test & quarantine for 14 days <ul style="list-style-type: none"> ○ In stable elementary classroom cohorts: entire cohort ○ In other settings: use seating chart, consult with teacher/staff • Program administration notified • Public Health Department notified 	<p><i>For Positive Case Child/Youth, Family and Personnel:</i> Template Letter: COVID-19 Case</p> <p><i>For Child/Youth, Family or Personnel Member Identified as Close Contacts:</i> Template Letter: Household Member or Close Contact With COVID-19 Case</p> <p><i>For All Other Child/Youth, Family or Personnel Member:</i> Template Letter: COVID-19 Case in Our Community</p>

Table 2. Steps to Take in Response to Negative Test Result

Scenario	Immediate Actions	Communication
A child/youth and personnel member tests negative for COVID-19 after Scenario 1 (symptomatic)	<ul style="list-style-type: none"> Child/youth and personnel may return to program 72 hours after resolution of fever and improvement in other symptoms 	Child/youth, family or personnel to bring evidence of negative COVID-19 test or medical note if testing not performed
A child/youth and personnel member tests negative after Scenario 2 (close contact)	<ul style="list-style-type: none"> Child/youth and personnel must remain in quarantine for a full 14 days after (1) date of last exposure to COVID-19 positive non-household contact or (2) date that COVID-19 positive household member completes their isolation 	No action is needed
A child/youth and personnel member tests negative after routine surveillance testing (no symptoms and no close contact to a confirmed COVID-19 case)	<ul style="list-style-type: none"> Can return to program/work immediately 	No action is needed