

Irondequoit Little League (IRLL):

Return to Play Plan/COVID-19 Protocol

Overview

This plan is designed to create a safe environment for players, coaches, umpires, volunteers, and members of their household or immediate family while they are participating in youth baseball and softball activities with IRL in Irondequoit, New York.

Table of Contents

- Universal Guidelines
- Coach/Volunteer Guidelines
- Player Guidelines
- Umpire Guidelines
- Game Guidelines
- Family Member Guidelines
- Equipment Guidelines
- Dugout Guidelines
- Concession Stand Guidelines
- Restroom Guidelines

Universal Guidelines

All persons participating in Irondequoit Little League (coach, player, volunteer, umpire, spectator) must abide by these universal guidelines while at the facilities.

- If you or a member of your household are sick, please stay home.
- If you or a member of your household becomes sick or begins experiencing symptoms of COVID-19, notify Irondequoit Little League as soon as possible.
- Practice social distancing (a minimum of 6 feet) when outside at all times, when not around your immediate family or other household members. When not able to socially distance, wear a well-secured paper or cloth mask that covers your nose and mouth (PPE).
- When inside our facilities, wear PPE.
- Frequently wash your hands for a minimum of 20 seconds or use hand sanitizer, especially after touching common surfaces (doorknobs, light switches, gate latches, handles, etc.)
- No spitting, eating of sunflower seeds, or chewing of gum on the premises.

Coach/Volunteer Guidelines

Coaches, managers, and other assistants must follow these guidelines:

- Disinfect multi-use items (bats, helmets) if players do not have their own.
- Minimize the number of coaches and assistants for games & practices.
- Clean/disinfect team equipment.
- Clean/disinfect high touch surfaces before and after games & practices.
- Wear appropriate PPE when not maintaining social distancing.

Player Guidelines

Players are to follow these guidelines at all times:

- When not in the field, they must wear PPE if not able to keep social distancing. If social distancing is maintained, PPE is not required.

- When in the field of play, wearing PPE is optional.
- Use or touch only their own equipment.
 - If they do not have their own equipment, use team's which will be cleaned between uses.
- Bring their own beverage and do not share.
- Follow dugout guidelines.

Umpire Guidelines

Umpires are to follow these guidelines at all times:

- Wear PPE if unable to keep social distancing.
- Plate umpire has the option of calling behind the pitcher's mound or two feet behind the catcher, but must wear PPE.
- Umpires will not handle baseballs.
 - Passballs and foul balls will be retrieved by players.
- Pre-game player's equipment check is visual only.

Game Guidelines

Pregame, in-game, and post-game guidelines are to be followed at all times:

- Show up a maximum of 40 minutes before game time.
- Game field must be exited completely and cleaned by previous teams before any new teams enter the field and dugouts.
- 15 minute maximum pre-game warm-ups for each team.
- No pre-game meeting at the plate with umpires and coaches.
- Foul balls will be retrieved by players only, not spectators, not coaches, not umpires. If touched by another, the ball will be disinfected before being reintroduced.
- No physical contact celebrations between players (i.e. high fives, fist bumps, etc).
- End of game - line-up out front of dugouts and tip hats in good sportsmanship.
- All high touch surfaces must be sanitized before any other team is permitted on the field or in the dugout. Clean and disinfect common contact points of field.
 - Dugouts, fences, gate latches, benches, bleachers, etc.
- Must leave premises no later than 20 minutes after the end of the game.

Family Member Guidelines

Household and immediate family members are to follow these guidelines at all times:

- Each participant can have only 2 spectators present at the field in the designated areas.
- Spectators must bring their own seats and sit along the outfield fence or in their cars.
- Do not retrieve foul balls.
- Children under the age of 8 need to be accompanied by an adult.

Equipment Guidelines

Guide to equipment use at all times:

- Players are not to share their equipment.
- Players who need equipment, will use the team's equipment.
 - If team equipment is used, it must be disinfected after each use.
- Equipment bags are to be placed outside of the dugout separated from each other.
- Players must bring their own beverages.

Dugout Guidelines

Guide to dugout use at all times:

- Only 1 coach inside the dugout at a time.
- Only 2 players inside the dugout at a time.
- Remainder of the team is separated on the bleachers outside the dugout or along the fence in assigned places.
- Must be cleaned and disinfected after each game/practice using EPA approved household disinfectant or a solution of diluted household bleach.

Concession Stand Guidelines

Guide to the concession stand at all times:

- The concession stand at the King's Highway complex will remain closed until the Spring 2021 season

Restroom Guidelines

Guide to restroom use at all times:

- One occupant at a time unless accompanying a child.
- Wash hands before exiting.