



Irondequoit Little League Baseball Rookie Rules



Field Setup

1. Diamond Size: 60' between bases. 35' pitcher to batter.

Pre-Game

1. Game Start-up
 - a. Players and coaches should arrive at the field 30 minutes before the scheduled game time.
 - b. Players should warm up for 15-20 minutes prior to the start of a game.
 - c. First Base Bench is reserved for home team. Home team is responsible for field layout, including base positioning and base bag removal after game.
 - d. The league is responsible for cancelling a game due to poor weather. If a team needs to cancel a game for another reason all players and the commissioner need to be informed.
 - e. Only registered and uniformed players will be allowed to play.

Game Rules

1. Length of the Game

- a. Length of the game should be four innings or about 1 ½ hours of play.

2. Scoring

- a. Each team will be limited to three (3) outs or five (5) runs per inning (whichever comes first) for the entire game.
- b. No official score will be kept and there will be no official standings.

3. Players

- a. The intent of this league is to instruct the players and provide the opportunities for multiple field positions during the course of each game. While considering safety of each player, managers should assign players to several different positions throughout the game.
- b. All players present for the games must play defensively for the entire game. The six normal infield positions are played, with all remaining players playing the outfield. Normal infield positions are defined as having the infielders positioned no closer than the base lines. The outfielders should be at least twenty-five (25) feet beyond base lines or on the outfield grass
- c. Each player will be included in the batting order. The batting order will be adhered to for the entire game and will include all team members present. Every player will get a turn at bat. If a player arrives after the game has started, they will be placed at the bottom of the batting order.

4. Hitting

- a. As per Little League rules there is no on deck circle. The only person with a bat in their hands is the player batting at home plate.



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- b. Coaches will pitch to their own players. Players should have a maximum of six missed swings. If the sixth pitch is fouled off then the batter is still alive. Otherwise the coach will bring out the tee and the batter will hit off the tee.
- c. Coaches should set up about 20' from home plate to pitch, adjust this based on the size of the player. Kneeling is usually the best way to pitch so that you are at their eye level but be aware of line drives coming back at you. The opposing teams "pitcher" should set up behind and to the side of the coach about 35' from home plate.
- d. Since teams will field a catcher any ball hit in fair territory is in play.

5. Base Running and Sliding

- a. Base runners may not advance on an overthrow
- b. Base runners may advance two bases on a ball hit past the outfielders.
- c. Do not encourage runners to slide into first base and only allow them to slide at the other bases on a play at that base for the safety of all players.

6. Equipment

- a. Official Little League helmets MUST be worn by all batters and base runners.
- b. Catchers MUST wear helmet, mask, chest protector, shin guards, and protective cup.
- c. Long pants MUST be worn. NO SHORTS are allowed.
- d. Protective cups should be worn by all players.
- e. The pitcher and first baseman are required to wear helmets while fielding.
- f. All bats issued by the league are legal. All other bats must meet Little League standards. For example, wooden bats must have tape on the handle. For further information refer to the Little League Rule Book.

7. Miscellaneous

- a. If thunder/lightening is detected players should wait in their cars for 30 minutes without any further activity.
- b. Encourage positive cheering for both teams from all spectators.
- c. **There will be no on-deck circle, and no swinging the bat until the player is at the plate as per Little League Rules. This is for the safety of all players.**
- d. Coaches or parents will act as umpires.

**ANY QUESTIONS OR CONCERNS SHOULD BE DIRECTED TO THE ROOKIE
COMMISSIONER**