

Frequently Asked Questions

What day will they practice?

This will be determined after evaluations when the teams are made. The coaches will ask the team what days they are available and then determine the best day to practice. There is also a place in the registration questions for you to submit the days you cannot practice.

When are games?

Typically, Saturday mornings. We do have two holiday weekends during our season, so those weeks the games will be played on a weekday evening.

How much? And what is included?

\$150 for residents \$180 for non-residents
Jersey, City Fees, Gym and Equipment Usage

When?

4th + 5th grade evaluations July 19th

6th-8th grade evaluations July 26th

Season runs Approx. Aug. 9th-Oct.24th

Where?

Games and practices will be held at Cahaba Heights Elem., Rec. Center, and the old Central school.

What other items will my daughter need?

Knee pads and black shorts