

**Taughannock Soccer Club  
Player COVID-19 Code of Conduct**

I will review arrival/departure protocols & hygiene recommendations prior to my sessions and games.

I will get dressed as much as possible at home.

I will wash hands thoroughly before and after training & games. I will avoid touching my eyes/mouth/nose as much as possible. I will sanitize my hands at half-time of a game.

I will bring my own equipment (face mask, hand sanitizer, at least two water bottles clearly marked with name, pinny if one has been issued, towels, etc.) so that I don't share equipment with other players. (I will not bring my own ball.)

I will wear a face mask & maintain social distancing while walking to the field.

I will check in at the check-in station, sanitize hands upon arrival and have my temperature taken.

I will place personal items at my personal station and maintain a distance from others.

I will respect & practice social distancing and wear a mask when not actively participating.

I will avoid celebrations, handshakes, high-fives, etc

I will not share water, food or equipment.

I will cover my mouth & nose with a bent elbow or tissue when I cough or sneeze. I will avoid spitting.

I will clean & disinfect my training gear (including my pinney if issued by my coach) after every session and game.

I will take my temperature daily. I will not participate in sessions or games if I am sick, have symptoms, have been in close contact with someone who is or may be sick or have travelled to a restricted state in the past 14 days.

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Player Name

Date

(updated 8/26/2020)