



McLean Little League Safety Measures Policy During COVID-19

McLean Little League has now played 2 full seasons (Summer 2020, Fall 2020) without, to our knowledge, any COVID transmission during MLL practices or games. Our guidelines for those two seasons were based on CDC, VA Department of Health and Fairfax County Department of Health guidelines. We have updated our guidelines once again for the start of the Spring 2021 season. We will continue to update these guidelines as the season goes on and our COVID situation continues to evolve.

In consultation with all entities listed above, as well as Little League International best practices, MLL safety guidelines for players, coaches, and spectators will include but are not limited to the following recommendations for all games and practices until further notice or modification:

1. All players, coaches, umpires, and spectators should check their temperature at home prior to arriving at MLL. If any person has a temperature over 100 degrees, he/she must stay home.
2. If you or your player are feeling unwell, i.e., cough, runny nose, aches, fever, malaise, do NOT come to MLL.
3. If a coach, umpire or player tests positive for COVID-19 we request that you immediately report that information to the President of the League as well as the appropriate VPs of Baseball, Softball or Developmental Baseball.
4. All adults (parents, guardians, and coaches) will be required to wear face coverings or masks if within 6 feet of other people. All players are asked to wear masks while in the dugout or within 6 feet of other people, and allowed to wear them while playing.
5. Spectators should physically distance with people not in their immediate family and are encouraged to wear masks.
6. Players and teams will not be allowed to bring snacks for players. The only item allowed on MLL property will be personal water bottles. There will be no sharing of drinks.
7. The players in the dugout will be spaced out by having some players sit in the dugout and pitching bullpens.
8. Players will be required to use their own equipment. Catcher's gear will not be shared, each team will be provided with two sets of catchers gear for those players that do not have their own and teams will have access to additional gear, if needed.
9. Each team will have a "COVID Coach" assigned to watch for all sanitization and social distancing guidelines during the game.
10. We would like to minimize physical contact between players. There will be no handshake line after games and physical celebrations should be limited to fist bumps.



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11. Prior to participation in practice or game, all coaches, umpires and players will sign MLL's COVID-19 Release and Waiver.