

OPTIMIST CLUB OF NAPLES

COVID 19 GUIDELINES

Help us provide a safe atmosphere for return to play by following these guidelines:

Sick = Stay Home:

Players, Coaches and family members who show symptoms of being sick should not attend practices, games or events for any reason.

Practice Mitigation Procedures:

1. Practice arrival times will be staggered 10 minutes apart to ensure less players arrive at one time.
2. Players will go to the closest entrance to their field to join their team. Parents will stay off the fields, in the parking lot or vehicle unless they need to escort a player age 9 or younger to or from a practice field.
3. Coaches will ask all players if they or anyone in their family is sick.
4. Coaches will wear face coverings at all practices and games. Coaches will have sanitizer on the bench at all practices and games.
5. Soccer balls and equipment will be sanitized.
6. There will be no snack schedule to provide hydration or food.
7. Each player will be responsible their own water and be told not to share food or water with others
8. Players will not carry or handle any equipment but their own.
9. Players will wear their own practice vest and not share with any other player.
10. Players will keep their water and equipment away from their teammates.
11. Players will sanitize their hands at the beginning and end of every practice.
12. There will be no more than 20 players per practice field in groups of no more than 10 people.
13. There will be no team pictures, award ceremonies, or large group gatherings at the field.
14. Hand contact of any kind will be prohibited. (i.e. handshakes, high fives, etcetera.)
15. Parents may not be on the training soccer fields during training sessions. Parents must wear masks.
16. Parents must practice social distancing.

Game Day Mitigation Procedures:

1. All coach and player Practice Mitigation Procedures will remain the same for game day.
2. Parents and players will be asked to social distance upon arriving and entering the complex.
3. Parents will be asked to socially distance appropriately on the sideline and wear a face covering where social distancing is not possible.
4. After the game players and parents should socially distance as they leave the park and go home.