

2018 Rules of Competition Chart

	U6	U7	U8	U9	U10	U11	U12	U13-U14	U15-U16	U17-U19
# of Players on Field	4	4	4	7	7	9	9	11	11	11
Max # of Players on Roster	8	8	8	12	12	14	14	18	22	22
Max # of Players for a Game	8	8	8	12	12	14	14	18	18	18
Minimum # of players	n/a	n/a	n/a	5	5	6	6	7	7	7
Game Time Period (Minutes) - (a)	4 x 8-10	4 x 8-10	4 x 8-10	2 x 25	2 x 25	2 x 30	2 x 30	2 x 35	2 x 40	2 x 45
Time Between Periods (Minutes)	5	5	5	5	5	5	5	5	5	5
Overtime (Minutes)	No	No	No	No	Competition Dependent	2 x 10	2 x 10	2 x 10	2 x 15	2 x 15
Ball Size	3	3	3	4	4	4	4	5	5	5
Field Width (yards) - (b)	15-25	15-25	15-25	35-45	35-45	45-55	45-55	50-75	50-75	50-75
Field Length (yards) - (b)	25-35	25-35	25-35	55-65	55-65	70-80	70-80	100-115	100-115	100-115
Build out Line (g)	Half Line	Half Line	Half Line	Halfway between goal and halfway line	Halfway between goal and halfway line	Halfway between goal and halfway line	No	No	No	No
Center Circle Radius (Yards)	3	3	3	8	8	8	8	10	10	10
Goal Area (Yards)	none	none	none	4x8	4x8	5x16	5x16	6 X 20	6 X 20	6 X 20
Penalty Area (Yards)	none	none	none	12x24	12x24	14x36	14x36	18 X 44	18 X 44	18 X 44
Corner Arc Radius (Feet)	2	2	2	3	3	3	3	3	3	3
Goal Size (feet) - (c)	4 x 6	4 x 6	4 x 6	6.5 x 12 to 6.5x18.5	6.5 x 12 to 6.5x18.5	6.5x18.5	6.5x18.5	8 X 24	8 X 24	8 X 24
Slide Tackling	No	No	No	No	No	Yes	Yes	Yes	Yes	Yes
Heading	No	No	No	No	No	No	Yes	Yes	Yes	Yes
Goalkeeper	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Goalkeeper Punts & Dropkicks	No	No	No	No	No	No	Yes	Yes	Yes	Yes
Offside Rule - (d) (f)	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Penalty Kick Distance (Yards)	No	No	No	10	10	10	10	12	12	12
Direct Free Kicks	No	No	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Free Kick Defender Distance (yds)	3	3	3	5	5	7	7	10	10	10
Retake on Throw-In or Kick-Off	Yes	Yes	Yes	No	No	No	No	No	No	No
Throw-In Defender Distance (yds)	2	2	2	2	2	2	2	2	2	2
Goal Scored From Goal Kick	No	No	No	No	No	Yes	Yes	Yes	Yes	Yes

a) USSF recommended quarters or periods for U6 to U8,

b) Sizes are USSF recommended deminsions. Adjustments to fit physical constraints or permanent markings is acceptable.

c) US Youth recomends 6 x 12 foot goals for U9.

d) The offside rule will not be enforced for U6-U8. However, players cherry picking or standing in front of the opponent goal will be called offside.

e) No player aged 10 or younger should be heading the ball - USSF and US Youth restriction.

f) The offside line for U9-U11 will be the buildout line. A player cannot be called offside if between the halfway line and the build out line. At U12 offside is called at the halfway line.

(g) Opposing players must move beyond the buildout line when the goalkeeper has possession of the ball or a goal kick is being conducted.