



# USA Softball of Southern California

## All Participants

**\*All participants must follow the direction of County and State Health Officials AND any guidelines set forth by the individual parks, (ie. Entry/Exit Procedures, snack bar restrictions, crowd control, etc.)**

### Complex / Park Staff

- Instruct any staff exhibiting symptoms to stay home.
- Drinking fountains should be inoperable.
- Use local guidelines for frequency of bathroom cleaning.
- Install disinfecting wipes in restrooms for personal use.
- Provide easy access to handwashing stations or hand sanitizer throughout the ballpark.
- Caution tape or remove bleachers when applicable. Bleachers may be used to accommodate player social distancing as an extension of the dugout
- Recommended to wear mask and gloves when in contact with spectators, coaches or participants.
- Post COVID-19 recommendations throughout complex.
- Staff should sanitize dugouts in between each team turnover.
- Staff should sanitize all high traffic areas on a regular basis throughout the day.

### Tournament Director

- Be aware of local restrictions of out of town teams.
- Communicate with all coaches leading up to event on COVID-19 and the preventative measures being taken for the event.
- Instruct that if they are exhibiting symptoms or if they have a fever, they need to stay home.
- Work with the complex staff to ensure all safety measures are in place or come up with an alternate way to meet the guidelines.
- Instruct spectators to bring their own chairs and caution tape off the bleachers. Bleachers may be used to accommodate player social distancing as an extension of the dugout
- Recommended to wear mask and gloves when in contact with spectators, coaches or participants.
- Game schedules will be modified to minimize the amount of time spent in the park.

### Umpire

- Conduct daily self-evaluation assessments. Anybody experiencing symptoms or living with somebody experiencing symptoms must stay home.
- Follow the direction of the COVID rule and mechanic procedures handed out from the assignor or UIC.
- Use verbal exchange of lineup changes from safe distance from coach and to opposing team.
- No players should be allowed to participate in pre-game meeting. Only umpires and one coach per team.
- Maintain 6 feet from any player as a starting position.
- Should not handle equipment on the field during a play.
- Umpire to coach interaction must be at least 6 feet apart.
- Instruct the catcher to move away from the plate 6 feet while brushing off the plate.

### Coaches

- Conduct daily self-evaluation assessments. Anybody experiencing symptoms or living with somebody experiencing symptoms must stay home.
- Ensure that players, coaches and team's spectators are following COVID 19 prevention measures.
- Encouraged to wear masks. Must be neutral and non-distracting if worn during games.
- Recommended to bring and frequently use hand sanitizer.
- Coach to umpire or player interaction must be at least 6 feet apart.
- Players and coaches are encouraged to refrain from celebratory physical contact with each other or opponents on and off the field of play. This includes no post-game handshakes.
- Responsible for ensuring the dugout is cleaned and sanitized upon arrival into the dugout.
- All post game team meetings must be conducted outside the perimeter of the park. Teams must immediately exit the park upon completion of the game. (exception back to back games)

### Players

- Conduct daily self-evaluation assessments. Anybody experiencing symptoms or living with somebody experiencing symptoms must stay home.
- Encouraged to wear masks between games. Not required. Must be neutral and non-distracting if worn during games.
- Recommended to bring and frequently use hand sanitizer.
- Coach to player interaction must be at least 6 feet apart.
- Equipment bags should be hung up or placed on the ground at least 6 feet apart.
- No sharing of equipment including bats, helmets, training tools, etc. Balls are ok.
- Do not share water bottles or coolers.
- Players are encouraged to refrain from any sort of congratulatory touching including hugs, high fives, etc.

### Spectators

- Conduct daily self-evaluation assessments. Anybody experiencing symptoms or living with somebody experiencing symptoms must stay home.
- Parents and spectators should be kept as minimal as possible and must maintain social distancing of 6 feet from any non-household member.
- There will be no bleacher seating. Spectators are asked to bring their own chairs and sit along outfield and foul lines.
- Encouraged to wear masks between games.
- Spectators should wait for their team's games to begin before entering the park and should immediately exit upon conclusion.
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## PRACTICE PLAN - FASTPITCH

### Prior to Practice

- Follow the direction of County and State Health Officials.
- Have players conduct daily self-evaluation assessments prior to attending practice.
- Anybody experiencing symptoms or living with somebody experiencing symptoms must stay home.
- Communicate with all team members leading up to event on COVID-19 preventative measures.
- Sanitize dugout benches, common area, and any equipment being used during practice (bownets, buckets).
- Coaches should sanitize their hands after wiping down all surfaces.

### During Practice

- Follow the direction of County and State Health Officials.
- Upon arrival, players should sanitize their hands.
- Upon arrival, parents or spectators should sanitize their hands.
- Parents and spectators should be kept as minimal as possible and must maintain social distancing of 6 feet from any non-household member.
- Equipment bags should be hung up or placed on the ground at least 6 feet apart.
- No sharing of equipment including bats, helmets, training tools, etc. Balls are ok.
- Do not share water bottles or coolers.
- Players should maintain social distancing of 6 feet whenever possible.
- Players should refrain from any sort of congratulatory touching including hugs, high fives, etc.

### After Practice

- Follow the direction of County and State Health Officials.
- Players should sanitize their hands.
- Parents or spectators should sanitize their hands.
- Coaches should sanitize their hands.
- Sanitize dugout benches, common area, and any equipment used during practice (bownets, buckets etc).