

QUINCY LITTLE LEAGUE COVID-19 PROTOCOLS

We, the Quincy Little League, have implemented the following safety guidelines to be followed during 2021 practices and games. All spectators, players, coaches and volunteers must be aware of these guidelines, and compliance with the items listed below is mandatory.

**MASKS ARE MANDATORY AT QUINCY LITTLE LEAGUE
INDIVIDUALS REFUSING TO WEAR A MASK WILL BE ASKED TO LEAVE THE COMPLEX**

League Responsibilities

The league will take a leadership role regarding all safety policies.

1. The league will establish recommended safety procedures.
2. The league will communicate these policies to all players, managers, coaches, umpires, volunteers, and spectators to ensure compliance during practices and games.
3. The league will continue to monitor state, local and Little League International guidelines for practices and games, and will update and communicate any modifications to managers and parents as applicable.
4. The league recommends that every parent/guardian review our local COVID-19 state guidelines, as our league will be required to adhere to the guidance by Plumas County Public Health (PCPH).
5. The league will provide hand sanitizer to teams so that it is readily available for all volunteers and participants.
6. The league recommends limited contact for travel to and from home and away games to preserve the safety of players and volunteers.

IMPORTANT: SYMPTOM CHECKS/COVID-19 EXPOSURE

All players, managers, coaches, umpires, volunteers, and spectators must conduct a daily symptom check before participating in practices and games. **No one should come to the complex if they are not feeling well!!**

1. Symptoms discussed below include, but are not limited to the following:
 - a. Active COVID-19 infection
 - b. Known contact with someone who tested positive for COVID-19
 - c. Fever
 - d. Cough
 - e. Loss of sense of smell and/or taste
2. Players, managers, coaches, umpires, volunteers, and spectators must stay home if any of these conditions exist:
 - a. They exhibit symptoms listed above or live in a household with someone who does
 - b. They, or a member of their household, have tested positive for COVID-19
 - c. They, or a member of their household, have had known contact with someone who has tested positive for COVID-19 within the past fourteen days
3. In order to return to the field, the player, manager, coach, umpire, volunteer, or spectator must have a negative test result for COVID-19, or a note from a doctor, or 10 days of isolation with an improvement in symptoms and fever-free without the use of fever reducing medications.
4. Likewise, all members of the household who have either tested positive or had contact with someone who tested positive must have a negative test result for COVID-19 before the player, manager, coach, umpire, or spectator who lives in that household is allowed to return to the field.

Players, Managers and Coaches Guidance

All players, managers, and coaches must follow safety protocols involving social distancing and transmission prevention while practicing and playing.

1. Players should not arrive at the field more than 30 minutes before the scheduled start of their game.
2. Players, managers, and coaches must practice social distancing of six feet wherever possible from individuals not residing within their household, especially in common areas.
3. Players, managers, and coaches must wear a face covering **at all times** unless on the field of play.
4. Players, managers, and coaches should sanitize their hands between every inning.
5. Players, managers, coaches will not be allowed in the dugouts. Players will occupy the metal bleachers on the majors/minors and softball/machine pitch fields. Players will occupy the bleachers on the Tee Ball field.
6. Players, managers, and coaches must be discouraged from handshakes, high fives, fist bumps, etc. Avoid team huddles at all times.

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7. Player equipment should be spaced near the fence in front of the metal bleachers on the majors/minors and softball/machine pitch fields. Player equipment will be spaced near the bleachers on the Tee Ball field.
8. Players should have their own individual batter's helmet, glove, and bat. Sharing equipment should be avoided or minimized.
9. Shared equipment (ex: catcher's equipment) must be cleaned and disinfected before being used by another player.
10. No food is allowed in the bleacher/dugout area.
11. All players and coaches should bring their own water and drinks.
12. Sharing water coolers and/or drinks is not recommended.
13. Teams should designate a "COVID Coach" to monitor and enforce protocols before and during games (social distancing, hand sanitizing, equipment, etc.)
14. Managers must ensure equipment and trash is removed from the team area after a game.
15. Parents/guardians should clean and disinfect a player's equipment after each game.

Umpires Guidance

All umpires must follow safety protocols involving social distancing and transmission prevention while calling games.

1. Umpires should not arrive at the field more than 30 minutes before the scheduled start of their game.
2. Umpires must practice social distancing of six feet wherever possible from individuals not residing within their household, especially in common areas.
3. Umpires must wear a face covering **at all times**.
4. Players and coaches should sanitize their hands between every inning.
5. Umpires will call balls and strikes from behind the pitcher.
6. Pre-game plate meeting will consist of the umpires and only 1 manager/coach from each team and will require six feet between individuals.
7. Players should place their equipment in a well-spaced out manner for inspection by umpires, prior to the game.
8. Umpires will avoid direct contact with equipment.
9. Umpires will provide 2 brand new balls per game. Balls should be disinfected between every inning.
10. Balls should be rotated throughout the game, at least every two innings, to limit individual contact.
11. Umpires will limit their contact with balls. Players should retrieve foul balls and passed balls.
12. Foul balls landing outside the field of play should be retrieved by players or coaches. Spectators should never retrieve a foul ball.
13. When a ball leaves the playing area, it must be returned to a coach for disinfecting before being used again.

Spectators Guidance

All spectators must follow safety protocols involving social distancing and transmission prevention while attending the games.

1. Spectators must remain in their vehicles until the start of the game.
2. Spectators must practice social distancing of six feet wherever possible from individuals not residing within their household, especially in common areas.
3. Spectators must wear a face covering at all times.
4. Please limit the number of spectators to your immediate household, preferably fewer than 4.
5. Spectators will not be allowed to sit on the bleachers.
6. Spectators who choose to bring their own chairs must set up their seats around the perimeter of the outfields.
7. Spectators must dispose of their trash when leaving the complex.

Facilities and Concessions Guidance

There will be no concessions for the 2021 season.

Bathrooms will be open but only one person or parent/child pairing allowed in at a time.