

Return to Play Guidelines



Our top priority has been and will continue to be the health and safety of our players and their families. We want to stress to our families that there is no pressure to return until you are comfortable returning to the fields. We ask that our coaches, players, and families understand and adhere to the guidelines below. These guidelines may change over time to make sure that they meet government, health authority and soccer association rules and guidelines.

Policies and Responsibilities

Club Responsibilities:

- Create and distribute protocols to all members and make available through the club's web site.
- Have an effective communication plan in place for all aspects of return to play in place.
- Maintain participant confidentiality regarding health status.
- Be sensitive and accommodating to parents that may be uncomfortable with returning to play to quickly.
- The club will follow CDC Guidelines when dealing with a player's positive diagnosis of COVID-19.
- Train and educate all staff to protocols and requirements, including state and local regulations, CDC recommendations and other necessary information.
- Provide adequate field space for social distancing.
- Provide hand sanitizer and waste receptacles at fields.
- Develop a relationship and a dialog with health local officials.
- Educate our players and families on healthy behavior while on the field.
- Create training schedules with time in between sessions.
- Create and distribute field maps on their website that have entrances and exits clearly marked.

Player Responsibilities:

- No signs or symptoms of COVID-19 in the past 14 days and have not been exposed to someone that has been ill in 14 days.
- Live in training location/community for 14 days prior to beginning group training.
- Recommend that your temperature be taken before soccer activities.
- Let your parent or coach know if you are not feeling well.
- Wash or sanitize hands thoroughly before and after training.
- Bring and use, hand sanitizer with you to every training.
- Do not touch or share anyone else's equipment.
- Practice social distancing, place bags and equipment at least 6 feet apart.
- Wash and sanitize all equipment before and after every training.
- No group celebrations, no high 5's, has, handshakes etc.
- Do not assist coaches with equipment before or after training
- Show up no earlier than 5 minutes before your scheduled session.

Parent Responsibilities:

- Ensure child is healthy, check your child's temperature prior to training.
- Do not send your player to training if your child feels sick.
- Limited or no carpooling.
- In Phase 1 no spectators are allowed at Hood View Park.
- Complete waiver to participate for player.
- Ensure all clothing, equipment, cleats, ball, shin guards etc. are sanitized before and after every training.
- Stay in car or adhere to social distance requirements, based on state and local health requirements, when at training wear mask if outside car.
- Notify club immediately if your child becomes ill for any reason.
- Be sure your child has necessary sanitizer and a mask with them at every training if desired.
- Educate your child about proper behavior for social distancing.
- Please do NOT arrive more than 5 minutes before your scheduled training.
- Follow Drop Off Pick Up Protocol
 - Drop off players at the designated location at each field.

- Pick up your player at the designated pick up location. Field Maps will be posted on our website.
- Please do not park at the drop off or pick up spots. Keep traffic flowing.
- Please try to avoid carpools.
- Do NOT arrive earlier than 5 minutes before your scheduled training time.

Coach Responsibilities:

- Strive to ensure the health and safety of players.
- Coach must take attendance. If practicing at Hood View Park a separate attendance sheet must be taken and turned in to NCPRD staff after every training session.
- Inquire how the athletes are feeling. The coach will contact the player's parents if a player becomes ill.
- Follow all state and local health protocols, including social distancing guidelines.
- Ensure all athletes have their individual equipment that should be appropriately spaced out.
- Ensure coach is the only person to handle cones, disks, etc.
- Coaches must clean and disinfect shared equipment with EPA approved disinfectant.
- Wear a face mask.
- Have fun, stay positive - players and parents are looking to you to stay calm, supportive and caring during this time.
- Classic and PDP players will be asked to purchase their own reversible pinnies offered by CUSC. Recreational players will not use pinnies at this time.

Club Resources

Helpful web links:

CDC COVID 19 Information: <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

State of Oregon COVID 19 Information:

<https://www.oregon.gov/oha/erd/pages/COVID-19-news.aspx>

Clackamas County COVID 19 Information:

<https://www.clackamas.us/coronavirus>

OYSA COVID 19 Information: <https://oregonyouthsoccer.org/about-oysa/COVID-19-info/>

How to disinfect clothes

<https://www.medicalnewstoday.com/articles/how-to-disinfect-clothes>