



Return to Play Protocol, General Guidelines for all Leagues/Sports



League	Coach	Parent	Player	Parks & Recreation Dept.
<ul style="list-style-type: none"> • Distribute and post Return to Play protocols • Be sensitive to parents that may be uncomfortable with returning to play • Train and educate coaches, officials and members on return to play protocols • Provide adequate field space for social distancing • Adhere to state and local guidelines 	<ul style="list-style-type: none"> • Follow all Return to Play protocols • Inquire how athletes are feeling. If they are not feeling well, send them home. • Ensure all athletes have their own individual equipment • Coach is the only person to place/pick-up/touch cones, equipment • Ensure all equipment is sanitized before and after practice/games • Ensure drills/practices provide for adequate social distancing • Respect player's/parent's decisions that may not feel comfortable returning to play • Adhere to state and local guidelines 	<ul style="list-style-type: none"> • If you are not comfortable with returning to play, DON'T. You are the only one who will make the decision to return to play • Check child's temperature before coming to any practice/game • Ensure all equipment (cleats, balls, etc.) are sanitized before and after practice/games • Notify league/coach immediately if your child becomes ill for any reason • Supply your child with individual sanitizer • Adhere to social distancing requirements • Ensure your child has plenty of water/snacks • Adhere to state and local guidelines 	<ul style="list-style-type: none"> • If you are not comfortable with returning to play, DON'T • Adhere to Return to Play Protocols • Wash hands thoroughly before and after practice/game • Wash and sanitize personal equipment after every practice/game • Do not share water, food, or equipment • Respect and practice social distancing • Place personal equipment, bags, bats, etc. at least 6 feet apart • No high 5's, handshakes, or group celebrations • Adhere to state and local guidelines 	<ul style="list-style-type: none"> • Provide Return to Play Protocols to all leagues and staff • Ensure protocols are being followed • Provide violation of protocol guidelines to leagues • Provide adequate field space for social distancing • Ensure appropriate waste receptacles at fields • Communicate and posts signs that athletic facilities are not sanitized. • Markings on floors/fields for correct social distancing measures • Removal of bleachers as needed • Proper signage placed throughout facilities/fields as needed

Phase 1 (timing consistent with Governor's executive order(s))	Phase 2 (timing consistent with Governor's executive order(s))	Phase 3 (timing consistent with Governor's executive order(s))	Phase 4 (timing consistent with Governor's executive order(s))
<ul style="list-style-type: none"> • No contact • Groups not to exceed 10 participants per field • Focus on return to activity; individual training, no group drills • No sharing of water or equipment • Participants to remain a minimum of 6 feet apart • Practice times should be set with gaps in between to maximize social distancing • Communicate participants are safer at home, face covering recommended 	<ul style="list-style-type: none"> • Small group training and practices introduced • Games/Scrimmages/Tournaments require Parks & Recreation Department Approval • Physical contact to be minimized • Groups not to exceed 50 participants per field • No sharing of water or equipment • Practice times should be set with gaps in between to maximize social distancing • Participants to remain a minimum of 10 feet apart • Face coverings recommended • No Concessions 	<ul style="list-style-type: none"> • Introduction of league games • Physical contact to be minimized • Groups not to exceed 250 participants per field • No sharing of water or equipment • Practice/games should be set with gaps in between to maximize social distancing • Recommend no travel to events that would require overnight stay 	<ul style="list-style-type: none"> • Full return of play • No restriction on practices and or games • Tournaments allowed • Recommend social distancing practices still be maintained by leagues and events

General Restrictions

- If you or your child is sick or feel sick, STAY HOME
- At risk individuals, youth or adult, STAY HOME
- If you or your child has a temperature higher than 100.4, STAY HOME
- No one is to share water, towels, or any equipment. This includes, but is not limited to:
 - Shoes, socks, shin guards, helmets, bats, catching equipment, pads, jerseys/uniforms
 - Only coaches should place and pick up cones
 - Practice vests/pinnies; at minimum should be washed after each use; Recommended issuing each player their own individual practice vest/pinnie
- Each player should provide their own equipment or be assigned their own individual equipment by the league
 - If the leagues assign individual equipment to a player:
 - This equipment should be kept by the player for the entire season and returned once the season is over
 - Players/parents become responsible for sanitization of equipment while in their possession
- Assign a “station” for each player to place their equipment, that they can return to during breaks
- No centralized hydration/water or refreshment stations (players should bring their own water bottles and/or snacks for personal use only)
- Spectators should be limited and must maintain minimum social distancing, as defined by the CDC
- Recommended having sanitizing options available
 - Hand sanitizer, Disinfectant wipes to be used to wipe down all equipment
- Respect for each individual's choices must be a priority. If a participant wishes to wear a face mask this should be allowed, and accommodations made if needed.
- No high fives, fist bumps, or team huddles
- Report all incidents, illnesses, etc. to both the league and the Parks and Recreation Department by calling (804) 318-8721.

I have read and understand the protocols and guidelines above. My organization has sent out information to all teams, team managers, coaches, players/parents, and officials/referees prior to the resumption of activities. This correspondence 1) explained that organizations will comply with all state and local orders/mandates 2) contained the Return to Play Protocol - General Guidelines for all Leagues and Sports; 3) encouraged all event attendees to practice social distancing; 4) explained that any person who is experiencing symptoms of sickness should not enter the venue of play; and 4) make clear that all posted and published state and local guidelines shall be followed.

My signature serves as written acknowledgement of the above.