

1. Lacrosse originated in \_\_\_\_\_ where it was played by Native Americans
  - a. Asia
  - b. Europe
  - c. North America
  - d. South America
2. In lacrosse, \_\_\_\_\_ is the term used to describe guarding your opponent from a stick's length away.
  - a. Blocking
  - b. Marking
  - c. Picking
  - d. Slashing
3. Lacrosse is a combination between basketball, soccer and \_\_\_\_\_ that requires quickness, speed, and endurance
  - a. Swimming
  - b. Volleyball
  - c. Cycling
  - d. Hockey
4. In lacrosse, if the ball goes out of bounds it is given to the nearest player
  - a. True
  - b. False
5. A made goal in lacrosse counts for \_\_\_\_\_ points
  - a. 1
  - b. 2
  - c. 3
  - d. 4
6. Name two key points for scooping a ground ball
  
7. Name two key points for catching the ball
  
8. Name two key points on your proper shooting form

9. What is the most important skill needed while moving down the field

- a. Cradling
- b. Dodging
- c. Looking for open pass
- d. Communication

10. What is the circle around the goal called

- a. Crease
- b. No go zone
- c. Goalie zone
- d. None of the above

11. Name all of the positions for lacrosse

12. Name three parts of a lacrosse stick

13. Are you going to have a great season

Name \_\_\_\_\_

Team \_\_\_\_\_