

2020 Pitcher/Catcher Restrictions

CATCHING RESTRICTIONS

All Divisions:

- A pitcher who delivers 41 or more pitches in a game cannot play catcher for the remainder of that day.

Majors:

- No player may play catcher for more than 6 innings in a day.

Majors & Minors:

- Any player who has caught for even one inning (or partial inning), and then pitches 21 or more pitches, may not return to playing catcher that day.

AAA & AA:

- If a player has played catcher and then pitches in a game, he/she may not return to play catcher, regardless of how many pitches he/she played catcher or pitcher.

PITCHING RESTRICTIONS

All Divisions:

- A pitcher once removed from the mound cannot return as a pitcher.
- A player may not pitch in more than one game in a day.
- For pitching restrictions in Suspended Games, see Suspended Game Rules.

Majors:

- A player who has played catcher for 4 or more innings in a day (even if any of those innings were partial innings) may not pitch for the remainder of the day – applies to extra innings, doubleheaders, suspended games, etc.

Minors:

- No specific restrictions beyond Minors division rules and LL pitch count.

AAA & AA:

- Any AAA player who has played catcher for 3 innings, or AA player who has played catcher for 2 innings (even if any of those innings were partial innings, and even if those innings were not consecutive), may not pitch in that game.

EARLY SEASON PITCH COUNTS (INCLUDES PRE-SEASON)

The following refers to SCHEDULED GAMES, not necessarily games played. If any of these early games are rained out, then the restrictions will NOT apply if/when the game is made up (unless the makeup game takes place within the timeframe the restrictions apply).

Division	Restrictions
Majors	For all games through 3/14/2020 (5 games for most teams): 2 innings or 50 pitches, whichever comes first.
Minors & AAA	For all games through 3/20/20 (6 games for most teams): 1 inning* *Exception: If a player throws 12 or fewer pitches in an inning, whether he started the inning or relieved, he may pitch a second inning.
AA	For all games through 3/21/2020 (6 games for most teams): 1 inning regardless of how few pitches he's thrown, whether he started the inning or relieved. • If a pitcher who starts an inning is to be relieved, that pitcher must have thrown to a minimum of 3 batters before being removed as pitcher, unless due to injury.

REGULAR SEASON PITCH COUNTS

Below are the standard Little League pitch counts that are applied by a player's "league age", regardless of SOLL Division:

11-12	85 pitches
9-10	75 pitches
7-8	50 pitches

Exception: If a pitcher reaches his/her limit while facing a batter, the pitcher may finish out the at-bat. (Applies to all games)

DAYS OF REST REQUIREMENTS

- 66 or more pitches in a day, (4) days of rest needed.
(i.e. pitched on Saturday, may pitch on Thursday)
- 51-65 pitches in a day, (3) calendar days of rest needed.
(i.e. pitched on Saturday, may pitch on Wednesday)
- 36-50 pitches in a day, (2) calendar days of rest needed.
(i.e. pitched on Saturday, may pitch on Tuesday)
- 21-35 pitches in a day, (1) calendar day of rest needed.
(i.e. pitched on Saturday, may pitch on Monday)
- 1-20 pitches in a day, he/she may pitch the next day.
(i.e. pitched on Saturday, may pitch on Sunday)

NOTE: Under no circumstances shall a player pitch in three (3) consecutive days.

Threshold Rule: If a player begins pitching to a batter while below a particular "days of rest" threshold, but in finishing that batter's at-bat, exceeds that "days of rest" threshold, the pitcher only needs to observe the days of rest required by the number of pitches he had thrown when the at-bat began. Example: Johnny has pitched 33 pitches. He strikes out the next batter on 3 pitches, pushing his pitch count to 36, and is then removed as pitcher. Since he started pitching to his final batter within the 21-35 threshold, he only needs 1 calendar day of rest.