



# PORT WASHINGTON YOUTH BASEBALL AND SOFTBALL

## League Safety Guidelines for the 2020 Season

1. All players, coaches, and volunteers are required to sign a Covid-19 liability waiver releasing PWYB/S of any and all responsibility. If a player or coach does not sign the liability waiver they are not allowed to attend any organized practice or game.
2. All players and coaches should take their temperatures at home taken prior to arriving at any organized game or practice.
  - a. Any player or coach with a temperature above 99 degrees prior to the the start of the game will not be allowed to participate and will follow self-quarantine requirements set in Rule 3.
3. Self-Quarantine – players, coaches, parents and spectators that show symptoms associated with a viral infection (cough, fever, chills, shortness of breath, etc.) should not attend any practices or games while symptoms persist and then 5 days after all symptoms have resolved.
  - a. If a player coach or spectator feels sick during a game or practice they should leave immediately.
  - b. If a player or coach is diagnosed with Covid-19 they should self-quarantine for 14 days after the symptoms have subsided.
4. Social Distancing – all players, coaches, support staff and spectators are encouraged to practice social distancing (minimum of 6 feet distance in the dugouts and for spectators).
  - a. No spectators are allowed in the “player area.”
  - b. Players will bring their own chairs to designate their “area” in the “dugout” where all of their gear should also be stored when not in use.
  - c. Spectators should only include the immediate family of a player unless immediate family is not available in which case spectators can include whoever provided transportation for the child.
    - i. Additional spectators can view games from their vehicles but are asked not to come to the field area.
  - d. Fans are encouraged to maintain social distancing (minimizing 6 foot distances between family spectator groups) and be able to observe the game beyond first or third base (in foul territory) or into the outfield as the field/play allows.
    - i. Spectators are encouraged to bring their own seat/lawn chair to all games.

- ii. Spectators should not be at the field more than 40 minutes prior to the start of the game. Spectators should leave the field immediately after the game has completed.
- e. 1st and 3rd base coaches should stay at least 6 feet away from baselines
- f. Barring emergency medical responses, coaches should have no physical contact with an opposing team's players
  - i. Coaches will have minimum physical contact with players on their own team
- g. No bat boys/girls will be allowed.
- h. Masks will be allowed but will not be required for play

#### 5. Food and Beverages

- a. There will be no concession stands available at PWYB/S home games.
  - i. Players, spectators, and coaches are recommended to bring their own snacks and not purchase food from available concession stands at away games (if applicable)
- b. Players may have small snacks (food) with them, but it must be kept in their personal bag and in their designated socially distanced dugout area.
  - i. Under no circumstances may this food be shared with other players or coaches.
- c. Sunflower seeds and gum, prohibited.
- d. All players are responsible for their own water bottle/sports drink.
  - i. No communal or team water coolers/jugs will be allowed
  - ii. Players cannot share water bottles

#### 6. Player Equipment

- a. Player bat bags and equipment will be spaced out with appropriate social distancing to ensure the same (see rule 2 a).
- b. Players must wipe down and disinfect all gear after each game and practice; including but not limited to cleats/shoes, mitts, batting gloves, bats, belts, and batting helmets.
- c. Jerseys, pants, socks, and hats should be watched after each practice and game.

#### 7. Limit Team/Shared Equipment

- a. Use of team equipment will be limited and avoided when possible.
  - i. Players must provide their own bats, mitts, and batting helmets. If a player or family is unable to provide any of the aforementioned equipment, PWYB/S will provide the missing pieces of equipment.
  - ii. Catcher's gear should be the only shared equipment and the number of catchers should be limited to the least number of players as is possible.
    - 1. All gear should be disinfected prior to another player wearing the gear.

2. PWYB/S will do everything possible to increase the amount of catchers gear available to each team
      - iii. PWYB/S recreational teams will play without a catcher for the 2020 season.
    - b. Foul balls should not be handled by spectators. Either a coach or specific player should be designated to secure any and all foul balls and disinfect them before they are returned to play.
    - c. Each player should bring their own hand sanitizer to each game and practice.
      - i. Coaches will give regular reminders between innings and other times as needed for players to disinfect their hands.
8. Coaching Responsibilities
  - a. Coaches will have a first aid kit complete with all CDC recommended PPE.
  - b. Coaches will ensure CDC recommended disinfectant is available for use for disinfecting balls and other shared equipment
9. No Handshakes/Celebrations
  - a. There will be no post-game congratulatory handshakes, high 5s, or other contact between teams or within the team itself.
  - b. Instead of a handshake after the game, teams will spread out in front of their dugout and tip their caps towards their opponents' dugout
  - c. A coach should have no physical contact with an opposing player.
10. Hygiene
  - a. Players and coaches will practice proper hygiene. Players and coaches should wash hands with soap and water frequently. They should use an alcohol-based hand sanitizer when soap and water is not available.
  - b. Players and coaches should abstain from touching their faces and cover all sneezes and coughs with a tissue when possible.
  - c. All uniforms should be laundered after each use.
  - d. Home teams are required to wipe down high touch surfaces in both dugouts before and after each game
    - i. Visiting teams should exit the dugout as soon as possible after the game to allow for this.
  - e. Players are discouraged from spitting.
  - f. Pitchers and players are not allowed to "go to their mouth" to lick or wet fingers at any time during the game.
11. Baseballs/Softballs
  - a. Each team will bring 4 new baseballs marked with a "PW" to each game
  - b. Foul balls will be returned to the designated dugouts and be disinfected.
  - c. All balls will be disinfected between innings