

# Health and Safety Protocols for Livermore Girls Softball

(updated 6/21/2021)

On June 15th, 2021 Governor Newsom terminated the executive orders that included California's stay at home orders as well as the Blueprint for a Safer Economy. A new Health Order was put into place. Please visit <https://covid19.ca.gov/safely-reopening/> to read more details.

Essentially, LGSA no longer requires the use of facemasks. According to the updated Health Order, face coverings are still recommended for anyone who is unvaccinated when they are indoors. The link provides helpful information regarding when you should consider wearing your face covering.

It is still imperative that players/parents continue to be vigilant for any signs of illness. When in doubt, DO NOT come to the softball field.

- Report any COVID related symptoms to Manager immediately, and DON'T arrive at the field if any of the questions below are answered "YES":
  - In the last 10 days have you been sick?
  - In the last 10 days were you diagnosed with COVID-19?
  - In the last 14 days were you in close contact with ANYONE who was COVID-19 positive? In your household or not. (\*Close contact is defined as being within 6 feet of distance for greater than 15 minutes of cumulative time in a 24 hour time period.)
  - Do you have any of the following symptoms that are NEW, DIFFERENT, or UNEXPLAINED? (ie not related to a known or chronic condition)
    - New loss of taste and or smell
    - Fever (100.0 or greater)
    - Cough/Shortness of Breath
    - Nausea/Vomiting
    - Diarrhea
    - Sore throat
    - Headache

## COVID-19 Positive Specific Protocol:

If you or a family member test positive for COVID-19, are having symptoms of COVID-19, or are being quarantine by a doctor for COVID-19 please adhere to the following protocol:

- Notify your Coach as soon as the first symptoms or notification arise. The Coach will be responsible for notifying the LGSA Executive Board.
- Self-Quarantine all your family members from any fields or team related functions for 10-14 days or until the LGSA Executive Board has notified you it is safe to return. Contact your healthcare provider for guidance regarding testing. Should any further symptoms arise or additional family members fall ill, please notify your Coach asap, and the Coach will notify the LGSA Executive Board.
- Provide a list to the Coach of any members of the league that you were in contact with,

in order to perform contact tracing. The Coach will supply the list to the Executive Board to complete the Contact Tracing.

- If you or any of your immediate family members tested positive for COVID-19, a 10 day quarantine from onset of symptoms, or 10 days from a positive test result, will be required before returning to any team activities.

#### Field Closure or Team Quarantine Procedure

In the event a team(s) needs to be quarantined, we will follow the below procedure:

- All coaches and parents of players of the affected team(s) will be notified by email, share site, and via phone number listed on their roster.
- All practices and/or games scheduled for the team will be cancelled, and team members will be asked to self-quarantine for 10-14 days. No team member will be allowed at Junction Avenue Fields during the quarantine period, and the team should not gather for any kind of practice elsewhere during the quarantine period.
- Team members will be asked to disinfect any personal equipment used around other team members. Alternatively, any shared equipment may be allowed to sit for 48hours without being touched.
- Team members are asked to watch for symptoms of COVID-19 and contact their Coach asap, if any symptoms have developed. Please also contact your healthcare provider for guidance. The Coach will notify the Executive Board.
- Upon completion of the 14 day quarantine, and if no other cases have surfaced, the team(s) may resume their normal schedule.

Please understand that the guideline above will be updated over time to reflect the most up to date information from Alameda County as well as the California Department of Public Health. Information regarding Youth Sports is rapidly changing and we will make changes accordingly.