

2020 Little League Rules - Coach Pitch

League Age	5-6		
Innings/Time	Play time is 4 innings. No new inning after 90min. Hard stop on weekends 1hr 45min. Game may be called after the 3rd inning if the game has lingered and both managers agree.		
LL Field Dimensions	Bases: 60 feet. Pitching Rubber: Front Edge of Pitching Plate to Point of Home Plate 46 feet. N/A. Home to Second Base: 85 Feet.		
Field Setup & Pickup	Home Team field setup and pickup. Recommend Parent Volunteers. Home Team provides 5 game balls (T-Balls).		
End of Inning	Each player bats once through the line-up. If a defensive out is made the batter or base runner returns to the dugout. 3 defensive outs clear the bases and the line-up continues to bat. Last batter should be announced to the defensive team.		
Number of players	10 players (4 true outfielders; no rover). Positions may be switched during an inning.		
Playing time rules	Two (2) defensive innings (6 outs) must be played at an infield position. Team bats through line-up.		
Coaches Pitching Distance	30-35ft Safe Distance. Coach Pitches ONLY!! May pitch overhand, underhand, on a knee, sitting on a bucket, etc... Whatever works for your batter. Help you batter make contact. Sitting on a bucket pitching underhand works well and is encouraged by our player agent. Your better hitters may be challenged by pitching on a knee overhand.		
Pitcher (Coach)	Coach pitches to own team. Coach pitches soft balls (T-Balls). Limit of 5 good pitches to batter. After 5 good pitches or 3 strikes, whichever comes first, use a "T" or give 3 good soft toss pitches. Soft toss is recommended. 3 strikes on a "T" or 3 strikes on soft toss, batter returns to dugout. Does not count as a defensive out. No walks or hit-by-pitch.		
Catcher Must be wearing a cup.	Catcher does not return pitch to the pitching coach. It is passed back to the defensive coach who stands behind the catcher and collects all 5 balls and hands them back to the pitching coach. When the last batter is up the defensive team should try to make the out in the field then send the ball home, so the catcher can tag the remaining base runners.		
Batters	Only the leadoff batter is permitted outside the dugout between innings. Bunting is not allowed. Use Little League approved bats. It will have the USA Baseball mark with accompanying text which reads, " ONLY FOR USE WITH APPROVED TEE BALLS. "		
Base running	Base runners stop once the ball has been returned to the infield. NO extra bases on a base overthrow. Runners may circle the bases on last batter.		
Offense (4 coaches)	Two adult base coaches, pitching coach and an adult (coach) in the dugout with the lineup.		
Defense (4 coaches)	Two coaches in the outfield directing play, a coach behind the catcher calling balls from the catcher and an adult (coach) in the dugout. Talk to your players in the field between each batter and ask them questions like: "Giants, where is the play?" or "How many outs Giants?" Encourage players to tell their team mates: "Nice Job!" or "Great Play!"		
Loud Dugout	Coaches remind your players to cheer for their team, especially when your team is up to bat.		
The No's	No balks, No leading off, No drop third strikes, No watches, No necklaces, No jewelry, No on deck circles, No swearing, No throwing equipment, No holding or swinging bats in dugout.		
Parents	Encourage parents to cheer for their team and the opposing team. If you have a player that has a hard time in the dugout or on the field and they won't pay attention get their parents to buddy up with them.		