



Returning to the Field

Phase 1, Baseball Camp- Safety Plan

The following safety plan would be provided out to all registrants, staff members and coaches for Baseball Camps hosted at West Torrance Little League.

Key Program Numbers

- Proposed Start Date: August 19, 2020
- Up to forty players and eight coaches per field
- Average Field Size: roughly 40,000 square feet
- Field Count: Five (5)

A. WORKPLACE POLICIES AND PRACTICES TO PROTECT EMPLOYEE HEALTH (CHECK ALL THAT APPLY TO THE FACILITY)

- Upon being informed that one or more employees test positive for or has symptoms consistent with COVID-19 (case), the employer has a plan or protocol in place to have the case(s) isolate themselves at home and require the immediate self-quarantine of all employees that had a workplace exposure to the case(s). The employer's plan should consider a protocol for all quarantined employees to have access to or be tested for COVID-19 in order to determine whether there have been additional workplace exposures, which may require additional COVID-19 control measures.
- A temperature check should be done at the camp if feasible.
- In the event that 3 or more cases are identified within the event within a span of 14 days the league should report this cluster to the Department of Public Health at (888) 397-3993 or (213) 240-7821.
- Coaches are instructed to wash their face coverings daily.
- Coaches have been instructed to maintain at least a six (6) feet distance from players and from each other in all areas of the Camp. Coaches may momentarily come closer as necessary to assist children, or as otherwise necessary.
- Restrooms and other common areas are disinfected frequently, on the following schedule:
 - o Restrooms: Every AM
- Disinfectant and related supplies are available to coaches and players at all fields.
- Hand sanitizer effective against COVID-19 is available to all coaches and players at all fields.
- Coaches are reminded to wash their hands frequently.
- A copy of this protocol has been distributed to each coach.
- As much as feasible each coach is assigned their own equipment and have been instructed to avoid sharing equipment wherever possible. They have also been instructed to never share PPE.
- Where items must be shared, they are disinfected with a cleaner appropriate for the surface prior to, during and after each camp day.
- Time is provided for coaches to implement cleaning practices during their shift. Cleaning assignments are assigned during camp hours as part of the coach's duties.

B. MEASURES TO ENSURE PHYSICAL DISTANCING

ARRIVAL AND DEPARTURE

- Limit the number of persons in the camp to the number appropriate for maintaining physical distancing.

- All campers and visitors are wearing cloth face coverings at arrival and departure.
- Minimize contact between camp coaches, players and families at the beginning and end of the day.
- Designate routes for entry and exit, using as many entrances as feasible. Put in place other protocols to limit direct contact with others as much as practicable.
- Provide physical guides, such as tape on floors or sidewalks and signs on walls, to ensure that camp coaches and players remain at least 6 feet apart in lines and at other times.
- Physical contact including high fives and fist bumps are prohibited at all times.

RECREATIONAL SPACE

- Players should remain in the same space and in groups as small and consistent as practicable. Keep the same players and coaches with each group. Recommended participant to staff ratios should be 12:1.
- All visitors and players are required to wear cloth face coverings while at camp, except while engaging in solo physical exertion (such as jogging by one's self).
- Dugouts closed at all times to limit players in confined spaces
- Restrict nonessential visitors, volunteers, and activities involving other groups at the same time.
- Restrict communal activities where practicable. If this is not practicable, stagger use, properly space occupants, keep groups as small and consistent and disinfect in between uses.
- Minimize congregate movement as much as practicable.
- For activities that generate respiratory droplets such as heavy exertion or singing, increase the distance between individuals to 8 feet.

C. MEASURES FOR INFECTION CONTROL

- Ensure all coaches and families are aware of enhanced sanitation practices, physical distancing guidelines and their importance, proper use, removal and washing of cloth face coverings, screening practices and COVID-19 specific exclusion criteria.
- Designate a staff person to be responsible for responding to COVID-19 concerns. All camp staff and families should know who this person is and how to contact them. This individual should be trained to coordinate the documentation and tracking of possible exposure, in order to notify local health officials, staff and families in a prompt and responsible manner.
- For areas with a large geographic distribution, consider restricting attendance to players who live in the local geographic area and ask campers to avoid movement between camps.
- Ensure adequate supplies to support healthy hygiene behaviors, including soap, tissues, no-touch trashcans and hand sanitizers with at least 60 percent ethyl alcohol for staff and those campers who can safely use hand sanitizer.
- All balls to be sanitized before camp begins
- Teach campers the following personal protective measures
 - o Washing hands regularly before and after eating; after coughing or sneezing; after being outside; and after using the restroom.
 - o Avoid touching your eyes, nose, and mouth
 - o Cover coughs and sneezes
 - o Use a tissue to wipe your nose and cough/sneeze inside a tissue or your elbow.
- Consider routines enabling camp staff and campers to regularly wash their hands at staggered intervals.
- Campers and staff should use hand sanitizer when handwashing is not practicable. Sanitizer must be rubbed into hands until completely dry. Note: frequent handwashing is more effective than the use of hand sanitizers, especially when hands are visibly dirty
- Children under age 9 should use hand sanitizer under adult supervision. Call Poison Control if consumed: 1-800-222-1222. Ethyl alcohol-based hand sanitizers are preferred and should be used when there is the potential of unsupervised use by children. Isopropyl hand sanitizers are more toxic and can be absorbed through the skin.

- Consider portable handwashing stations throughout the site to minimize movement and congregation in bathrooms to the extent possible.
- Campers should be encouraged to use cloth face coverings. Information should be provided to all camp staff and campers on proper use, removal and washing of cloth face coverings.
- Food, gum or sunflower seeds are prohibited
- Water fountains will be unavailable. Players must bring their own water. Please label all water bottles with player's name
- When choosing cleaning products, use those approved for use against COVID-19 on the Environmental Protection Agency (EPA)-approved list "N" and follow product instructions. These products contain ingredients which are safer for individuals with asthma

SCREEN CAMPERS

- Train staff and educate campers and their families about when they should stay home and when they can return to camp. Actively encourage staff and campers who are sick or who have recently had close contact with a person with COVID-19 to stay home.
- In addition to screening coaches when they arrive, all players should also be screened upon arrival at the facility
 - o Consider conducting visual wellness checks of all campers upon arrival; this could include taking campers' temperatures at the beginning of each day with a no touch thermometer. If no touch thermometers are not available, reported temperature assessment is acceptable.
 - o Ask all individuals about COVID-19 symptoms within the last 24 hours and whether anyone in their home has had COVID-19 symptoms or a positive test.
- Exclude any player, parent, coach or staff showing symptoms of COVID-19.
- Monitor coaches and campers throughout the day for signs of illness; send home campers and coaches with a fever of 100.4 degrees or higher, cough or other COVID-19 symptoms. Send persons to the appropriate medical facility rather than their home if necessary.

IF STAFF OR CAMPERS BECOMES ILL

- Identify an isolation area to separate anyone who exhibits symptoms of COVID-19. (Fever, Cough, Shortness of breath or difficulty breathing, Chills, Repeated shaking with chills, Muscle pain, Headache, Sore throat, New loss of taste or smell)
- Ensure they are wearing a cloth face covering or surgical mask if they are over the age of 2 and do not have problems putting on or removing the mask or have issues breathing with the mask on.
- The campers or staff exhibiting symptoms should remain in the isolation area until they can be transported home or to a healthcare facility, as soon as practicable.
- Establish procedures for safely transporting anyone sick to their home or to a healthcare facility, as appropriate. Call 9-1-1 without delay if the individual develops persistent pain or pressure in the chest, confusion, or bluish lips or face.
- Advise sick staff members and campers not to return until they have met CDC criteria to discontinue home isolation, including 3 days with no fever, symptoms have improved and 10 days since symptoms first appeared.
- Advise contacts to the ill individual to stay at home for 14 days after the last contact and monitor for symptoms of COVID-19. See public health guidance on quarantine for additional details
<http://ph.lacounty.gov/covidquarantine>
- In the event that 3 or more positive COVID-19 cases are identified, notify local health officials, staff, and all families immediately while maintaining confidentiality as required by state and federal laws.
- Ensure a safe and correct application of disinfectants using personal protective equipment and ventilation recommended for cleaning. Keep cleaning and disinfectant products away from children.

In consultation with the local public health department, the President (in consultation with the Safety Director) may consider if closure is warranted and length of time based on the risk level within the specific community

LIMIT SHARING

- Keep each camper’s belongings separated by at least six feet at all times. Ensure belongings are taken home each day to be cleaned and disinfected as appropriate.
- Avoid sharing equipment wherever possible.

D. MEASURES THAT COMMUNICATE TO THE PUBLIC

- Maintain communication protocol that allow staff and families to self-report symptoms and receive prompt notifications of exposures and closures, while maintaining confidentiality.
- A copy of this protocol is posted at the facility.
- Each participating player will be required to sign a waiver absolving the City of Torrance and West Torrance Little League of any risk associated with the COVID 19 virus
- Signs are displayed that remind coaches and campers of the need for physical distancing and the use of cloth face coverings.
- Signs are posted that instruct visitors that they should stay home if sick with respiratory symptoms.
- Online outlets of the establishment (website, social media etc) provide clear information about physical distancing, use of cloth face coverings and other issues.

E. MEASURES THAT ENSURE EQUITABLE ACCESS TO CRITICAL SERVICES

- Services that are critical to the campers have been prioritized.
- Measures are instituted to assure services for campers who have mobility limitations and/or are at high risk in public spaces.

Player	Age	Parent/Guardian Signature	Date
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