



Return to Play Protocol - Updated 8/3/2020

The following plan is to be implemented for all of Sykesville Baseball. In order to ensure the health and safety of EVERYONE, we need the cooperation of all players, families, coaches, and volunteers.

Face Mask Protocol:

Governor Hogan is requiring face coverings for all persons in Maryland over the age of five (5) years old when they are outdoors and unable to consistently maintain at least six feet of distance from individuals who are not members of their household.

Freedom Area Rec Council in accordance with the Carroll County Health Department has provided the following regarding youth sports programs as guidance:

- Youth sports participants actively engaged in their sport are not required to wear a face covering.
- Youth sports participants who are not actively engaged in their sport and are on the sidelines or bench should be wearing face coverings, especially if they are unable to consistently maintain 6' apart from other players.
- Spectators are to wear face coverings, especially if they are unable to maintain 6' apart from non-family members.

General Protocol:

- If you are sick or feel sick, **STAY AT HOME.**
- Youth sports activities may only have parents and family members present as spectators.
- Participation in any group activities is only allowed if you have had no signs or symptoms of Covid-19, no signs/symptoms that may have been Covid-19, have not been exposed to someone who has had signs or symptoms of Covid-19 for a minimum period of 14 days before participation.
- All coaches and volunteers must have completed the Carroll County Recreation and Parks Volunteer COVID-19 training.
- All dugouts are closed for the traditional use of sitting or congregating during a game or practice and will only be used where necessary as pass through to promote adequate social distancing.
- Stations will be placed on the ground down the 1st and 3rd baselines of all fields at 6ft intervals. Each player will be assigned a station prior to the practice and they shall place their equipment at that cone.
- All coaches, team managers, players must use hand sanitizer before and after participation.
- Each player must utilize their own equipment, which must be disinfected before and after each practice, scrimmage, training and game. No equipment is to be shared and each player should have their own helmet, glove, bat, personal protection equipment and water bottle.
- No water coolers for shared use are permitted.

- No group celebrations, fist bumps, high-fives etc.

Practice Protocol:

- Coaches are required to have communicated to families and players ALL rules and guidelines that must be agreed and adhered to. Waivers must be signed and returned to Sykesville Baseball before participation can begin.
- All coaches must come to the field with a specific practice plan that incorporates requirements in the social distancing and new practice guidelines of this plan.
- Coaches/volunteers should arrive 15 minutes prior to the start of a practice to prepare the field and organize equipment for the practice plan.
- Prior to arriving at practice, all individuals are required to be symptom [cdc.gov] and fever free. It is the responsibility of the family to ensure that the player is symptom free prior to arriving at practice.
- Balls and equipment shall be wiped down by coaches or a parent volunteer before and after each practice.
- The wearing of facial coverings is recommended for all coaches during practice and for players around the batting cages. Athletes must always be spaced out more than 6ft while on the field and have masks with them always. When not on the field, players five years and older must have a mask on.
- DO NOT arrive at the park/fields more than 15 minutes prior to the start of practice time. In addition, all players and family members must remain in their car until 10 minutes prior to the scheduled practice start time. No player may leave their car until a coach is present on the field to ensure proper social distancing.
- Parents must maintain an appropriate social distance of 6ft or more from other spectators.
- Only coaches, team manager and team parent are allowed in bench area.
- Players must have ALL of their own equipment and may not share ANY equipment (including, helmets, bats, gloves).
- Players should arrive at practice with their own hand sanitizer or sanitizing wipes in their equipment bag.
- Sunflower seeds and spitting are not permitted.
- Hand sanitizer is recommended before and after any food and water breaks.
- It is the responsibility of the manager to end each practice at the scheduled end time to ensure the next team on the field has time to set up.
- Practice start times on fields will be staggered to limit the number of people in the park at any time.
- Final team huddle discussions should ensure the kids are properly socially distanced at a minimum of 6ft apart.
- All players, families, and coaches must depart the field/park within 10 minutes of the scheduled end of practice.

Restrooms:

Freedom Park

- Restrooms will be maintained by Carroll County Rec. & Parks.

Fairhaven Park

- Porta Potty's are provided by SOS Potty's and will be maintained twice a week. Porta potty's will be locked so only Sykesville Baseball patrons can use them.
- Restrooms will be open 30 minutes prior to the first activity and will close 30 minutes after the last activity.
- Sanitizer dispensers will be stocked in each restroom and checked/refilled throughout each day.

Bleachers:

All bleachers will be closed and roped off so they may not be used.

Trash:

Parents are responsible for their own trash. Please take home everything you bring to the park with you.

Concession Stand:

The concession stand will remain closed and not utilized until Carroll County Health Department has approved use.