



PLAYER HANDBOOK

2019-20 Club Season

COWLITZ ACES VOLLEYBALL CLUB
PO Box 531, Longview, WA 98632

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Welcome to Cowlitz Aces Volleyball Club!
 Headquarters located in Longview-Kelso, Cowlitz County, Washington.

Mission Statement

Cowlitz Aces Volleyball Club (CAVBC) is committed to creating and maintaining a competitive program dedicated to advancing the personal and athletic development of youth through the pursuit of excellence in volleyball, fostering a sense of community throughout the Club and promoting leadership in all Club members.

We have a simple philosophy of building our young players to become healthy on both mental and physical levels. Everyone is welcome to try-out for our club. It is not limited to girls only, high school volleyball, etc.

Board of Directors

Club Director – Kelly Dombrowsky
 Board President – Whitney Luchau
 Treasurer – Teresa Kissinger
 Secretary – Kelly Lofgren
 Boy’s Rep. – Michal Ann Watts
 Coach Rep. – Katie Wells
 Coach Rep. – Wendi Barker

Coach Rep. – Ian Rice
 Coach Rep. – Carmen Hewitt
 Parent Rep. – Jennifer Godinho
 Parent Rep. – Damon Salais
 Community Rep. – Bill Marshall
 Community Rep. – Jocelyn Price
 Community Rep. – Paul Batzle

Administration Contacts

We will always be available to help! Please feel free to contact us.

- CAVBC Club Phone: 360-562-7575
- CAVBC Email: cowlitzacesvbc@gmail.com
- CAVBC Website: www.cowlitzacesvbc.org
- Team Manager Phone App: Dick’s Team Manager
 - Team Calendar, Roster, Emails, texts, and sends notifications

Blue Ribbon Status

Cowlitz Aces Volleyball Club will be seeking the Blue Ribbon Status with CEVA Region. This is a voluntary, incentive-based program, that has been designed to begin to address a number of areas that the CEVA staff have identified that will help continue to grow Junior Girls' Volleyball in a positive and forward-thinking manner. We will need your help!

Parent/Player Criteria for Blue Ribbon Status:

- Teams must have the correct number of scorers and officials on their roster prior to the January Power League
- No players disqualified from a match
- No parent or player ejected from an event or facility by a CEVA head official
- No more than 2 reports/complaints about parents or spectators from CEVA

2019-20 Season Goals

- To develop new programs to help grow and foster volleyball development
- Increase volleyball opportunities through new programs
- Combine the collective power and energy of the membership volunteers and coaching staff from both entities
- Give rise to a new substantive club and exert a more positive impact on key priorities throughout our region.
- Travel Teams are regionally competitive with the goal of increasing their Power League seeding by 25% and be seeded at the top 25% by CEVA Regional Championships. They will also compete in at least one National Qualifier Tournament and compete for a bid to Nationals.
- Power League teams are regionally competitive with the goal of increasing their Power League seeding by 25% by CEVA Regional Championships.
- Friendly teams compete in local club hosted tournaments to gain experience.

Professional Expectations

It is not acceptable to have an ineffective coach. Parents and athletes expect professional training from qualified and effective coaches. Cowlitz Aces Volleyball Club fulfills this need by continually assembling one of the best coaching staffs in the area. Accordingly, CAVBC expects and demands the most out of its coaches.

This includes:

- 100% Commitment - Coaches are expected to attend every practice, tournament, coaches meeting and the tryout for your specific age division.
- Knowledge - Coaches are expected to be knowledgeable about the skills and tactics of the game.
- Dedication - Coaches will be dedicated to making their teams and individuals better each day.
- Professionalism - Coaches are required to act with complete professionalism and exhibit ethical behavior when dealing with players, parents, staff, and officials.
- Passion - Coaches will bring energy and passion not only for the game of volleyball but also for the art of coaching.
- Technical - Coaches are expected to be able to run drills utilizing the necessary coaching skills.

Time Commitment

It is imperative that athletes attend every practice and tournament. The game day experience of playing with your teammates is extremely valuable and has no substitute. However, there are times when absences are unavoidable. We understand that there are emergencies that will arise, family activities, etc. While we understand and encourage these activities it is also understood that you committed yourself to the team. It is important that your commitment to the team is taken seriously. Please discuss any conflicts with your coach so that these conflicts may be resolved, if possible. Continued missing of practice without previous arrangements will not be tolerated and each team will address the problem with you, including dismissal from the team. Understand that practice and training is where you receive the most instruction and experience.

- Absences: You must call the coach and inform them of the absence ASAP to their practice date. Missing practices or games lets the team down and will result in a loss of playing time.
- Tournaments: Three weeks advance notice is required if you can't attend a tournament. Last minute exceptions only granted with family emergencies or sickness. Failure to inform us may result in CAVBC withdrawing your membership without refund.

Tryout Registration

Requirements for tryouts for Cowlitz Aces Volleyball Club:

- Sign up for tryouts on the Cowlitz Aces Volleyball Club website: www.cowlitzacesvbc.org
 - Tryout Fee \$25 (addition to the club fee)
 - T-shirt included

USA Volleyball Registration

Athlete must register on USA Volleyball prior to tryouts

- Two Choices
 - One-Day Multi Event Membership Deposit \$10 (requires upgrade before season begins)
 - Link to upgrade membership - <https://cevaregion.org/VolleyBlog/membership-upgrade-and-club-selection>
 - Regular Membership \$60 (valid for entire season)
- USA Volleyball registration fee is **not** included in the Club Fee
- New member registration - https://webpoint.usavolleyball.org/wp/memberships/join.wp?mbr_ChapterID=25954
- Returning member registration - <https://webpoint.usavolleyball.org/wp15/Intralock/Login.wp>

Dates for Tryouts

- 12U/14U – November 3rd at Kelso High School
- 16U/18U – November 17th at Kelso High School
- Travel Teams – November 17th at Kelso High School
- Boys Teams – November 2nd at Monticello Middle School
- Summer Team - TBD

Season tryouts open November 3rd for 12U/14U and November 17th 16U/18U. Please check our website and email for updates on the specific times.

A parent informational meeting will be on the Sunday morning of tryouts.

Tryout Information

CAVBC will conduct a multi-day tryout. This will give us time to be able to evaluate every athlete and place on a team appropriate for the experience level and potential.

- Sample Schedule:
 - Sunday – 4 hours skill evaluation
 - Monday – 2 hours play-like situations
 - Tuesday – 2 hours play-like situations
 - Wednesday – possible evaluations
 - Thursday – Team Reveal Party!!
 - Meet your coach and teammates
 - The night will include fun games with your teammates

Accepting Team Placement

After Team Reveal Party, your athlete will have 48 hours to accept their position on the team. To accept or decline the position:

- You will receive an email with your team placement information and a link to accept or decline
- Click on the link in the email or log into your account on our website: www.cowlitzacesvbc.org
- The website will direct you through the acceptance process and registration for their team
 - Registration for the team will include electronic acceptance for the following:
 - Medical Release Form
 - Concussion Form
 - Player Code of Conduct
 - Parent Financial & Liability Contract
- After registration is complete, download the Dick's Team Manager App on your phone for team communication
- Payments for the club fee will be processed through the website
 - Payment information will be collected at the time of acceptance
 - Non-refundable deposit will be due by Dec 1st for completion of acceptance
 - Payment plans can be selected at the time of acceptance
 - Pay-in-full options will be available online
 - For additional payment options, please call 360-562-7575

Equipment Purchase

All **required** equipment for your team will be purchased separately from 431 Sports (not part of the club fee). The equipment may be different for each team and the equipment will be the property of the player.

- Look for an email after your team acceptance from 431 Sports with a link to your team's store

- Purchase the required equipment for your team (and any other recommended equipment you're interested in)
- The equipment will be sent directly to your home
- Hassle free returns and exchanges managed by 431 Sports
- Call center open every day of the week to help through the process
- If your payments are made on time throughout the season, the player will receive a discount at the last payment for the equipment purchase.

Dick's Team Manager App

We have our own app for team communication. On this app you will find the team calendar, roster, and their contact information. The app will **send you notifications, texts, and/or emails of any changes to practices and/or tournaments.** You will have the ability to message the team or individual players/coach, as well as add pictures. You can even add other family members to keep anyone updated with the schedule.

Your team will be imported to the app after you have accepted your child's placement on a team. Please make sure the following is completed:

- Make sure you are using the same email address for Dick's Team Manager as our website.

Steps to import your team into Team Manager on your phone:

1. Login using the same email address that you use for our website, tap "Create Team" and your team will automatically populate.
2. You need to confirm your email address before you can view your team. Click "Open Email App" which will direct you to your email. Then select "Confirm Email Address" and you'll be redirected back to the app.
3. Once you have confirmed your email address. Make sure the team you want to import has a check next to them, then tap import in the upper corner of the screen. You will see the status of the teams importing at the bottom of the screen.

Club Fees

Regular Season

- Friendly Teams Boy/Girls \$350
- Power League Teams Girls \$550
- Travel Teams Girls \$2000
- Travel Teams Boys \$2200

Summer Season (additional to Regular Season)

- Summer Team \$1500

Payment Plans

Friendly/Power League Teams

- \$150 **Nonrefundable deposit** (12/1/19)
 - \$150 Monthly due on 15th of each month

Travel Teams Girls

- \$250 **Nonrefundable deposit** (12/1/19)

- \$250 due 12/15/19
 - \$375 Monthly due on 15th of each month (Jan-Apr)

Travel Team Boys

- \$350 **Nonrefundable deposit** (12/1/19)
- \$350 due 12/15/19
 - \$375 Monthly due on 15th of each month (Jan-Apr)

Summer Soiree Team

- \$150 due every other Friday (Feb-June)
- Scholarships opportunities available through CEVA. Go to CEVA website for a list of the scholarship opportunities.
- Alternative payment plans available upon request. Please reach out to the Treasurer at 360-562-7575.
- If you make all of your scheduled payments on time, your last payment will receive a discount for the equipment purchase.

Payment Information

Payments are due the 15th of the month and made online through our website, www.cowlitzacesvbc.org.

Coaches cannot accept payments!

- Players whose payments are late are subject to a \$50 late fee.
 - Any charges for checks returned for insufficient funds will be added to the fee.
 - If a check is returned, future payments need to be in the form of a money order or a cashier's check.
- Payments will be processed through our website
 - Online at www.cowlitzacesvbc.org (will include a processing fee)
- Players that are delinquent will be ineligible to participate until their account is current. Parents and coaches will be notified of this in advance.
- Though the coach will not be required to handle these conversations (the Treasurer will handle these issues), the coach will be informed that the possibility exists.
- Fees paid to the club are non-refundable after a player has accepted a position on a team.

Non-Refundable Club Fee Policy

Players and parents shall not be relieved of their obligations of the club fee by reason of the absence or withdrawal of the player from the club or by reason of the player's failure to attend. Exceptions only due to a season ending injury, illness, or relocation out of the area. In this instance, pro-rated refunds may be granted with a written request, to the Director, accompanied by a physician's report, where applicable. Cowlitz Aces Board of Directors will determine if the exception will be granted from injury, illness or relocation out of the area. Non-refundable deposits are not included in the injury, illness, or relocation exception.

Parents will also be responsible for additional travel or other costs of players being removed from tournaments, practices, or any other club event from the player or parent violation of the code of conduct, which results in the player or parent being removed from the team, club, or tournament. The additional travel or other amount will be added to the remaining balance due and incur all late or returned check fees as mentioned above. The amount will be determined by Cowlitz Aces Board of Directors.

There is no credit or refunds for players who are unable to attend tournaments or practices.

Understand that failure to make complete payments to the club will result in your names being released to the Columbia Empire Volleyball Association and the Region may place your athlete on suspension from further activity in the Region until such dues are paid in full. This may mean they may not be allowed to participate in future seasons with other clubs as well.

Dedication and Professionalism

The following are necessities for coaches, athletes and parents:

- Be punctual. Arrive to practice at least 15 minutes ahead of time.
- Be prepared. Have all the necessary equipment to compete. (uniforms, shoes, kneepads, etc.)
- Be respectful. You represent CAVBC, hold yourself and others to the highest standard.
- Be responsible for your own items.
- Be attentive.
- Be kind. Athletes are responsible for refereeing and mistakes will be made. No comments will be made from spectators, coaches or athletes to any refereeing team.

Athlete's Responsibilities

- **Referee Duties:** When your team has referee duties, the ENTIRE team must stay and work until the match is completed, this includes the last officiating duty.
- **Punctuality:** You need to be fully dressed and ready to workout at assigned start time.
- **Equipment:** Bring ALL of your uniform items and equipment to ALL tournaments.
- **Respect:** Treat everyone involved with our club with the utmost respect in their actions and words. Further, we will not tolerate unsportsmanlike conduct with other team players, fans, coaches or the officials.
- **Illegal activities:** The club has zero tolerance when it comes to illegal activities by its members. CAVBC will dismiss you if you are caught smoking, involved with drugs, drinking or involved in illegal activities. CAVBC will refer to the WIAA player eligibility rules related to participation with illegal activity and suspicious activity will be reported to the local authorities and/or the player's school authorities. This includes inappropriate use of social media.
- **Gyms:** We are a guest in the gyms and that actions in the gym reflect you, the team and the CAVBC. There will be no horseplay, foul language or inappropriate behavior in the gym while participating in club activity. Every player on the team is responsible for making sure the equipment is put up properly, gym is free of trash, and the gym is secure after the team leaves.

Tournament Preparation

- **Go to bed early.** Getting a good night's sleep before a tournament is very important. You will have to wake up very early in the morning.
- **Know your way there.** You will need to know where the tournament is located and how to get there. Please contact the coach if the directions are unclear. And it's best to leave early, just in case there are unexpected problems.

- **Pack food and drink.** It's a good idea to bring your own food and drink to the tournament, since concessions are usually not provided.
- **Manage your time.** You should assume that the tournament will last for the entire day, usually from 8:00AM until 4:00PM or later. The entire team is expected to stay at the gym until all responsibilities (including officiating) are fulfilled.

Practice Schedule

Practices will be in the local area middle and high schools. They will begin in December 2019 and run throughout the team's club schedule. Each team will determine their practice days and times.

We appreciate all our schools providing a safe and consistent place of practice for our club. Please know that practices can be cancelled at last moment due to weather, school activity, or school not available.

Playing Time Expectations

Understand that your son/daughter has paid to learn skills and concepts of volleyball; he/she has not paid to receive equal playing time. Our coaching staff is committed to developing all players' skills and when a player earns the right to play in certain game situations, he/she will see playing time. That decision is purely a coaching one. We will allow the coaches to do their job.

- Specific roles or positions will be assigned to each player on the team. This is called "specialization" and it is used in club volleyball to promote better skill development in each player.
- Assignment of positions is based on two things:
 - Needs of the team. (There are several different positions in volleyball, all of which need to be filled.)
 - Ability of the individual. (Players who have abilities that best fit a particular position will be assigned to that position.)
- If there are ever any concerns or questions regarding this matter, players and parents should refer to the **ADDRESSING CONCERNS** section.

Spectator Code of Conduct

I WILL

- I WILL abide by the official rules of USA Volleyball.
- I WILL display good sportsmanship at all times.
- I WILL educate myself on the unique rules of this facility and abide by them.
- I WILL generate goodwill by being polite and respectful to those around me at this event.
- I WILL immediately notify the Event Director and/or Program Administrator in the event that I witness any illegal activity.
- I WILL acknowledge that the spectator seating around the courts are for the primary use of those watching the match in progress.
- I WILL acknowledge that spectators may rightfully choose to remain in a seat for an entire match without switching sides of the court when the teams switch.

I WILL NOT

- I WILL NOT harass or intimidate the officials including line judges and scorekeepers.

- I WILL NOT participate in any game or game-like activities unless I have a current membership card with USA Volleyball.
- I WILL NOT bring and/or carry any firearms at any USA Volleyball event.
- I WILL NOT bring, purchase, or consume alcohol at any Youth/Junior volleyball event.

WARNING!

Risk of injury from flying objects incidental to the sport of Volleyball may occur at this event. Attend at your own risk. Please pay close attention to your surroundings and be on alert at all times, especially during active play.

Junior Club Personal Code of Ethics

It is the duty and obligation of USA Volleyball affiliated Junior Club Program administrators, directors, coaches and other club personnel to assure the following Code of Ethics is followed and adhered to by all individuals who have an active role in a USA Volleyball Junior Club Program in any Region of USA Volleyball.

In a continuing effort to promote safe, healthy and ethical communication, relationships and treatment of all USA Volleyball players and personnel, all adults associated with a junior club program must read, accept and submit this Code of Ethics before they are eligible to actively participate in a junior club program associated, affiliated, or participating in USA Volleyball.

1. All adult club personnel affiliated with a junior program must be a registered member with a Region of USA Volleyball and USA Volleyball.
2. All adult club personnel including coaches, chaperones, assistant coaches, trainers, etc. affiliated with a junior program intending to participate in USA Volleyball must have an approved and current background screen on file as per USA Volleyball policy. It is intended that the term "all adult club personnel" be all inclusive and not limited to only those categories identified herein.
3. A head coach or assistant coach affiliated with a junior program must also: be an adult (see Region definition of an adult) and be IMPACT certified according to USA Volleyball and Region policies.
4. If allowed by Region rules, an assistant coach who has not yet met the age of majority in the state of residence must be supervised by a head coach recognized by the Region and must meet all applicable Region and USA Volleyball requirements. Individuals who are registered as junior players and also have an interest in coaching should contact their region regarding coaching eligibility.
5. Responsibilities:
 - a. Head coach or other equally qualified club personnel must be present at all practices and competitions. A head coach, adult club representative personnel or registered chaperone must be present during team supervised travel. This individual shall be responsible for the moral, legal and ethical well-being for each participant during team/club activities.
 - b. Coaches shall understand the unique power of a coach-athlete relationship. Coaches and all other club personnel shall not exploit athletes and shall avoid any relationships which could compromise the integrity of the learning and participation process, impair their professional judgment and/or take advantage of a situation for their own personal gain or gratification.
 - c. All club personnel must understand that all forms of sexual abuse, assault or harassment of a current or former athlete are unethical and illegal even when an athlete invites or consents to such behavior or involvement. Club personnel shall not engage in sexual/romantic relationships with current athletes or other participants over whom there is/was authority. See B above.
 - d. All club personnel shall insure that all individuals have met all Regional Volleyball Association and USA Volleyball membership requirements prior to participation in any club, team and/or Region/National USA Volleyball activity.

- e. All club personnel must inform the players and their parent(s)/guardian(s) about any Region and/or 5 USA Volleyball transfer policy. This policy may restrict or prohibit a participant from transferring to another club or team if specified criteria have been met. Likewise, all club personnel must inform the players and their parent(s)/guardian(s) of any rules or policies regarding coaching transfers during a particular season.
- f. All club personnel shall abide by and inform the players and their parent(s)/guardian(s) of applicable regional recruiting policies.
- g. All club personnel may not participate in, require another individual to participate in, or condone any act considered to be illegal under federal, state or local laws and/or ordinances.
- h. All club personnel shall strive to educate their athletes and personnel to respect, honor and adhere to the rules of the facility being used during practices, tournaments or events. In this regard, the rules of the facility shall have priority over the rules of the Regional Volleyball Association.
- i. All club personnel shall ensure that all activities are suitable for the age, experience and ability of their athletes.
- j. All club personnel shall seek professional medical advice when making decisions regarding an injured athlete's ability to continue training or playing.
- k. All club personnel shall, while serving in a professional capacity, avoid any drug, tobacco or alcohol use while in the presence of athletes.
- l. All club personnel shall not supply or condone the use of drugs, alcohol, tobacco, fireworks, ammunition, firearms, knives or any item or material that can be used as a weapon, to any of the participants or athletes and shall report any athlete using or in the possession of the same.
- m. All club personnel shall not allow, encourage, condone or require any behavior that threatens an athlete's amateur status or Regional, USA Volleyball, school and/or collegiate eligibility.
- n. All club personnel shall maintain all relationships with other club personnel on a professional and confidential basis.
- o. All club personnel must be positive role models. This includes being courteous, respectful and polite to players, parents, other coaches, club directors, event personnel, and officials.
- p. All club personnel will not engage in any physical, verbal or emotional harassment, abusive words or actions, or coercion of current and/or former athletes.
- q. All club personnel will immediately report any suspected case of illegal activity, abuse, assault, harassment, or ethical violations of this club personnel code of ethics to the appropriate authorities, including Regional Volleyball Administrators.

Any violation of this Code may result in sanction being issued against the club representative, the individual(s) and the club/team involved. These sanctions may extend to the loss of eligibility of the club representative, the individual(s), the entire club and the team involved. I acknowledge that I have read, understand and agree to abide by the statements in this Code of Ethics.

First Team Meeting

Please plan on participating in a parent/team meeting prior to the first tournament. The first meeting will be conducted at a practice facility. Be prepared to discuss:

1. Team equipment purchase
2. Sharing contact information

3. Downloading Dick's Team Manager App
4. Discuss practice and tournament schedule for whole season
5. Discuss any vacations and other potential scheduling conflicts
6. Volunteer opportunities
 - a. 12U age division will need an adult volunteer to be the team's tournament score-keeper
 - b. Plan to sign up as a volunteer for local tournaments only – gym set-up, take-down, concessions, door fee

Team Equipment

There are a few rules related to uniforms:

1. Players must wear the required equipment and uniforms at all tournaments.
2. Prior to a tournament, coaches and players will decide what uniform to wear.
3. Players can wear any brand of sports apparel to cover items not provided to them through the club. (Example: If a team is not given shoes then the players may purchase any brand of shoe they prefer).
4. If a uniform (or any vital piece of equipment) is lost, then the athlete must order the replacement through 431 Sports. See [EQUIPMENT PURCHASE](#).
5. If the team captain or coach decides that the team will wear their warm up jackets, every athlete on the team must wear their jacket. It is important that we represent our Club at all times.

Parent Responsibilities

The parental responsibilities are few but are very important:

1. Ensure all athletes accounts are current
2. Coordinate the transportation for their child to and from practices and tournaments
3. Provide an atmosphere conducive to learning the sport of volleyball
4. Keep all social media positive
 - a. No tolerance for bullying
5. Conduct yourself in a respectful manner at all times
6. Encourage the athlete to discuss any issues with the coach

Parent Behavior

- Your job as spectators is to support your athlete and the team in a positive manner - cheer for your team rather than against the opponent.
- Try not to coach your athlete during a tournament - It is very distracting to a player to have their family telling them what to do from the stands.
- Do not advise the coach on how to coach, who to put in the game and/or who to take out of the game.
- Respect the integrity of the officials and do not advise them how to call the match.
- Model sportsmanship for my child by treating all coaches, officials, tournament directors and players of either team with courtesy and respect.
- Encourage athletes to not participate in any drug, tobacco and alcohol. CAVBC will refer to the WIAA player eligibility rules related to any participation with illegal activity and any suspicious activity will be reported to the local authorities and/or the player's school authorities.
- Encourage your child to participate for enjoyment as well as to encourage competition.

- Try to learn the rules of the game to help you better understand what is happening on the court.
- Understand that any physical or verbal intimidation of any individual is unacceptable behavior and will be removed from CAVBC program by the discretion of the board members.
- Protect our ability to continue use all the facilities by following all the rules of the facility, such as NO FOOD, DRINK OR COOLERS IN THE GYM, smoking in designated areas only, throwing all trash in an appropriate receptacle, making sure the gym is secure before leaving practice.

Volunteer Requirement

ALL Parent/Player Volunteer will be required to participate in gym set-up, take down, concession, and door fee at CAVBC local tournaments only.

Dispute Resolution

A **“24-hour rule”** will be in effect for dealing with complaints or concerns of parents toward coaches. If you have a complaint or concern about a coach in the program for either a practice or a match, you are **required to wait 24 hours** before addressing the coach with the issue. This will allow us to handle the challenges in a more rational manner without the emotion of the moment attached. If the issue cannot be resolved at that time, take the issue to the director.

- First contact should be initiated by the players to the coach. Parents are welcome to be present while the athlete addresses the concern.
- If a resolution is not found, a third party will be asked to join the conversation.
- Please be mindful that our coaches have the athlete’s best interest at heart.
- Please practice integrity when addressing any issues within our club to community or on social media.

Zero Tolerance Policy

Speaking inappropriately, disrespectfully and/or disclosing individual personal club business with other players, parents, coaches, and volleyball officials, may result in disciplinary actions, up to and including termination of player(s) from club team and/or events conducted by club. Parents who cannot abide by these principles unavoidably compromise their child’s future in our program. Club recognizes that it is a sacrifice to participate in our program. We want our athlete’s parents to be involved! The involvement, participation, and interest in the players’ lives are very beneficial. However, destructive parent behavior will not be tolerated. It is in the club’s best interest that an athlete’s participation be based solely on their actions and not complicated by the behavior of the parents.

CAVBC has the right to refuse service to anyone.

National Qualifier Tournaments

The most important tournaments are the National Qualifier Tournaments, which give the champions bids to the USA Volleyball Girls’ Junior National Championships (GJNC) in June. If a team earns a bid to nationals, additional fees and fundraising opportunities will be assessed in order to cover travel and entry fee.

Friendly Team Information

Academy Teams may participate in friendly local tournaments only. **Tournaments and schedules are subject to change or cancel at any time.**

Local Tournaments are friendship tournaments run by Cowlitz Aces Volleyball Club in our local area. They have no bearing in Power League tournaments. The number of local tournaments available for your team may vary each season. Most tournaments will have a spectator fee.

Power League Team Information

Power League Teams may participate in CEVA Power League, local tournaments and Regionals. Most tournaments will have a spectator fee. **Tournaments and schedules are subject to change or cancel at any time.**

Power League is a series of 4 to 5 tournaments hosted by CEVA. Generally speaking, these tournaments are scheduled once or twice a month from January to April. 12's, 16's and 18's age divisions play four Power League tournaments in a season, while the 14's age division plays five.

- The tournaments may require travel expenses not included in the club fee
 - CEVA uses facilities from Vancouver, WA to Eugene, OR
 - Facilities may change each month
 - Parents are responsible for traveling to the tournaments
 - Most tournaments will have a spectator fee
- The teams are seeded in their age division
- Seeding assignments are posted around mid-December on the CEVA website
- CEVA can post the location of the tournaments as late as the Wednesday prior to the tournament weekend
- The first tournament each season is a qualifier where teams can improve their seeds for the rest of the season
- The remaining tournaments are placed in division (6-8 teams play each other). At the end of each tournament
 - The top two finishing teams will move up to the next highest division
 - The bottom two finishing teams will move down to the next lowest division

Local Tournaments are friendship tournaments run by Cowlitz Aces Volleyball Club in our local area. They have no bearing in Power League tournaments. The number of local tournaments available for your team may vary each season.

The CEVA Regional Tournament is held the end of April or beginning of May. This is a two-day tournament held at the Portland Expo Center. Seeding for Regionals is based on April Power League finish. The tournament will have AM or PM waves for each age division.

- Example:
 - AM wave: morning (8am-12pm)
 - PM wave: afternoon (1pm-5pm)

Travel Team Information

Travel Teams may participate in friendly tournaments, Power League, Regionals, Pacific NW Qualifier, and two *out-of-state travel tournaments (possibly Girl's Junior National Championship Qualifiers). Most of the tournaments will have a spectator fee. **Tournaments and schedules are subject to change or cancel at any time.**

See Local Teams and Power League Teams (above) for friendly, Power League and Regional tournament information.

Pacific NW Qualifier is located in Spokane, Washington. This tournament is a Qualifier for Girls' Junior National Championship. This tournament may incur travel expenses (hotel and/or ground transportation) **not** covered by the club fee.

CAVBC travel team club fee includes hotel, airfare and ground transportation for the travel tournaments that include airline flights. The two travel tournaments may vary for each travel team. The tournaments **may include two** of the following:

- Colorado Crossroads Qualifier – Denver, Colo
- SCVA Red Rock Rave Qualifier – Las Vegas, NV
- Sierra National Qualifier – Reno, NV
- Far Western National Qualifier – Reno, NV
- March Madness – Sacramento, CA
- Festival Fiesta (AAU) – Glendale, AZ

If player is participating in a travel team and violates any part of the Code of Conduct, **the player will be immediately sent home from the tournament or practice at the expense of the parent/guardian.**

Organization is the key to success for travel. Items that the athlete will need in order to travel:

- Provide Legal Name and Birthdate to the coach
- Day of Travel bring:
 - Form of identification
 - Carry-on with minimal playing equipment (jersey, spandex, socks, shoes, kneepads, warm ups)
 - If the athlete chooses to bring a checked bag, the athlete will be responsible for bag payment

Summer Team Information

Summer Teams may participate in two friendly tournaments and an *out-of-state multi-day tournament. Most tournaments will have a spectator fee. **Tournaments and schedules are subject to change or cancel at any time.**

CAVBC summer travel team club fee includes hotel, airfare, food, two-day Disney tickets and ground transportation for the travel tournaments that require airline flights. The tournaments may include the following:

- Willamette Classic – Corvallis, OR
- Emerald City Classic – Seattle, WA
- AAU National Championships – Orlando, FL

If player is participating in a travel team and violates any part of the Code of Conduct, the player will be immediately sent home from the tournament or practice at the expense of the parent/guardian.

Boys' Travel Team Information

Travel Teams may participate in Northwest Boy's Tour, Friendly Canadian, and *out-of-state travel tournaments (possibly Boy's Junior National Championship Qualifiers). Most tournaments will have a spectator's fee. **Tournaments and schedules are subject to change or cancel at any time.**

Canadian friendly tournaments are located in the Vancouver, Canada or Victoria area. These tournaments may incur travel expenses (hotel and/or ground transportation) **not** covered by the club fee.

CAVBC travel team club fee includes hotel, airfare and ground transportation for the travel tournaments that include airline flights. The travel tournaments may vary for each travel team. The tournaments **may include** the following:

- Far Western Bid – San Mateo, CA
- Boys Classic – Anaheim, CA or AAU Nationals – Orlando, FL
- Boys' Junior National Championship – Reno, NV

If player is participating in a travel team and violates any part of the Code of Conduct, the player will be immediately sent home from the tournament or practice at the expense of the parent/guardian.

**Out-of-state – out of Washington and Oregon*

Other Volleyball Opportunities

Ask your coach or email us for information on:

- Summer Team
- Beach Volleyball
- High Performance Tryout
- Summer Camps

End of Season

The end of the season will vary for each team. Teams are encouraged to have a year-end party or celebration for the players, parents and coaches.

Keep checking our website for summer opportunities like Beach Volleyball and summer camps!

Thank you for playing for Cowlitz Aces Volleyball Club.

