

The Road Ahead

Volume 01 | February 2021 | Pittsburgh 79ers

Announcements

- Spring Practices will start Sunday, March 14 and be held Fridays (Youth) and Sundays (High School) through May.
- Our first college commitments as a program! See below.
- We have been recognized by the Premier Lacrosse League to be a part of their PLL Verified program! More on page 2.
- Summer tournament dates have been decided, with our 10U, 12U and 14U teams travelling two weekends, and our High School ages travelling for three. See page 2.

Dates to Know

- Week of February 14 – Registrations open for Spring/Summer 2021 teams
- Sunday, March 14 – First HS Practice
- Friday, March 19 – First Youth Practice
- Sunday, March 28 – PROPOSED Supplemental HS evaluations/tryouts
- Friday, April 30 – PROPOSED Supplemental Youth evaluation/tryouts

Road Warriors

Who: Dimitri Gonzalez (left) and Alex Haney (right)

What: Commit to play lacrosse at NCAA D3 Wittenberg University

Where: From South Fayette to Springfield, OH



When these teammates (and brothers!) came over to our club a year ago, we knew they would have an instant impact on the field, but they will now leave a lasting mark within our organization, as they have become our first ever college commitments! Both were highly sought after among D2 and D3 schools, and the Tigers are getting two impact players. We wish them nothing but the best as they continue their careers.



The High School Varsity during a timeout, on their way to a 3-0 day.

Photo Credit: JP Fielding

Connecting to the Communities

As a core value of our club, we want to give back and cultivate youth lacrosse in the South Hills and surrounding areas. We value your input and feedback on how we can better do these things.

Along with that, we are always looking for volunteers, or coaches (coaching positions are paid) at all levels. Please contact info@79erlax.com if you have interest.

The Premier Lacrosse League (PLL) recently started their PLL Verified program, aimed at connecting the professional league to youth lacrosse players across the country. As part of their initial launch we had submitted to be one of the first clubs to take part, and we have been reviewed and accepted into the program! As a PLL Verified club, our teams receive access to:

- Partnership in PLL Academy events
- Discounted tickets for PLL games
- Additional PLL/PLL Academy discounts

Be on the lookout for upcoming dates to take part in combines, clinics, camps, or even PLL Academy Virtual trainings with the athletes of the Premier Lacrosse League.



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Did you know?

The Athlete Development Model

USLacrosse has laid out their recommended guidelines for youth lacrosse training in the form of the Lacrosse Athlete Development Model, or LADM. Today’s youth sports, especially at the club levels, focus too much on rushing to identify the best players early, and limits participation or entry as the athletes really mature. This model changes focus on those issues, as well as traditional thinking of how drills are used to teach the sport, and moves towards an athlete-centered approach, competition for development and discovery, and small-sided game play to maximize repetitions and physical literacy.

There is an additional emphasis on “the right lacrosse, at the right time.” (see graphic to the left) With that in mind, we have selected our tournaments for the summer, pushing the oldest groups into some very good competition! See below



Source:

<https://www.uslacrosse.org/athlete-development/athlete-development-model>

2021 Summer Tournament Lineup

10U and 12U (2030-2027s):
 SUMMER SLAM
 Victory Summer Slam – June 19-20
 Victory
 Hogan Hershey – July 10-11

14U (2026-2025s):
 Victory Summer Slam – June 19-20
 FLG in 3d Summer Shootout – July 10-11

High School (2024-2022s):
 Victory Summer Slam – June 19-20
 FLG in 3d Summer Shootout – July 10-11
 Warrior Diamond Invitational – July 17-18

