ADULT LEAGUE TEAM LINE UP and OFFICIAL REFEREE REPORT

Game Date: _____

Game Time (circle):
8 PM 9:05 PM 10:10 PM

Field (circle):

LSP 1AB LSP 1CD

LSP 2AB LSP 2CD

Division (circle):

Men's 30+ (Monday)

D1 D2 D3

Women's Open (Tuesday)

Men's Open (Wednesday)
D1 D2

Co Ed 30+ (Thursday)

Men's 40+ (Thursday)

D1 D2 D3

The roster below is for the ☐ Home Team ☐ Visiting Team

Home Team: _____ Color: _____

Visiting Team: _____ Color: _____

Please Print (***Click in boxes to type player's name and # before downloading***)

Present	Absent	Reason for Sitting Out	No.	Name	Goals	Caution	Sent Off

HOME CAPTAIN'S SIGNATURE _____

VISITING CAPTAIN'S SIGNATURE _____

FINAL SCORE	
HOME	**VISITOR**

Ref. Name (print) _____

Ref. Name (print) _____

TEAM SPORTSMANSHIP RATING (1-5, 5 is the best) ☐

Any teams receiving a 1 in sportsmanship: please include details on back of report; Loudoun Soccer has zero tolerance for referee abuse so please alert the league of any issues.

v.4.4.16

Adult League Referee Reminders:.

1. Both teams provide game reports to the referee; game reports should list the first and last names of all players and their uniform numbers.
2. Prior to the match: all players must provide a photo ID to the referee to verify their name on the match report; those unable to do so are prohibited from competing in that match.
3. The "Home" team supplies a suitable match ball, and must change uniform color in case of conflict.
4. Teams occupy the SAME touchline; spectators on opposite touchline.
5. Teams may dress up to 14 players per match. All players must have numbered jerseys or t-shirts of matching color; trading or sharing jerseys between players during a match is prohibited.
6. All players MUST wear shin-guards. No jewelry is permitted. Hard casts may be worn at the discretion of the referee.
7. Following each match:

a. team captain or designee signs completed report to verify accuracy of scores and bookings;

b. referee is responsible for placing the game reports in the mailbox located on the side of the garage at Loudoun Soccer Park.

ADULT LEAGUE RULE ADJUSTMENTS;

Format: 7v7 (6 + GK)

Game Length: 2x25 minute halves, 5 minute half-time

Minimum Number of Players: 5 players needed to start match. 15 minute grace period if fewer than 5 players present before forfeit is declared.

Co Ed: minimum of 2 female players on field or play short.

Substitutions: unlimited, at goalkicks, throw-ins (offensive or defensive if opposing team is also subbing), kick-offs, and injuries (1-for-1).

Slide Tackling: is prohibited EXCEPT if no opponents are present, and by the goalkeeper in the penalty area but not feet-first; re-start is a direct free-kick.

Offside: enforced only in the area between the opposing team's penalty area and goal line; this includes the area outside of the penalty area between the penalty area, touchline and goal line.

Goalkeeper Distribution: Goalkeepers may not punt or drop-kick the ball over mid-field. Goalkeepers may throw the ball and play the ball from the ground over mid-field. Infractions of this rule will result in a direct free kick from the point the ball crossed the midfield line.

CAUTIONS (Yellow Card)

1. Unsporting behavior
2. Dissent
3. Persistent infringement
4. Delays the restart
5. Fails to respect the required distance
6. Enters without permission
7. Leaves without permission

SEND-OFFS (Red Card)

A. Serious foul play
B. Guilty of violent conduct
C. Spitting at an opponent
D. Denies obvious goal scoring opportunity by handling
E. Denies obvious goal scoring opportunity
F. Offensive, insulting, or abusive language/gestures
G. Second caution

Note: send-offs A-F receive a minimum 1-game suspension – include details on back of report or email Adult League director within 24 hours of match.